

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	9:45 Gardening Group 10:15 Ring Toss 10:45 Useless Facts 11:00 Bayada Health Talk: UTI's 1:45 Bingo 3:00 Sweet Tea Social 4:00 Afternoon Movie (BR) 1	9:45 Analyze Me 10:15 Tone- Up Tuesday 10:30 Jeopardy 11:00 Bible Study with Mrs. Grady (BR) 1:45 Cindy McGrath on Piano & Flute (BR) 3:00 Happy Hour 4:00 Comedy Hour (2nd. Fl.) 2	9:45 Gardening Group 10:15 Ball Toss 10:45 Fun with Words 11:15 Music & Manicures 1:45 Bingo 3:00 Mock-tails 4:00 Afternoon Movie (BR) 3	Fourth of July!! 9:45 Getting to Know You 10:15 Deep Stretch 10:30 Trivia 11:00 Cash in Bingo Tickets!! 2:00 Fourth of July Celebration (BR) 3:00 Comedy Hour (2nd Fl.) 4	9:45 Gardening Group 10:15 Fitness Friday 10:30 UFO Trivia 11:00 Sing-A-Long 11:15 UFO Documentary (BR) 2:00 Bingo 3:00 Fun in the Sun 5	10:00 Lobby Chat 10:30 Morning Movie (BR) 2:00 Bingo 3:00 Fun with Friends (Patio) 6
9:45 Spiritual Music Offering 10:15 Communion 10:30 Live Mass 11:00 Let's Pray the Rosary 2:00 Outreach Ministries (BR) 3:00 Refreshments & Reflection 4:00 Reminiscing with 7	9:45 Gathering Together 10:15 Useless Facts (BR) 10:30 Tai Chi & Yoga with Jess (BR) 1:45 Afternoon Movie (BR) 4:00 Comedy Hour (BR) 8	9:45 Analyze Me 10:15 Tone-Up Tuesday 10:30 Jeopardy 10:30 Fun with TIM T (MC) 2:00 Activity Council Meeting 2:30 WU- Painting with Passion 3:00 Happy Hour 4:00 Comedy Hour (2nd. Fl.) 9	9:45 Gardening Group 10:15 Ball Toss 10:45 Fun with Words 11:15 Food Council Meeting 1:45 Bingo 3:00 Mock-tails 4:00 Afternoon Movie (BR) 10	9:45 Getting to Know You 10:15 Deep Stretch 10:30 Fun with Tim T 2:00 WU- Crafting with Carol 3:00 Sweet Tea Social 4:00 Comedy Hour (2nd Fl.) 11	9:45 Gardening Group 10:15 Fitness Friday 10:45 WU-Baking with Maria 11:15 Sing-A-Long 1:00 Lee on Piano (BR) 1:45 Bingo 3:00 Fun in the Sun 4:00 Lobby Chat 12	10:00 Stretch & Yoga 10:15 Bingo 10:30 SPCA Visit 2:00 Movie & Popcorn (2nd. Fl.) 4:00 Comedy Hour (2nd. Fl.) 13
9:45 Spiritual Music Offering 10:15 Communion 10:30 Live Mass 11:00 Let's Pray the Rosary 2:00 Pastor Julia Sermon 3:00 Refreshments & Reflection 4:00 Reminiscing with Friends (Lobby) 14	9:45 Gardening Group 10:15 Bingo 2:00 Clem the Storyteller (MC)	9:45 Analyze Me 10:15 Tone-Up Tuesday 10:30 Jeopardy 10:30 Fun with TIM T (MC) 11:00 Bible Study with Mrs. Grady (BR) 1:30 Carol Regan Sings (MC) 2:00 Happy Hour 3:00 Carol Regan Sings (BR) 16	9:45 Gardening Group 10:15 Ball Toss 10:45 Fun with Words 11:15 Music & Manicures 1:45 Bingo 2:00 Fairfax Shopping 3:00 Let's make an Ice Cream Float! 