

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<b>Welcome our new Community Life Director Elena Robillard</b>	<b>Morning:</b> 10:00 This week in History (MR) 10:30 Active Yoga (AR) <b>Afternoon:</b> 1:30 W.U. July national Events (MR) 2:30 Patio Social (GP) <b>Evening:</b> 6:15 Creative Colroing with Tunes (AR) <b>1</b>	<b>Morning:</b> 10:00 Sit and be Fit (AR) 11:00 Church Service with Pastor Angelo (CH) <b>Afternoon:</b> 1:30 Manicures with Elena (SR) 3:00 Meditation Class (AR) <b>Evening:</b> 6:15 Tuesday Night Lucy Show (AR) <b>2</b>	<b>Morning:</b> 10:00 Zumba Fitness (AR) 10:45 Manicures with Elena (SR) <b>Afternoon:</b> 1:30 Bingo Bash (AR) 3:00 Biking Class (AR) <b>Evening:</b> 6:15 Summer in the 1950's (AR) <b>3</b>	<b>Morning:</b> 10:00 Sit and Be Fit Exercise (AR) <b>10:45 W.U. History of the 4th of July (MR)</b> <b>Afternoon:</b> 1:30 Outdoor Games! (Patio) 2:30 <i>Standard Time Musical Entertainment (Patio)</i> 3:30 4th of July Water Balloons (Patio) <b>Evening:</b> 6:15 4th of July Parade (AR) <b>4</b>	<b>Morning:</b> 10:00 Gratitude Circle (AR) 10:45 Silver Sneaker Exercise (AR) <b>Afternoon:</b> 1:00 <i>Music Sing Along with Kathy (AR)</i> 2:30 Happy Friday! Let's have a Milkshake! (AR) <b>Evening:</b> 6:15 Friday Night Movie Night (A) <b>5</b>	<b>Morning:</b> 10:00 Morning Exercise (AR) 10:45 Morning Meditation (Patio) <b>Afternoon:</b> 1:30 Concierge Social (Front Desk) 2:30 Bingo Bash (AR) <b>Evening:</b> 6:15 Saturday Night Movie Night (A) <b>6</b>	
	<b>Morning:</b> 9:45 Weighted Exercise (AR) 10:30 Catholic Mass (CH) <b>Afternoon:</b> 1:30 W.U. July National Events (MR) 2:30 Air Hockey Game! (CR) <b>Evening:</b> 6:15 Jogging the Noggin (AR) <b>7</b>	<b>Morning:</b> 10:00 This week in History (MR) 10:30 Active Yoga (AR) <b>Afternoon:</b> 1:30 W.U. Summer in the 1800's (MR) <b>1:30 Bus Outing to the Casino (Front Lobby)</b> <b>Evening:</b> 6:15 Thrive by Music (SR) <b>8</b>	<b>Morning:</b> 10:00 Sit and be Fit (AR) 10:45 Resident Council for Assisted Living (AR) <b>Afternoon:</b> 1:30 Manicures with Elena (SR) 3:00 Holy Rosary (AR) <b>Evening:</b> 6:15 Tuesday Night Lucy Show (AR) <b>9</b>	<b>Morning:</b> 10:00 Zumba Fitness (AR) 10:45 Manicures with Elena (SR) <b>Afternoon:</b> 1:30 Bingo Bash (AR) 3:00 Drum Ftiness (AR) <b>Evening:</b> 6:30 Creative Coloring with Tunes (A) <b>10</b>	<b>Morning:</b> 10:00 Sit and Be Fit Exercise (AR) 10:45 Coffee and Chat (AR) <b>Afternoon:</b> 1:30 W.U. Art Class with Diana (AS) 2:30 Pet Visit with Tug (AR) <b>Evening:</b> 6:15 Thursday Night Movie (AR) <b>11</b>	<b>Morning:</b> 10:00 Gratitude Circle (AR) 10:45 Silver Sneaker Exercise (AR) <b>Afternoon:</b> 1:00 <i>Music Sing Along with Kathy (AR)</i> 2:30 Happy Friday! Let's Have a Slushy (AR) <b>Evening:</b> 6:15 Friday Night Movie Night (AR) <b>12</b>	<b>Morning:</b> 10:00 Morning Exercise (AR) 10:45 Morning Meditation (Patio) <b>Afternoon:</b> 1:30 Concierge Social (Front Desk) 2:30 Bingo Bash (AR) <b>Evening:</b> 6:15 Saturday Night Movie Night (A) <b>13</b>
