

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Welcome our new Community Life Director Elena Robillard	10:00 This week in History (MR) 10:45 Active Yoga (AR) 1:30 W.U. July national Events (MR) 2:30 USA Painting (AS) 3:30 Manicures with Shannon (CR) 6:15 Hallmark Special (MR)	10:00 Sit and Be Fit Exercise (AR) 10:45 4th of July Trivia (AR) 11:00 Church Service with Pastor Angelo (CH) 1:30 Resident Dining Meeting with John (IDR) 2:30 Biking Class (AR) 3:30 Meditation Session (MR) 6:15 Tuesday Night Carol Burnett Show (MR)	10:00 Zumba Fitness (AR) 10:45 Bird Watching (BGL) 1:00 Euchre Cards Gathering (Cafe) 1:30 Bingo Bash (AR) 2:30 Karaoke Social (MR) 3:30 Let's Travel through the US! (MR) 6:30 Creative Coloring with Tunes (AR)	10:00 Sit and Be Fit Exercise (AR) 10:45 W.U. History of the 4th of July (MR) 1:30 Outdoor Games! (Patio) 2:30 Standard Time Musical Entertainment (Patio) 3:30 4th of July Water Balloons (Patio) 6:15 4th of July Parade (MR)	10:00 Gratitude Circle (MR) 10:45 Silver Sneaker Exercise (MR) 1:30 Happy Friday! Let's have a Milkshake! (CR) 2:00 Music Sing Along with Kathy (LR) 3:15 VR Social (MR) 6:30 Friday Night Movie Night (MR)	10:00 Morning Exercise (AR) 10:45 Morning Meditation (Patio) 1:30 Concierge Social (Front Desk) 2:30 Bingo Bash (AR) 3:30 Holy Rosary (MR) 6:15 Saturday Movie Night (MR)
	9:45 Weighted Exercise (AR) 10:30 Catholic Mass (CH) 11:00 Cranium Crunches- Crosswords (AR) 1:30 W.U. July National Events (MR) 2:30 Air Hockey Game! (CR) 3:30 Cranberry Landing Walking Club (Front Lobby) 6:15 Sunday Night Jogging the Noggin (AR)	10:00 This week in History (MR) 10:45 Active Yoga (AR) 1:30 W.U. Summer in the 1800's (MR) 1:30 Bus Outing to the Casino (Front Lobby) 2:30 Patio Social (Patio) 3:30 Manicures with Shannon (AR) 6:15 Hallmark Special (MR)	10:00 Sit and Be Fit Exercise (AR) 10:45 Resident Council for Assisted Living (AR) 1:30 Ice Cream Sundae Social (AR) 2:30 Drum Fitness (AR) 3:30 Meditation Session (MR) 6:15 Tuesday Night Carol Burnett Show (MR)	10:00 Zumba Fitness (AR) 10:45 Boccee Ball (AR) 1:00 Euchre Cards Gathering (Cafe) 1:30 Bingo Bash (AR) 2:30 Darts Game! (AR) 3:30 Let's Travel to Alaska (MR) 6:30 Creative Coloring with Tunes (AR)	10:00 Sit and Be Fit Exercise (AR) 10:45 Name that Tune (AR) 1:30 Resident Council for Independent Living (AR) 1:30 W.U. Art Class with Diana (AS) 2:00 Bingo Bash (AR) 3:15 Happy Hour Gathering (AR) 6:15 Thursday Night Movie (MR)	10:00 Holiday Gratitude Circle (AR) 10:45 Christmas Silver Sneaker (AR) 1:30 Happy Friday! Let's have a Holiday Drink (AR) 2:00 Music Sing Along with Kathy (LR) 3:15 Holiday Name that Tune (AR) 6:30 Holiday Movie Night (MR)
