

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
PAISLEY THE DOG PET THERAPIST AVAILABLE UPON REQUEST AND APPOINTMENTS	NATIONAL POSTAL WORKER DAY 10:00 Fun Fitness w/NP-G All About Apples w/Nayas-G Table Bowling w/Nayas-G Checkers w/Nayas-G 2:30 <i>Happy Hour w/NP-G</i> Music Appreciation w/Mavel-G Mini Basketball w/Nayas-G	WORLD UFO DAY 10:00 Stay Fit Exercise w/NP-G Spelling Bee w/Nayas-G Shapes & Patterns /Nayas-G Dont Break The Ice w/Nayas-G Fun Club w/LaDrina -G 3:30 Easy Crafts w/NP-G Nail Care And Music w/Nayas-G	NATIONAL STAY OUT OF THE SUN DAY 10:00 <i>Tai Chi w/Jonathan-G</i> World Facts And Trivia w/Nayas -G Knock knock Jokes w/Nayas-G Snacks & Chat w/Nayas-G Sensory Touch w/Nayas-G 3:30 Bonkers for Bingo w/NP-G Evening Stretch w/Nayas-G	INDEPENDENCE DAY Morning Exercise w/Nayas-G Daily Devotional w/Nayas-G Remember when...? w/Nayas-G Enjoy the Outdoors w/Nayas-G Theme Bingo w/Nayas-G July Forth Youtube w/Nayas -G Hallmart Movie w/Nayas-G	NATIONAL WORKAHOLIC DAY 10:00 TGIF Fitness w/VH-G 10:30 Staying Youthful w/VH-G Dominoes w/Nayas-G 1:30 <i>Singing With Sister Char-G</i> 2:00 <i>Interactive Culinary Program w/VH-G (Banana Pudding)</i> 3:00 Name 5 w/VH-G Evening TCM w/Nayas -G	ISLAMIC NEW YEAR 10:00 Light And Fit w/VH-G Game Show Fun w/Nayas-G Local News w/Nayas-G Music Fun w/Nayas-G Hand Rubs & Music w/Nayas-G 3:30 <i>Ice Cream Social w/VH-G</i> Western Movie w/Nayas-G
WORLD CHOCOLATE DAY 10:00 Fun Fitness w/VH-G Music Sing A Long w/Nayas-G Building Blocks Fun w/Nayas-G Puzzles w/Nayas-G Bible Stories w/Nayas-G 3:30 <i>Armchair Travel USA w/VH-G</i> Today in History w/Nayas-G	NATIONAL VIDEO GAME DAY 10:30 Strength Training w/NP-G Parachute Game w/Nayas-G UNO w/Nayas-G Word Pair w/Nayas-G 3:30 Ball In Basket w/NP-G Music Appreciation w/Mavel-G Humor Time w/Nayas-G	COW APPRECIATION DAY 10:30 Fun Fitness w/NP-G 11:00 All About Milk w/NP-G I Spy w/Nayas -G Afternoon Fun Club w/LaDrina-G 2:00 <i>Interactive Culinary Program(Banana PBC) w/NP-G</i> 3:00 Button Tree w/NP-G Stories for the Soul w/Nayas-G	NATIONAL KITTEN DAY 10:30 <i>Pianist: John Lamb-G</i> Trivia Fun w/Nayas-G Name 5 w/Nayas-G Horseshoe w/Nayas-G Music & Balloon Toss w/Nayas-G 3:30 Aromatherapy w/NP-G Hallmark Movie w/Nayas-G	WORLD POPULATION DAY 10:00 Mind Body Fitness w/NP-G 10:30 Table Bowling w/NP-G 11:15 <i>Out-Trip w/CL -G</i> Rhyme & Poems w/Nayas-G Music Time w/Nayas-G 2:30 Trivia w/NP-G 3:30 Ring Toss w/NP-G Table Bowling w/Nayas-G	MALALA