	<b>Morning:</b> 9:45 Weighted Exercise (AR) 10:30 Catholic Mass (CH) <b>Afternoon:</b> 1:30 Fathers Day Social (CR) 2:30 Fathers Day Gratitude Video (CR) <b>Evening:</b> 6:15 Jogging the Noggin (AR) <b>14</b>	<b>Morning:</b> 10:00 This week in History (MR) 10:30 Active Yoga (AR) <b>Afternoon:</b> 1:30 W.U. Recreation Reminiscing with Matt (LR) 2:30 Matt's Going away party (LR) <b>Evening:</b> 6:15 Hallmark Special (MR) <b>15</b>	<b>Morning:</b> 10:00 Sit and Be Fit Exercise (AR) 11:00 Church Service with Pastor Angelo (CH) <b>Afternoon:</b> 1:30 Manicures with Elena (SR) 3:00 Meditation Class (AR) <b>Evening:</b> 6:15 Tuesday Night Lucy Show (AR) <b>16</b>	<b>Morning:</b> 10:00 Zumba Fitness (AR) 10:45 Manicures with Elena (SR) <b>Afternoon:</b> 1:30 Bingo Bash (AR) <b>2:30 W.U. Christmas In July (MR)</b> <b>Evening:</b> 6:15 Trivia! (AR) <b>17</b>	<b>Morning:</b> 10:00 Sit and Be Fit Exercise (AR) 10:45 Shake Loose a Memory (AR) <b>Afternoon:</b> 1:30 Bingo Bash (AR) 3:15 Lemonade Social (AR) <b>Evening:</b> 6:15 Thursday Night Movie (AR) <b>18</b>	<b>Morning:</b> 10:00 Gratitude Circle (AR) 10:45 Silver Sneaker Exercise (AR) <b>Afternoon:</b> 1:00 <i>Music Sing Along with Kathy (AR)</i> 2:30 Happy Friday! Lets have a tropical drink (AR) <b>Evening:</b> 6:15 Friday Night Movie Night (AR) <b>19</b>	<b>Morning:</b> 10:00 Morning Exercise (AR) 10:45 Morning Meditation (Patio) <b>Afternoon:</b> 1:30 Concierge Social (Front Desk) 2:30 Bingo Bash (AR) <b>Evening:</b> 6:15 Saturday Night Movie Night (AR) <b>20</b>
	<b>Morning:</b> 9:45 Weighted Exercise (AR) 10:30 Catholic Mass (CH) <b>Afternoon:</b> 1:30 Giant Connect 4 (AR) 3:30 Cranberry Landing Walking Club (Front Lobby) <b>Evening:</b> 6:15 Jogging the Noggin (AR) <b>21</b>	<b>Morning:</b> 10:00 This week in History (MR) 10:30 Active Yoga (AR) <b>Afternoon:</b> 1:30 W.U. National Mango Day (MR) 2:30 Tom Dunn Musical Entertainment (LR) <b>Evening:</b> 6:15 Let's Travel to Hawaii (AR) <b>22</b>	<b>Morning:</b> 10:00 Sit and Be Fit Exercise (AR) 10:45 Thrive By Music (SR) <b>Afternoon:</b> 1:30 Patio Social (Patio) 3:00 Meditation Class (AR) <b>Evening:</b> 6:15 Tuesday Night Lucy Show (AR) <b>23</b>	<b>Morning:</b> 10:00 Zumba Fitness (AR) 10:45 Manicures with Elena (SR) <b>Afternoon:</b> 1:30 Bingo Bash (AR) 3:00 Biking in Florida (AR) <b>Evening:</b> 6:15 Giant Jenga (AR) <b>24</b>	<b>Morning:</b> 10:00 Sit and Be Fit Exercise (AR) 10:45 Guess that Tune (AR) <b>Afternoon:</b> 1:30 Bingo Bash (AR) 3:00 V.R. Social (AR) <b>Evening:</b> 6:15 Thursday Night Movie (AR) <b>25</b>	<b>Morning:</b> 10:00 Gratitude Circle (AR) 10:45 Silver Sneaker Exercise (AR) <b>Afternoon:</b> 1:00 <i>Music Sing Along with Kathy (AR)</i> 2:30 Happy Friday! Let's have frozen Lemonade (AR) <b>Evening:</b> 6:15 Friday Night Movie Night (AR) <b>26</b>	<b>Morning:</b> 10:00 Morning Exercise (AR) 10:45 Morning Meditation (Patio) <b>Afternoon:</b> 1:30 Concierge Social (Front Desk) 2:30 Bingo Bash (AR) <b>Evening:</b> 6:15 Saturday Night Movie Night (AR) <b>27</b>