9:45 Weighted Exercise (AR) 10:30 Catholic Mass (CH) 11:00 Cranium Crunches- Crosswords (AR) 1:30 Giant Jenga (CR) 2:30 Holy Rosary (MR) 3:30 Cranberry Landing Walking Club (Front Lobby) 6:15 Sunday Night Jogging the Noggin (AR)	10:00 This week in History (MR) 10:45 Active Yoga (AR) 1:30 W.U. Recreation Reminiscing with Matt (LR) 2:30 Matt's Going away party (LR) 6:15 Hallmark Special (MR)	10:00 Sit and Be Fit Exercise (AR) 10:45 Summer in the 1960's (MR) 11:00 Church Service with Pastor Angelo (CH) 1:30 Resident Dining Meeting with John (IDR) 2:30 Bird Watching (AR) 3:30 Meditation Session (MR) 6:15 Tuesday Night Carol Burnett Show (MR)	10:00 Zumba Fitness (AR) 10:45 Billiards Gathering (Pool Table) 1:00 Euchre Cards Gathering (Cafe) 1:30 Bingo Bash (AR) 2:30 W.U. Christmas In July (MR) 3:30 Let's Travel to London (MR) 6:30 Creative Coloring with Tunes (AR)	10:00 Sit and Be Fit Exercise (AR) 10:45 Shuffleboard Game (CR) 2:00 Bingo Bash (AR) 3:15 Happy Hour Gathering (AR) 6:15 Thursday Night Movie (MR)	10:00 Gratitude Circle (MR) 10:45 Silver Sneaker Exercise (MR) 1:30 Happy Friday! Let's have a Tropical Drink! (CR) 2:00 Music Sing Along with Kathy (LR) 3:15 Toss and Talk (AR) 6:30 Friday Night Movie (MR)	10:00 Morning Exercise (AR) 10:45 Morning Meditation (Patio) 1:30 Concierge Social (Front Desk) 2:30 Bingo Bash (AR) 3:30 Giant Jenga (AR) 6:15 Saturday Movie Night (MR)
9:45 Weighted Exercise (AR) 10:30 Catholic Mass (CH) 11:00 Cranium Crunches- Crosswords (AR) 1:30 Skee-ball (CR) 2:30 Chicken Soup for the Soul (AR) 3:30 Cranberry Landing Walking Club (Front Lobby) 6:15 Sunday Night Jogging the Noggin (AR)	10:00 This week in History (MR) 10:45 Active Yoga (AR) 1:30 W.U. National Mango Day (MR) 2:30 Tom Dunn Musical Entertainment (LR) 3:30 Manicures with Shannon (AR) 6:15 Hallmark Special (MR)	10:00 Sit and Be Fit Exercise (AR) 10:45 Matching Game (MR) 11:00 Church Service with Pastor Angelo (CH) 1:30 Giant Connect 4 (CR) 2:30 Patio Social (Patio) 3:30 Meditation Session (MR) 6:15 Tuesday Night Carol Burnett Show (MR)	10:00 Zumba Fitness (AR) 10:45 Guess that Movie! (AR) 1:00 Euchre Cards Gathering (Cafe) 1:30 Bingo Bash (AR) 2:30 VR Social (AR) 3:30 Let's take a cruise! (MR) 6:30 Creative Coloring with Tunes (AR)	10:00 Sit and Be Fit Exercise (AR) 10:45 Holy Rosary (MR) 1:30 Bus Outing to Wegmans (Front Lobby) 1:30 W.U. Art Class with Diana (AS) 2:00 Bingo Bash (AR) 3:15 Happy Hour Gathering (AR) 6:15 Thursday Night Movie (MR)	10:00 Gratitude Circle (MR) 10:45 Silver Sneaker Exercise (MR) 1:30 Happy Friday! Let's have a Fruit Smoothie (CR) 2:00 Music sing along with Kathy (LR) 3:15 Biking Class (AR) 6:30 Friday Night Movie Night (MR)	10:00 Morning Exercise (AR) 10:45 Morning Meditation (Patio) 1:30 Concierge Social (Front Desk) 2:30 Bingo Bash (AR) 3:30 Common Sense Test (AR) 6:15 Saturday Movie Night (MR)
