

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p>The 2024 Paris Olympics will be playing the Media Room whenever there is not a scheduled activity!</p>	<p>9:00 Engage VR (MR) 10:30 WU: NYS Waterfalls (MR) 1:30 Abbott's &amp; A Stroll @ Charlotte Beach (C) 2:00 Wii Bowling (LL) 2:30 WU: Documentary: Secrets of the Blue Zones (MR) 2:15 Wellness Clinic (C) 3:00 Current Events (MR) 7:15 BINGO (AR)</p>	<p>10:00 Craft: Flower Pinecones (AR) 11:00 Cellphone 101 (C) 11:30 Wii Bowling (LL) 1:00 Trivia with Tyler (MR) 1:15 Euchre Tournament (OP) 1:30 Wii Bowling (LL) 2:00 Veteran's Group (SR) 2:00 Drama Club Summer Show (PR) 7:00 Beginners Bridge (C)</p>	<p>10:30 Craft: 4th of July Sun Catchers (AR) 11:00 Wii Bowling (LL) 1:00 Drama Club (MR) 1:00 Dominoes (AR) 2:00 Rosary (CH) 2:00 Crafting: Rock Garden (AR) 2:30 Track Your Gut Health (MR) 4:00 Dinner @ Jeremiah's(C) 7:00 Left, Right, Center (OP)</p>	<p><b>Independence Day</b> 10:00 WU: Painting with Diana (AR) 11:00 Yard Games (CY) 11:30 Wii Bowling (LL) 1:30 Cardio Drumming (PR) 2:00 BINGO (AR) 3:00 Patriotic Sing Along (MR) 4:00 Documentary: Independence Day (MR) 7:15 Rummikub (PR)</p>	<p>9:00 Tops &amp; Dollar Tree (C) 11:00 Tops &amp; Dollar Tree (C) 11:00 WU: Journaling Journey (JL) 1:00 Doc: <i>The Cold War</i> (MR) 1:30 Wii Bowling (LL) 2:00 Yard Games (CY) 2:30 Craft: Farm Animal Terracotta Pots (AR) 3:00 Word Exploration (LR) 7:00 Phase 10 (AR)</p>	<p>10:00 Crafting: Cupcake Liner Flowers (AR) 11:00 TV Series: <i>Suits</i> (MR) 1:00 Walking Club (C) 1:30 Wii Bowling (LL) 2:00 BINGO (AR) 3:00 Meditation (FR) 3:30 Mahjong (CR) 3:30 Black Out Poetry (AR) 7:00 Hand &amp; Foot Card Game (C) 7:00 Movie: <i>Pretty Woman</i> (MR)</p>	
	<p>9:30 TV Series: <i>The Crown</i> (MR) 11:00 Wii Bowling (LL) 11:30 Painting Hour (AR) 2:00 Celebrating Shark Week: <i>Baby Sharks</i> (MR) 2:30 Mass (CH) 2:30 Scrabble (AR) 3:00 Scat Game (AR) 4:00 Movie: <i>Bride Wars</i> (MR) 5:00 After Dinner Chit Chat (LR)</p>	<p><b>Podiatrist 1pm-5pm in PO</b> 9:00 Engage VR (MR) 10:00 Target (C) 12:00 Men's Club (OP) 1:00 Picnic @ Webster Park (C) 12:30 Coffee Talk (MR) 2:00 Craft: Bead Key Chains (AR) 2:00 Wii Bowling (LL) 2:15 Wellness Clinic (C) 3:00 Current Events (MR) 7:15 BINGO (AR)</p>	<p>10:00 Office Hours with Deidre (LR) 11:00 Cellphone 101 (C) 11:30 Wii Bowling (LL) 1:00 Trivia with Tyler (MR) 1:30 Wii Bowling (LL) 1:30 Book Club (SR) 3:00 WU: Why A Revolution (MR) 7:00 Beginners Bridge (C) 7:00 Closer to Jesus (CH)</p>	<p>10:30 Name That Tune! 70's Edition (MR) 11:00 Wii Bowling (LL) 1:00 Drama Club (MR) 1:00 Dominoes (AR) 2:00 Rosary (CH) 2:30 Crafting: Rock Garden (AR) 4:00 Speed Friend Dating (LR) 6:00 Summer Concert Series: <i>Greece Jazz Band</i> (CY)</p>	<p>10:00 WU: Painting with Diana (AR) 11:00 Craft: Rope Plant Hanger (AR) 11:00 WU: Uber &amp; Lyft 101 (C) 11:00 Yoga with Tozzi Yoga (BLS) 11:30 Wii Bowling (LL) 1:00 Christian Services (CH) 1:30 Cardio Drumming (PR) 2:00 BINGO (AR) 7:15 