SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Octoberfest Theme Dinner on 10/1 is at your regularly scheduled time. please call the Hostess Desk if need be at 905-8047  NEW:  Sundays @ 1:30: Mahjong	NEW:  10/2 Meet & Greet w/ Sarah Domschine, OT  Mondays @ 10:45: Rehab Workout w/ Sarah  10/28 Brain Games w/ Gabrielle	10:45 WU Lucy's Limber Up - A 11:30 Inventions Series - AL 1:00 Kings in the Corner - NL 1:00 Canasta - UL 1:00 WU Beginner's Art w/ Ellen - AR 3:00 WU Active Listening Group w/ Maayana - AL 4:00 Deb's Update Meeting - A Theme Dinner - Main DR	10:00 Men's Coffee Social - CS 10:45 WU Alexander Tech A 11:00 WU Woodshop - WS 1:00 Bridge - NL 1:00 Documentary Series: America's Secrets - 591, AL 2:00 Meet & Greet w/ Sarah Domschine, OT - AL 3:00 German Music Concert w/ Joe & Gabrielle Tranchina - A	10:45 WU Lucy's Limber Up - A 10:00 Trip; Clark Art Museum; Degas Exhibit 11:30 American His. AL, 591 1:00 Canasta - UL 1:30 WU Walking Club - NL 2:30 Creative Corner - AR 3:30 WU Bible Study Series- L 4:00 Catholic Communion - AL 6:30 Game Night - UL	10:15 Hand, Knee, Foot - NL 10:45 WU Chair Yoga - A 1:00 Series: The Great Ideas of Philosophy - AL, 591 2:00 Trivial Pursuit - AL 3:30 Happy Hour - UL 4:00 Shabbat Shalom - PDR	10:30 WU Chair Zumba - A 11:00 Scrabble - NL 1:00 Wii Bowling w/ Reed - AL 2:00 Film: My Favorie Things: Roger & Hammerstein Concert - A, 591 2:15 Crafts w/ Jess: Haunted house Craft - AR 4:00 Piano Singalong - Inn
9:30 Church Trip 10:00 Catholic Mass - 591 10:30 WU Meditation & Movement w/ Elizabeth - A 1:30 Mahjong - NL 2:00 Film: A Mystery at the Fountains (53 min) - 591, A 3:00 WU Making Connections w/ Maayana - AL	10:45 WU Rehab Workout - A 11:30 WU Current Affairs - AL 1:00 Bridge - NL 1:30 Group Knit/Crochet - UL 2:00 Millbrook Library Card Registration w/ Gabrielle- L 3:00 WU Opera part 1: La Boheme by Puccini - A 4:30 Natural Healing - 591 7:00 Film: About Time - AL, 591	10:45 WU Lucy's Limber Up - A 11:30 Inventions Series - 591, AL 1:00 Kings in the Corner - NL 1:00 Canasta - UL 1:00 WU Beginner's Art w/ Ellen - AR 1:00 Shopping Trip: Millbrook	10:45 WU Alexander Tech A 11:00 WU Woodshop - WS 1:00 Bridge - NL 1:00 Documentary Series: America's Secrets - 591, AL 2:00 WU Writers Exchange w/ Lorraine - L 3:00 WU Opera part 2: La Boheme by Puccini - A	10:45 WU Lucy's Limber Up - A 11:30 American His. AL, 591 1:00 Canasta - UL 1:00 WU Art w/ Ellen - AR 1:30 WU Walking Club - NL 2:00 WU Art History w/ Ellen: Degas: Passion for Perfection A 3:30 WU Film Discussion - AR 3:30 WU Bible Study Series- L 4:00 Catholic Communion - AL 6:30 Game Night - UL	10:15 Hand, Knee, Foot - NL 10:45 WU Chair Yoga - A 1:00 Series: The Great Ideas of Philosophy - AL, 591 2:00 Trivial Pursuit - AL 3:30 Happy Hour - UL 4:00 Shabbat Shalom - PDR	10:30 WU Chair Zumba - A 11:00 Scrabble - NL 1:00 Wii Bowling w/ Reed - AL 2:00 Film: Olympus Has Fallen - A, 591 2:15 Crafts w/ Jess: Halloween Key Chains - AR 4:00 Piano Singalong - Inn
