

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Netflix Movies shown every Wednesday at 6:00pm in the Bistro on First Floor See the Daily Sheet for Movie Title					10:00 Building Muscle with Weights-B <b>3:00 Happy Hour and Massages - B</b> <span style="float:right">1</span>	<b>10:30 Word Games with Theresa - B</b>  Independent Word Games Available in the Bistro <span style="float:right">2</span>
<b><u>Turn Back the Clocks</u></b>  10:00 Communion with Lucy - B <span style="float:right">3</span>	10:00 Seated Aerobics - B 2:00 November IQ - Bistro 2:30 Monthly Gazette - B <span style="float:right">4</span>	<b><u>Election Day</u></b> 10:00 Chair Yoga-B <b>10:30 Voting Trip</b> <b>1:30 Election Day Fun Facts - Bistro</b> <b>2:30 Minnie Kaplan-Singer-B</b> <span style="float:right">5</span>	<b>10:00 WU: Vision &amp; Hearing &amp; Exercise w/ Wade - B</b> <b>10:30- Weis Trip</b> <b>2:00 Bingo - DR</b> <b>3:15 WU: The Inventor of Basketball - DR</b> <span style="float:right">6</span>	10:00 Stretching & Balance - Bistro <b>2:30 Large Crossword Puzzle-B</b> 3:15 Corn Hole - B <span style="float:right">7</span>	10:00 Building Muscle with Weights-B <b>3:00 Happy Hour -B</b> <span style="float:right">8</span>	Independent Word Games Available in the Bistro <span style="float:right">9</span>
10:00 Communion with Lucy - B <span style="float:right">10</span>	10:00 Seated Aerobics - B <b>2:00 Veteran's Celebration - Bistro</b> <b>3:00 WU: A Veteran's Take - B</b> <span style="float:right">11</span>	10:00 Chair Yoga-B <b>2:30 John Conklin-Singer- Bistro</b> 6:00 Discovery with Donna - L <span style="float:right">12</span>	10:00 Coordination & Agility Training-B <b>10:30 Target Trip</b> <b>2:00 Bingo - DR</b> <b>3:15 WU: 50's &amp; 60's Soundtrack of Cinema - Bistro</b> <span style="float:right">13</span>	10:00 Stretching & Balance - Bistro <b>11:30 Capone's Lunch Trip</b> <b>3:00 WU: Diabetes Do's and Don'ts - B</b> <span style="float:right">14</span>	10:00 Building Muscle with Weights-B <b>3:00 Happy Hour - B</b> <span style="float:right">15</span>	<b>10:30 Word Games with Theresa - B</b>  Independent Word Games Available in the Bistro <span style="float:right">16</span>
10:00 Communion with Lucy - B <span style="float:right">17</span>	10:00 Seated Aerobics - B <b>2:30 JT- Singer- B</b> 3:45 Thankful Thoughts - B <span style="float:right">18</span>	10:00 Chair Yoga-B <b>1:30 Menu Planning - DR</b> <b>2:30 Bingo - DR</b> 6:00 Discovery with Donna - L <span style="float:right">19</span>	10:00 Coordination & Agility Training-B <b>2:00 Resident Council - Bistro</b> <b>2:30 BBP Store- B</b> 3:00 Checkers - B <span style="float:right">20</span>	10:00 Stretching & Balance - Bistro <b>2:30 WU: Making a Jigsaw Puzzle From Scratch - B</b> <span style="float:right">21</span>	10:00 Building Muscle with Weights-B <b>3:00 Happy Hour &amp; Birthday Party- B</b> <span style="float:right">22</span>	Independent Word Games Available in the Bistro <span style="float:right">23</span>
10:00 Communion with Lucy - B <span style="float:right">24</span>	10:00 Seated Aerobics - B <b>2:00 Large Crossword Puzzle-B</b> <b>3:00 Book Worms Club - "Little Fires Everywhere"- B</b> <span style="float:right">25</span>	10:00 Chair Yoga-B <b>10:30 Nail Salon Trip</b> <b>2:00 WU: Strange New Words - B</b> 6:00 Discovery with Donna - L <span style="float:right">26</span>	10:00 Coordination & Agility Training-B <b>2:00 Bingo - DR</b> 3:15 Thanksgiving Themed Word Mining-B <span style="float:right">27</span>	<b><u>Happy Thanksgiving</u></b> 9:00 Macy's Thanksgiving Day Parade 11:30 Thanksgiving Meal All Are Invited! 2:30 Cookies & Drinks <span style="float:right">28</span>	10:00 Building Muscle with Weights-B <b>3:00 Happy Hour - B</b> <span style="float:right">29</span>	<b>10:30 Word Games with Theresa - B</b>  Independent Word Games Available in the Bistro <span style="float:right">30</span>

**NOVEMBER 2024**  
**Traditional**



**ACTIVITY LOCATOR KEY**

Activity Locator Key:  
L - Lobby  
DR - Dining Room  
B - 1st Floor Bistro  
P - Patio

**Manicures every Wednesday by appointment. Sign up at the front desk**

**Every Thursday evening join your friends for some jigsaw puzzle therapy in the Bistro**

**Calendar is Subject to Change See Daily Calendar in Lobby for most accurate schedule!**