Rummikub (PR)</p>	<p>9:00 Shopping @ Aldi (C) 10:30 Lunch Cruise on the Canandaigua Lady (C) 1:00 Doc: <i>The Cold War</i> (MR) 1:00 Line Dancing (LR) 1:30 Wii Bowling (LL) 2:00 Paint &amp; Sip (AR) 3:00 Word Exploration (LR) 7:00 Phase 10 (AR)</p>	<p>9:00 Breakfast at Cracker Barrel (C) 11:00 TV Series: <i>Suits</i> (MR) 1:30 Wii Bowling (LL) 2:00 BINGO (AR) 3:00 Chess (B) 3:30 Mahjong (CR) 7:00 Hand &amp; Foot Card Game (C) 7:00 Movie: <i>Pretty in Pink</i> (MR)</p>
	<p>9:30 TV Series: <i>The Crown</i> (MR) 11:00 Wii Bowling (LL) 11:30 Painting Hour (AR) 2:30 Mass (CH) 2:30 Scrabble (AR) 3:30 Scat Game (AR) 4:00 Movie: <i>The Theory of Everything</i> (MR) 5:00 After Dinner Chit Chat (LR) 6:00 BINGO (AR)</p>	<p>9:00 Engage VR (MR) 10:00 Batavia Downs Casino (C) 11:00 Jewelry Making (AR) 2:30 WU: Documentary: Secrets of the Blue Zones (MR) 2:00 Wii Bowling (LL) 2:15 Wellness Clinic (C) 3:00 Current Events (MR) 7:15 BINGO (AR)</p>	<p>10:30 WU: Music &amp; Life: Neil Diamond (MR) 11:00 Cellphone 101 (C) 11:00 Craft: Watermelon Wreaths (AR) 11:30 Wii Bowling (LL) 1:00 Trivia with Tyler (MR) 1:30 Wii Bowling (LL) 2:30 Karaoke Sing Along (MR) 7:00 Beginners Bridge (C)</p>	<p>10:00 WU: Knitting Club (LR) 10:30 Crafting: Rock Garden (AR) 11:00 Wii Bowling (LL) 1:00 Drama Club (MR) 1:00 Dominoes (AR) 1:30 Tea Party &amp; <i>Bridgerton</i> Viewing (MR) 2:00 Rosary (CH) 2:30 Music with Mike Kornrich (CY) 4:00 Dinner @ Pelican's Nest (C) 7:00 Left, Right, Center (OP)</p>	<p>10:00 WU: Painting with Diana (AR) 11:00 WU: Uber &amp; Lyft 101 (C) 11:30 Wii Bowling (LL) 1:30 Cardio Drumming (PR) 2:00 BINGO (AR) 3:00 WU: American Musical Theater (MR) 4:30 Jewelry Making (AR) 7:15 Rummikub (PR)</p>	<p>9:00 Pittsford Wegmans (C) 9:30 Confession (CH) 11:00 Pittsford Wegmans (C) 11:00 WU: Journaling Journey (JL) 1:00 Doc: <i>The Cold War</i> (MR) 1:00 Craft: Paper Flower Art (AR) 1:30 Wii Bowling (LL) 2:00 Happy Hour (PR) 3:00 Food Council (OP) 3:00 Word Exploration (LR)</p>	<p>9:30 Rochester Pride Parade (C) 10:00 Crafting: Tissue Paper Painting (AR) 11:00 TV Series: <i>Suits</i> (MR) 1:00 Walking Club (C) 1:30 Wii Bowling (LL) 2:00 BINGO (AR) 3:00 Meditation (FR) 3:30 Black Out Poetry (AR) 7:00 Hand &amp; Foot Card Game (C) 7:00 Movie: <i>Poms</i> (MR)</p>
	<p>9:30 TV Series: <i>The Crown</i> (MR) 11:00 Wii Bowling (LL) 11:30 Painting Hour (AR) 2:30 Mass (CH) 2:30 Scrabble (AR) 3:30 Scat Game (AR) 4:00 Movie: <i>The Lost City</i> (MR) 4:30 Ice Cream Novelties (C) 5:00 After Dinner Chit Chat (LR)</p>	<p><b>Camp Legacy: Mindful Monday</b> 9:00 Engage VR (MR) 11:00 Make Your Own Trail Mix (C) 1:30 Nature Walk (C) 2:00 Wii Bowling (LL) 2:15 Wellness Clinic (C) 2:30 Craft: Sand Art (AR) 3:00 Current Events (MR) 7:15 BINGO (AR)</p>	<p><b>Camp Legacy: Thriving Tuesday</b> 10:00-12:00 Health &amp; Resource Fair (LR) 11:00 Cellphone 101 (C) 11:30 Wii Bowling (LL) 1:00 Trivia with Tyler (MR) 1:30 Wii Bowling (LL) 2:00 Veteran's Group (SR) 7:00 Beginners