9:30 Church Trip 10:00 Catholic Mass - 591 10:30 WU Meditation & Movement w/ Elizabeth - A 1:30 Mahjong - NL 2:00 Film: Faith, Hope & Love (85 min) 591, - A 3:30 Art Opening: Barbara Minton - AG	Columbus Day 10:00 Trip: Hannaford's 10:45 WU Rehab Workout - A 11:30 WU Current Affairs - AL 1:00 Bridge - NL 1:30 WU Knit/Crochet - UL 2:00 WU Health Seminar - AL 3:00 Oscar Rodriguez Classical Piano Concert - A 4:30 Natural Healing - 591 7:00 Film: Aloha - AL, 591	10:45 WU Lucy's Limber Up - A 11:30 Inventions Series - 591, AL 1:00 Kings in the Corner - NL 1:00 Canasta - UL 1:00 WU Beginner's Art w/ Ellen - AR 3:00 WU Active Listening Group w/ Maayana - AL	10:00 Equine Therapy - Inn Lawn 10:45 WU Alexander Tech A 11:00 WU Woodshop - WS 1:00 Bridge - NL 2:00 Food Service Meeting-BIS 3:15 Father Matt's Service - AL 4:00 Dinner Trip; Mountain Brauhaus in Gardiner, NY	10:45 WU Lucy's Limber Up - A 11:30 American His. AL, 591 1:00 Canasta - UL 1:00 WU Art w/ Ellen - AR 1:30 WU Walking Club - NL 2:00 WU Art History w/ Ellen - Hopper, An American Love Story A 3:30 WU Film Discussion - AR 3:30 WU Bible Study Series- L 4:00 Catholic Communion - AL 6:30 Game Night - UL	10:15 Hand, Knee, Foot - NL 10:45 WU Chair Yoga - A 1:00 Series: The Great Ideas of Philosophy - AL, 591 2:00 Trivial Pursuit - AL 3:30 Happy Hour - UL 4:00 Jewish Holiday Service & Dinner by reservation only - PDR	10:30 WU Chair Zumba - A 11:00 Scrabble - NL 1:00 Wii Bowling w/ Reed - AL 2:00 Classic Film: Move Over Darling A, 591 2:15 Crafts w/ Jess: Sip & Paint "Jack O' Lantern - AR 4:00 Piano Singalong - Inn
8:45 Trip: Essex Clipper Train 10:00 Catholic Mass - 591 10:30 WU Meditation & Movement w/ Elizabeth - A 1:30 Mahjong - NL 2:00 Film: Twelve - 591, A 4:15 WU Lectio Divina w/ Maayana & Beth - AL	Fall Festival 10:45 WU Rehab Workout - A 11:30 WU Current Affairs - AL 12:30 -2:30 Historic Wagon Rides - LOBBY 1:00 Corn Hole - Front Lawn 2:00 Cider & Apple Bar - AR 3:00 Grandpa Joe's Band - A 4:30 Natural Healing - 591 7:00 Film: See How They Run - AL, 591	10:45 WU Lucy's Limber Up - A 11:30 Inventions Series - 591, AL 1:00 Kings in the Corner - NL 1:00 Canasta - UL 1:00 WU Beginner's Art - AR 2:00 Footloose in Bavaria (80 min) - AL 591 3:30 WU Laura's Book Club - L	10:00 Vaccine Clinic - A 11:00 WU Woodshop - WS 1:00 Bridge - NL 2:00 Coffee w/ the FMRA Board - AL 3:00 WU Music Appreciation: The Music of WW2 w/ Dr. Marguerite Mullee - A 4:00 Fire Safety Seminar w/ Samantha Singler - A	10:45 WU Lucy's Limber Up - A 11:30 American His. AL, 591 1:00 Canasta - UL 1:00 WU Art w/ Ellen - AR 1:00 Shopping Trip: Adams 1:30 WU Walking Club - NL 2:00 WU Art History - A 3:00 WU Film Discussion - AR 3:30_WU Bible Study Series- L 4:00 Catholic Communion - A 5:00 Birthday Dinner - PDR 6:30 Game Night - UL	10:15 Hand, Knee, Foot - NL 10:45 WU Chair Yoga - A 11:30 WU Well 360 Series - L 1:00 New Series: The Great Ideas of Philosophy - AL, 591 2:00 Trivial Pursuit - AL 3:30 WU German Wine Tasting w/ Carl - BIS 4:00 Shabbat Shalom - PDR	10:30 WU Chair Zumba - A 11:00 Scrabble - NL 1:00 Wii Bowling w/ Reed - AL 2:00 Film: Abbott & Costello Meet Frankenstein - A, 591 2:15 Crafts w/ Jess: Pumpkin Painting - AR 4:00 Piano Singalong - Inn
9:30 Church Trip 10:00 Catholic Mass - 591 10:30 WU Meditation & Movement w/ Elizabeth - A 1:30 Mahjong - NL 2:00 Film: The Sound of Music 591, A 2:45 Trip: NDSO @ the CIA: The Golden Age of Hollywood	10:45 WU Rehab Workout - A 11:30 WU Current Affairs - AL 1:00 Bridge - NL 1:30 Group Knit/Crochet - UL 1:00 Shoppping Trip: Shoprite 2:00 NEW: WU Brain Games w/ Gabrielle Esposito - L 3:00 J. Grady's Swing Band - A 4:30 Natural Healing - 591 7:00 Alfred Hitchcock Film: The Lady Vanishes - AL, 591	10:45 WU Lucy's Limber Up - A 11:30 Inventions Series - 591, AL 1:00 Kings in the Corner - NL 1:00 Canasta - UL 1:00 WU Beginner's Art w/ Ellen - AR 3:00 WU Fountains' Radio Workshop - L 4:15 WU Prayer w/ Edwin- Al 29	10:00 Trip: Trader Joe's 10:45 WU Exercise Therapy w/ Cris Caivano - A 11:00 Pumpkin Carving w/ Dave - AR 1:00 Bridge - NL 2:00 Tricks & Treats: Halloween Tales w/ Lorraine - AL 3:30 Senior Scam Prevention w/ DCOFA - A	10:45 WU Lucy's Limber Up - A 11:30 American His. AL, 591 1:00 Canasta - UL 1:00 WU Art w/ Ellen - AR 3:00 Halloween Dance Party w/ Frankie Keene - A 4:00 Catholic Communion - AL	A - Auditorium AG - Art Gallery AL - Allen Lounge AR - Art Room BIS - Bistro CS - Country Store DR - Dining Room L - Library LOB - Main Lobby LR - Living Room at the Inn NL - North Lounge PDR - Private Dining Room	WU Art w/ Ellen: Tuesdays @ 1 PM - Beginners' Art Thursdays at 1 PM - Advanced Art
OCTOBER	2024	ACTIVITY LOCATOR KEY	Please check channel 591 daily for updates!	Community Life trips: 905-8014	UL - Upper Lobby WS - Woodshop (1A)	Red - Live Exercise Purple - Music
Independent  THE FOUN  AT MILLBROOK  A WATERMARK RETIREMENT OF	<b>Living</b> TAINS	Community Life Team: Lisa Rieckermann, Director Jennifer Bourque, Associate Raegan Haege, Associate Jessica Kaufman, Associate 845-905-8014	WU = Watermark University- an educational series led by a live Instructor.	Shopping trips sign up @ podium - Lobby	24th: Art History: <i>Art in</i> our Time: Toward a New Museum of Modern Art	Dark Orange - Arts & Crafts Teal - Vocational Black - Educational/Social Pink - Health Green - Trips Blue - Spiritual, Therapeutic