	<b>Morning:</b> 9:45 Weighted Exercise (AR) 10:30 Catholic Mass (CH) <b>Afternoon:</b> 1:30 National Water baloon Day (Patio) 3:30 Cranberry Landing Walking Club (Front Lobby) <b>Evening:</b> 6:15 Jogging the Noggin (AR) <b>28</b>	<b>Morning:</b> 10:00 This week in History (MR) 10:30 Active Yoga (AR) <b>Afternoon:</b> 1:30 W.U. where did you grow up? 3:00 Karoke Social (AR) <b>Evening:</b> 6:15 Are you Smarter Than a 5th Grader? (AR) <b>29</b>	<b>Morning:</b> 10:00 Sit and Be Fit Exercise (AR) 11:00 Church Service with Pastor Angelo (CH) <b>Afternoon:</b> 1:30 Manicures with Elena (SR) 3:00 Meditation Class (AR) <b>Evening:</b> 6:15 Tuesday Night Lucy Show (AR) <b>30</b>	<b>Morning:</b> 10:00 Zumba Fitness (AR) 10:45 Bean Bag Toss (AR) <b>Afternoon:</b> 1:30 Bingo Bash (AR) 2:30 Water Balloon Gathering (Patio) <b>Evening:</b> 6:30 Creative Coloring with Tunes (A) <b>31</b>	<b>Matthew Bailey Community Life Director Legacy at Cranberry Landing 300 Cranberry Landing Drive (585) 244-3630</b>		<b>Happy Birthday!</b>  Lucy G- 07/06 George N- 07/06 John H-07/07 Ruth H- 07/07 Bernie W- 07/14 Irene B- 07/20 Beth B- 07/23 Helen O- 07/30
	<b>Morning:</b> 9:45 Weighted Exercise (AR) 10:30 Catholic Mass (CH) <b>Afternoon:</b> 1:30 National Water baloon Day (Patio) 3:30 Cranberry Landing Walking Club (Front Lobby) <b>Evening:</b> 6:15 Jogging the Noggin (AR) <b>28</b>	<b>Morning:</b> 10:00 This week in History (MR) 10:30 Active Yoga (AR) <b>Afternoon:</b> 1:30 W.U. where did you grow up? 3:00 Karoke Social (AR) <b>Evening:</b> 6:15 Are you Smarter Than a 5th Grader? (AR) <b>29</b>	<b>Morning:</b> 10:00 Sit and Be Fit Exercise (AR) 11:00 Church Service with Pastor Angelo (CH) <b>Afternoon:</b> 1:30 Manicures with Elena (SR) 3:00 Meditation Class (AR) <b>Evening:</b> 6:15 Tuesday Night Lucy Show (AR) <b>30</b>	<b>Morning:</b> 10:00 Zumba Fitness (AR) 10:45 Bean Bag Toss (AR) <b>Afternoon:</b> 1:30 Bingo Bash (AR) 2:30 Water Balloon Gathering (Patio) <b>Evening:</b> 6:30 Creative Coloring with Tunes (A) <b>31</b>			

**ACTIVITY LOCATOR KEY**

- BGL- Balcony Garden Lounge
- AS- Art Studio
- SR- Sensory Room

- CR- Card Room
- MR- Media Room
- CH- Chapel
- LR- Living Room
- AR- Activity Room

**JULY 2024-GARDENS**



**Calendar Key:**  
Bus Trips: Sign up at the Front Desk for any bus outings.  
W.U.: Watermark University, educational programming.  
Italics: Entertainer performance