9:45 Weighted Exercise (AR) 10:30 Catholic Mass (CH) 11:00 Cranium Crunches- Crosswords (AR) 1:30 National Water balloon Day (Patio) 2:30 Holy Rosary (MR) 3:30 Cranberry Landing Walking Club (Front Lobby) 6:15 Sunday Night Jogging the Noggin (AR)	10:00 This week in History (MR) 10:45 Active Yoga (AR) 1:30 Bus Outing to The Dollar Tree (Front Lobby) 2:30 Arts and Crafts (AS) 3:30 Manicures with Shannon (AR) 6:15 Hallmark Special (MR)	10:00 Sit and Be Fit Exercise (AR) 10:45 Walking Club (Front Lobby) 1:30 Church Service (MR) 2:30 Swat a Ball (AR) 3:30 Meditation Session (MR) 6:15 Tuesday Night Carol Burnett Show (MR)	10:00 Zumba Fitness (AR) 10:45 Table Top Puzzle Gathering (CR) 1:00 Euchre Cards Gathering (Cafe) 1:30 Bingo Bash (AR) 2:30 Water Balloon Gathering (Patio) 3:30 Let's Go to Disney! (AR) 6:30 Creative Coloring with Tunes (AR)	<div style="display: flex; justify-content: space-between;"> <div style="text-align: center;"> <h2>Matthew Bailey Community Life Director Legacy at Cranberry Landing 300 Cranberry Landing Drive (585) 244-3630</h2> </div> <div> <p>Calendar Key:</p> <p>Bus Trips: Sign up at the Front Desk for any bus outings.</p> <p>W.U.: Watermark University, educational programming.</p> <p>Italics: Entertainer performance</p> </div> <div> <p>Happy Birthday!</p> <p>Lucy G- 07/06</p> <p>George N- 07/06</p> <p>John H-07/07</p> <p>Ruth H- 07/07</p> <p>Bernie W- 07/14</p> <p>Irene B- 07/20</p> <p>Beth B- 07/23</p> <p>Helen O- 07/30</p> </div> </div>		
9:45 Weighted Exercise (AR) 10:30 Catholic Mass (CH) 11:00 Cranium Crunches- Crosswords (AR) 1:30 National Water balloon Day (Patio) 2:30 Holy Rosary (MR) 3:30 Cranberry Landing Walking Club (Front Lobby) 6:15 Sunday Night Jogging the Noggin (AR)	10:00 This week in History (MR) 10:45 Active Yoga (AR) 1:30 Bus Outing to The Dollar Tree (Front Lobby) 2:30 Arts and Crafts (AS) 3:30 Manicures with Shannon (AR) 6:15 Hallmark Special (MR)	10:00 Sit and Be Fit Exercise (AR) 10:45 Walking Club (Front Lobby) 1:30 Church Service (MR) 2:30 Swat a Ball (AR) 3:30 Meditation Session (MR) 6:15 Tuesday Night Carol Burnett Show (MR)	10:00 Zumba Fitness (AR) 10:45 Table Top Puzzle Gathering (CR) 1:00 Euchre Cards Gathering (Cafe) 1:30 Bingo Bash (AR) 2:30 Water Balloon Gathering (Patio) 3:30 Let's Go to Disney! (AR) 6:30 Creative Coloring with Tunes (AR)			

JULY 2024



LEGACY
AT CRANBERRY LANDING
A WATERMARK RETIREMENT COMMUNITYSM

ACTIVITY LOCATOR KEY

<p>ILD- Independent Living Dining Room</p> <p>BGL- Balcony Garden Lounge</p> <p>AS- Art Studio</p>	<p>CR- Card Room</p> <p>MR- Media Room</p> <p>CH- Chapel</p> <p>LR- Living Room</p> <p>AR- Activity Room</p>
---	---

Matthew Bailey Community Life Director Legacy at Cranberry Landing 300 Cranberry Landing Drive (585) 244-3630

Calendar Key:

Bus Trips: Sign up at the Front Desk for any bus outings.

W.U.: Watermark University, educational programming.

Italics: Entertainer performance

Happy Birthday!

Lucy G- 07/06

George N- 07/06

John H-07/07

Ruth H- 07/07

Bernie W- 07/14

Irene B- 07/20

Beth B- 07/23

Helen O- 07/30