Bridge (C) 7:00 Closer to Jesus (CH)</p>	<p><b>Camp Legacy: Wellness Wednesday</b> 11:00 Flower Arranging (C) 11:00 Wii Bowling (LL) 1:00 Drama Club (MR) 1:30 Morabito Hearing Clinic (MR) 2:30 Craft: Aromatherapy Rice Pouches (AR) 4:00 Ensmen Exotics (LR) 6:00 Summer Concert Series: <i>Music Makers</i> (CY)</p>	<p><b>Camp Legacy: Teach Me Thursday</b> 10:00 WU: Painting with Diana (AR) 10:00 Brain Cafe Overview (CF) 11:00 Yoga with Tozzi Yoga (BLS) 11:15 WU: A Closer Look at Fire (MR) 11:30 Wii Bowling (LL) 1:00 Christian Services (CH) 1:30 Cardio Drumming (PR) 2:00 BINGO (AR) 2:00 Trivia with Tyler (MR) 3:00 WU: Inspired Aging (MR) 7:15 Rummikub (PR)</p>	<p><b>Camp Legacy: Fiesta Friday</b> 8:30 Eastway Wegmans (C) 10:00-12:00 Summer Carnival (LR/PR/CY) 1:00 Eastway Wegmans (C) 1:30 Wii Bowling (LL) 1:30 Olympics Opening Ceremony (MR) 2:00 Magic Marlin (PR) 3:00 Word Exploration (LR)</p>	<p>11:00 TV Series: <i>Suits</i> (MR) 1:30 Wii Bowling (LL) 2:00 BINGO (AR) 3:00 Chess (B) 3:30 Mahjong (CR) 7:00 Hand &amp; Foot Card Game (C) 7:00 Movie: <i>A Walk to Remember</i> (MR)</p>
	<p>9:30 TV Series: <i>The Crown</i> (MR) 11:00 Wii Bowling (LL) 11:30 Painting Hour (AR) 2:30 Mass (CH) 2:30 Scrabble (AR) 3:30 Scat Game (AR) 4:00 Movie: <i>Little Women</i> (MR) 5:00 After Dinner Chit Chat (LR) 6:00 BINGO (AR)</p>	<p>9:00 Engage VR (MR) 10:00 Walmart (C) 11:00 Craft: Bubble Painting (AR) 11:00 360 Well (CF) 2:00 Wii Bowling (LL) 2:15 Wellness Clinic (C) 2:30 WU: Documentary: Secrets of the Blue Zones (MR) 3:00 Current Events (MR) 7:15 BINGO (AR)</p>	<p>11:00 Seabreeze Amusement Park &amp; Lunch @ Bill Gray's (C) 11:30 Wii Bowling (LL) 1:00 Documentary: (MR) 1:30 Wii Bowling (LL) 1:30 Book Club (SR) 3:00 Discussion Group (LR) 7:00 Beginners Bridge (C)</p>	<p>10:00 WU: Knitting Club (LR) 10:30 WU: History of the Summer Olympics (MR) 11:00 Wii Bowling (LL) 1:00 Drama Club (MR) 1:30 Christmas in July: White Elephant (LR) 1:00 Dominoes (AR) 2:00 Rosary (CH) 2:30 Crafting: Rock Garden (AR) 7:00 Left, Right, Center (OP)</p>	<p><b>360 Wellness Key:</b> <b>Mind</b> <b>Body</b> <b>Spirit</b> <b>Community</b> <b>Entertainment</b> <b>Outings</b></p>	<p>To hear a listing of today's activities and events, call the <b>Activities Hotline: (585)280-1591</b></p>	<p>Sign up for all outings including weekly shopping trips at the Front Desk.</p>

**ACTIVITY LOCATOR**

- (AR) Arts & Crafts Room
- (BLS) Balance Studio
- (C) Cafe
- (CF) Conference Room
- (CH) Chapel
- (CY) Courtyard
- (FR) Fitness Room

- (GL) 3rd Floor Game Lounge
- (JR) 3rd Floor Journal Room
- (LR) Living Room
- (MR) Media Room
- (OP) Optima Dining Room
- (PDR) Private Dining Room
- (PO) 2nd Fl Podiatrist Office
- (RB) Raised Garden Bed
- (SR) Sun Room

**Bold:** Sign up required  
*Italicized:* Weekly Entertainment  
WU: Watermark University

**Pool Hours**  
Monday-Friday 8am-4pm  
Saturday & Sunday 8am-4pm

Please see insert page for a list of weekly recurring fitness classes.



**JULY 2024**