DAY 10:30 Exercise w/NP -G 11:00 Malala Day w/NP -G Bible Stories w/Nayas-G 1:30 <i>Singing With Sister Char-G</i> Ring Toss w/Nayas-G 2:30 <i>Ice Cream Social w/NP -G</i> 3:30 Sounds w/NP-G Soothing Music w/Nayas-G	NATIONAL FRENCH FRY DAY 10:00 <i>Tai Chi w/Jonathan-G</i> History Of French Fries w/Nayas-G Daily News w/Nayas-G Tic Tac Toe w/Nayas-G Balloon Volley w/Nayas-G 2:30 Variety of Fun w/Lisa-G Soothing Music w/Nayas-G
BASTILLE DAY Sunday Sunrise Fitness w/Nayas-G Would You Rather...? w/Nayas-G Horseshoes w/Nayas-G Snacks & Chat w/Nayas-G Outdoors Stroll w/Nayas-G Qwirkle Game w/Nayas-G YouTube Concert w/Nayas-G	NATIONAL GIVE SOMETHING AWAY DAY 10:30 Fun Fitness w/VH-G 11:00 Technology Facts w/VH-G Table Bowling w/Nayas-G Checkers w/Nayas-G 2:30 Wheel Of Fortune w/VH-G Music Appreciation w/Mavel-G Bible Stories w/Nayas-G	NATIONAL CHERRY DAY 10:30 Fitness & Jokes w/VH-G 11:00 Earth Facts w/VH-G Mandela Art w/Nayas-G Fun Club w/Ladrina -G 2:30 Drumming w/VH-G 3:30 Sensory Touch w/VH -G Evening Games w/Nayas-G	MOON LANDING ANNIVERSARY 10:00 <i>Tai Chi w/Jonathan-G</i> Silly Words w/Nayas-G Jigsaw Puzzles w/Nayas-G Ring Toss w/Nayas-G 3:30 <i>Lemonade Social w/VH-G</i> All About 50's Music w/Nayas-G Evening Stretch w/Nayas-G	NELSON MANDELA INTERNATIONAL DAY 10:30 Rise And Shine w/VH-G 11:00 Guess The Flag w/VH-G Kurplunk w/Nayas-G Snack Attack w/Nayas-G 2:30 Seated Kick Ball w/VH-G 3:30 Nelson Mandela w/VH-G Music For The Soul w/Nayas-G	SENECA FALLS CONVENTION 10:30 TGIF Fitness w/VH-G 11:00 Name 5 w/VH-G Bible Reading w/Nayas-G 1:30 <i>Singing With Sister Char-G</i> 2:00 <i>Interactive Culinary Program(Elvis Bites) w/VH-G</i> 3:00 Garlic Facts w/VH-G Evening TCM w/Nayas -G	NATIONAL MOON DAY 10:00 <i>Music&Dance w/Jennifer-G</i> Kindness Matters w/Nayas-G Silly Sentences w/Nayas-G Puzzles w/Nayas-G Theme Bingo w/Nayas-G 3:30 Sounds w/NP -G Mini Basket Ball w/Nayas-G
FULL BUCK MOON 10:00 Weekend Fitness w/NP -G Jokes for Folks w/Nayas-G Reminiscing... w/Nayas-G Ring Toss w/Nayas-G 3:30 Painting Art w/NP-G Card Sharks w/Nayas-G Bible Stories w/Nayas-G	NATIONAL HAMMOCK DAY 10:30 Monday Stretch w/NP-G 11:00 Old Wives Tales w/NP-G Outdoor Fun w/Nayas-G Opposites Attract w/Nayas-G 2:30 Table Bowling w/NP-G Music Appreciation w/Mavel-G Kerplunk! w/Nayas-G	NATIONAL GORGEOUS GRANDMOTHER DAY 10:30 Fitness & Stretch w/NP-G 11:00 Health Facts w/NP-G Mandela Art w/Nayas-G Fun Club w/Ladrina -G 2:30 Lets Make Music w/NP-G 3:30 Buttocks Up