4:00 Afternoon Movie (BR) 17	9:45 Getting to Know You 10:15 Deep Stretch 10:30 Fun with Tim T 2:00 WU- Jewelry Making with Carol 3:00 Sweet Tea Social 4:00 Comedy Hour (2nd Fl.) 18	9:45 Gardening Group 10:15 Fitness Friday 10:45 WU-Baking with Maria 11:15 Sing-A-Long 1:45 Bingo 3:00 Fun in the Sun 4:00 Lobby Chat 19	10:00 Stretch & Yoga 10:15 Bingo 2:00 Movie & Popcorn (2nd. Fl.) 4:00 Comedy Hour (2nd. Fl.) 20
9:45 Spiritual Music Offering 10:15 Communion 10:30 Live Mass 11:00 Let's Pray the Rosary 2:00 Bingo 3:00 Refreshments & Reflection 4:00 Reminiscing with Friends (Lobby) 21	9:45 Gardening Group 10:15 Ring Toss 10:45 Useless Facts 11:15 Pictionary 1:45 Bingo 3:00 Lemonade Social 4:00 Afternoon Movie (BR) 22	9:45 Analyze Me 10:15 Tone-Up Tuesday 10:30 Jeopardy 10:30 Fun with TIM T (MC) 11:00 Bible Study with Mrs. Grady (BR) 2:00 WU- Painting with Passion 3:00 Happy Hour 23	9:45 Gardening Group 10:15 Bingo 2:00 Andy & Irene Perform (BR) 3:00 Mock-tails 4:00 Afternoon Movie (BR) 6:00 Dinner Outing 24	9:45 Getting to Know You 10:15 Deep Stretch 10:30 Fun wit Tim T 11:00 Dollar Store Shopping 2:00 Resident Birthday Party 3:00 Sweet Tea Social 4:00 Comedy Hour (2nd Fl.) 25	9:45 Gardening Group 10:15 Fitness Friday 10:45 WU-Baking with Maria 11:15 Sing-A-Long 1:45 Bingo 3:00 Fun in the Sun 4:00 Lobby Chat 26	10:00 Stretch & Yoga 10:15 Bingo 2:00 Movie & Popcorn (2nd. Fl.) 4:00 Comedy Hour (2nd. Fl.) 27
9:45 Spiritual Music Offering 10:15 Communion 10:30 Live Mass 11:00 Let's Pray the Rosary 2:00 Bingo 3:00 Refreshments & Reflection 4:00 Reminiscing with Friends (Lobby) 28	9:45 Gardening Group 10:15 Bingo 29	9:45 Analyze Me 10:15 Tone-Up Tuesday 10:30 Jeopardy 10:30 Fun with TIM T (MC) 11:00 2:00 WU- Painting with Passion 3:00 Happy Hour 4:00 Comedy Hour (2nd. Fl.) 30	9:45 Gardening Group 10:15 Ball Toss 10:45 Fun with Words 11:15 Music & Manicures 1:45 Bingo 3:00 Mock-tails 4:00 Afternoon Movie (BR) 31		Happy Birthday 07/04 Joan Berl 07/15 Thomas Henderer 07/18 Joan Richardson 07/20 Frank Castaldi 07/27 Judy Zahnow 07/31 Elizabeth Baroni	<i>Dates and times of activities or outings may change without notice. Sorry for any inconvenience.</i>

JULY 2024
Assisted Living
 **ROCKLAND PLACE**
A WATERMARK RETIREMENT COMMUNITYSM

ACTIVITY LOCATOR KEY

Key:
(MC): Memory Care

Key:
(BR): Brandywine Room
(2nd. FL.): Second Floor TV Room

07/20 Frank Castaldi
07/27 Judy Zahnow
07/31 Elizabeth Baroni

Be sure to sign up for any outings/ shopping trips A.S.A.P!!
Seating is limited!!