

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Happy Birthday Jane C.- 08/01 Joan A.- 08/09 Adolf R.- 08/23	Becky B.- 08/25 Betty F.- 08/28		Elena G. Robillard Community Life Director Legacy at Cranberry Landing 300 Cranberry Landing Drive Rochester, NY 14609 (585)244-3630 egrobillard@watermarkcommunities.com	10:00 Morning Stretch (AR) 10:45 Ball Toss (AR) 1:30 Olympic Games (AR) 2:30 Afternoon Hydration 3:30 Afternoon Walks 6:15 Creative Coloring (SR)	10:00 Morning Stretch (AR) 10:45 W.U. July National Days (SR) 1:00 Sing-a-Long with Kathy (AR) 2:15 Afternoon Snacks and Hydration 2:30 Movie Matinee (AR) 6:15 Evening Chat (SR)	10:00 Morning Stretch (AR) 10:45 Thrive by Music (SR) 1:30 Concierge Social (FD) 2:30 Old Maid (SR) 3:30 Afternoon Hydration 6:15 Word Searches (SR)
9:45 Morning Stretch (AR) 10:30 Catholic Mass (CH) 1:30 Meditation (SR) 2:30 Afternoon Hydration 3:30 Lawrence Welk (AR) 6:15 Evening Tunes (SR)	10:00 Morning Stretch (AR) 10:45 This Week in History (AR) 1:30 Jigsaw Puzzles (AR) 2:30 Afternoon Hydration 3:30 Water Canvas Painting (SR) 6:15 Creative Coloring (SR)	10:00 Morning Stretch (AR) 11:00 Church Service with Angelo (CH) 1:30 Thrive by Music (SR) 2:30 Afternoon Hydration 3:30 Afternoon Walks 6:15 <i>Montage Music</i>	10:00 Morning Stretch (AR) 10:45 Manicures 1:30 W.U. National Lighthouse Day (AR) 2:30 Afternoon Hydration 3:30 Happy Hour (AR) 6:15 Evening Tunes (SR)	10:00 Morning Stretch (AR) 10:45 W.U. National Cat Day (AR) 1:30 Balloon Volleyball (AR) 2:30 Afternoon Hydration 3:30 Afternoon Walks 6:15 Creative Coloring (SR)	10:00 Morning Stretch (AR) 10:45 Olympic Highlights (AR) 1:00 Sing-a-Long with Kathy (AR) 2:15 Afternoon Snacks and Hydration 2:30 Movie Matinee 6:15 Evening Chat (SR)	10:00 Morning Stretch (AR) 10:45 Thrive by Music (SR) 1:30 Concierge Social (FD) 2:30 Shake Loose a Memory (SR) 3:30 Afternoon Hydration 6:15 Word Searches (SR)
9:45 Morning Stretch (AR) 10:30 Catholic Mass (CH) 1:30 Meditation (SR) 2:30 Afternoon Hydration 3:30 I Love Lucy (AR) 6:15 Evening Tunes (SR)	10:00 Morning Stretch (AR) 10:45 Bus Trip: Lunch at Union Tavern (Lobby) 2:30 Afternoon Hydration 3:30 Chicken Soup for the Soul (SR) 6:15 Creative Coloring (SR)	10:00 Morning Stretch (AR) 10:45 Flower Arranging (SR) 1:30 Thrive by Music (SR) 2:30 Afternoon Hydration 3:30 Afternoon Walks 6:15 Movie Night (AR)	10:00 Morning Stretch (AR) 10:45 Manicures 1:30 Water Painting (AR) 2:30 Afternoon Hydration 3:30 Happy Hour (AR) 6:15 Evening Tunes (SR)	10:00 Morning Stretch (AR) 10:45 "Yellowstone: Our National Parks" (AR) 1:30 Bean Bag Toss (PA) 2:30 Afternoon Hydration 3:30 Afternoon Walks 6:15 Creative Coloring (SR)	10:00 Morning Stretch (AR) 10:45 Bird Watching (PA) 1:00 Sing-a-Long with Kathy (AR) 2:15 Afternoon Snacks and Hydration 2:30 Movie Matinee 6:15 Evening Chat (SR)	10:00 Morning Stretch (AR) 10:45 Thrive by Music (SR) 1:30 Concierge Social (FD) 2:30 All About Me Game (AR) 3:30 Afternoon Hydration 6:15 Word Searches (SR)