w/NP -G Evening Games w/Nayas-G	PIONEER DAY 10:00 Mit-Week Fitness w/VH-G Silly Words w/Nayas-G Jigsaw Puzzles w/Nayas-G Ring Toss w/Nayas-G 3:30 Musical Favorites w/VH-G All About 50's Music w/Nayas-G Evening Stretch w/Nayas-G	CHRISTMAS IN JULY 10:00 Get Fit w/NP-G 11:00 Christmas In July? w/NP-G 11:15 <i>Captains Cove w/Victoria</i> Building Block Game w/Nayas-G Horse Shoe Toss w/Nayas-G 2:30 Manicures & Music w/NP-G 3:30 Horse Shoe Toss w/NP-G Evening News Blooper w/Nayas-G	UNCLE AND AUNT DAY 10:30 Morning Fitness w/NP-G 11:00 Dont Break The Ice w/NP-G Puzzles, Puzzles, w/Nayas-G Enjoy the Outdoors w/Nayas-G 1:30 <i>Singing With Sister Char-G</i> 2:00 <i>Interactive Culinary Program(Apple Nachos) w/NP-G</i> 3:30 <i>Singer Jennifer DiSapio-G</i> Reminiscing About The 40's	NATIONAL DISABILITY INDEPENDENCE DAY 10:00 <i>Tai Chi w/Jonathan-G</i> Fill in the Blanks w/Nayas-G Checkers w/Nayas-G Refreshments & Music w/Nayas-G Horseshoes w/Nayas-G 3:30 Family Feud w/Joey-G Sittercise w/Nayas-G
PARENTS DAY 10:30 Exercise & Trivia w/Joey-G Bible Stories w/Nayas-G Qwirkle Game w/Nayas-G Daily Chronicle w/Nayas-G Word Pairs w/Nayas-G 3:30 Wheel of Fortune w/Joey-G Local News Report w/Nayas-G	NATIONAL RAIN DAY 10:30 <i>Singer : Lynn Lewis-G</i> All About The Rain w/Nayas-G Card Sharks w/Nayas-G Finish the Phrase w/Nayas-G 2:00 <i>June Birthday Party w/N-G</i> Music Appreciation w/Mavel-G TCM Classic Movie w/Nayas-G	INTERNATIONAL FRIENDSHIP DAY 10:00 Tuesday Tune Up w/VH-G 10:30 All About Jazz w/VH-G Creative Art w/Nayas-G Fun Club w/Ladrina -G 2:00 <i>Interactive Culinary Program(Smoothie) w/VH-G</i> 3:00 Seated Kick Ball w/VH -G Evening Games w/Nayas-G	NATIONAL AVOCADO DAY 10:00 Morning Exercise w/NP-G Daily Devotional w/Nayas-G Remember when...? w/Nayas-G Enjoy the Outdoors w/Nayas-G Snack & Music w/Nayas-G 3:30 Balloon Toss w/NP-G Hallmark Movie w/Nayas-G	Monthly Catholic Communion with Sister Maureen See Weekly Activities Calendar for Date and Time (The Inn, Gardens, and Springs)		Any Questions About Out-Trips or Family gathering, or programs. Call Victoria at 203-373-6452

JULY 2024 GARDEN

 **THE WATERMARK**
AT 3030 PARK

ACTIVITY LOCATOR KEY

AG - Art Gallery
 AS - Art Studio
 A - Auditorium
 G - Gardens
 TC - Town Center

CG's - Caregivers
 CL - Community Life
 IL - Inn Lounge
 S - Springs
 VH - Victoria
 SC - Springs Conference Room
 DR - Dining Room

Monthly Shabbat with Rabbi Paris See Weekly Activities Calendar for Date and Time