9:45 Morning Stretch (AR) 10:30 Catholic Mass (CH) 1:30 Meditation (SR) 2:30 Afternoon Hydration 3:30 Lawrence Welk (AR) 6:15 Evening Tunes (SR)	10:00 Morning Stretch (AR) 10:45 This Week in History (AR) 1:30 Bus Trip to Wickham Farms Sunflower Spectacular (Lobby) 2:30 Afternoon Hydration 3:30 Board Game Social (AR) 6:15 Creative Coloring (SR)	10:00 Morning Stretch (AR) 11:00 Church Service with Angelo (CH) 1:30 Thrive by Music (SR) 2:30 Afternoon Hydration 3:30 Afternoon Walks 6:15 Movie Night (AR)	10:00 Morning Stretch (AR) 10:45 Manicures 1:30 Flower Arranging (AR) 2:30 Afternoon Hydration 3:30 Happy Hour (AR) 6:15 Evening Tunes (SR)	10:00 Morning Stretch (AR) 10:45 "Oahu: The Heart and Soul of Hawaii" (AR) 1:30 Jigsaw Puzzles (AR) 2:30 Afternoon Hydration 3:30 Afternoon Walks 6:15 Creative Coloring (SR)	10:00 Morning Stretch (AR) 10:45 1:00 Sing-a-Long with Kathy (AR) 2:30 Afternoon Snacks and Hydration 2:30 Movie Matinee (AR) 6:15 Evening Chat (SR)	10:00 Morning Stretch (AR) 10:45 Thrive by Music (SR) 1:30 Concierge Social (FD) 2:30 Jenga (SR) 3:30 Afternoon Hydration 6:15 Word Searches (SR)
9:45 Morning Stretch (AR) 10:30 Catholic Mass (CH) 1:30 Meditation (SR) 2:30 Afternoon Hydration 3:30 I Love Lucy (AR) 6:15 Evening Tunes (SR)	10:00 Morning Stretch (AR) 10:45 This Week in History (AR) 1:30 Water Painting (AR) 2:30 Afternoon Hydration 3:30 Uno! (SR) 6:15 Creative Coloring (SR)	10:00 Morning Stretch (AR) 10:45 Rick Steves (AR) 1:30 Thrive by Music (SR) 2:30 <i>Mike Sidoti</i> 3:30 Afternoon Hydration 6:15 Movie Night (AR)	10:00 Morning Stretch (AR) 10:45 Manicures 1:30 Watermelon Tote Bag Craft (AR) 2:30 Afternoon Hydration 3:30 Happy Hour (AR) 6:15 Evening Tunes (SR)	10:00 Morning Stretch (AR) 10:45 America's Got Talent (AR) 1:30 Water Canvas Painting (SR) 2:30 Afternoon Hydration 3:30 Afternoon Walks 6:15 Creative Coloring (SR)	10:00 Morning Stretch (AR) 10:45 Bird Watching (PA) 1:00 Sing-a-Long with Kathy (AR) 2:15 Afternoon Snacks and Hydration 2:30 Movie Matinee (AR) 6:15 Evening Chat (SR)	10:00 Morning Stretch (AR) 10:45 Thrive by Music (SR) 1:30 Concierge Social (FD) 2:30 Go Fish (SR) 3:30 Afternoon Hydration 6:15 Word Searches (SR)

AUGUST 2024
Gardens



LEGACY
AT CRANBERRY LANDING
A WATERMARK RETIREMENT COMMUNITYSM

ACTIVITY LOCATOR KEY

AR-Activity Room	CH- Chapel	PA- Patio	Calendar Key: W.U.- Watermark University, educational programming <i>Italics</i> - Entertainer Performance	Bus Trips: Sign up in Lobby
MR- Media Room	LR- Living Room	FD- Front Desk		
AS- Art Studio	ILD- Independent Living Dining Room	SR- Sensory Room		
	GR- Game Room	CY- Court Yard		