November 2024 Activity Calendar

A WATERMARK RETIREMENT COMMUNITY®

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Body Community Entertainment Mind Outing Spirit					 10:30 Smoothies 11:00 Strengthening Exercise w/Lynese (AR) 1:00 Grocery Shopping (LO) 2:30 Group Crossword (LR) 3:30 Appetizers (DR) 4:00 Music: Duo (DR) 5:30 Resident Happy Hour (LR) 7:00 Movie: San Andreas (LR) 	 10:30 Smoothies 11:00 Strengthening w/Lynese (AR) 1:00 Outing: LeMay Car Museum (LO) 5:30 Resident Happy Hour (LR) 7:00 Movie: Coogan's Bluff (LR)
 10:30 Smoothies (C) 11:00 Exercise w/Delphy (AC) 2:00 Outing: Scenic Drive (LO) 3:00 Board Games or Puzzles (AR) 5:30 Resident Happy Hour (LR) 7:00 Movie: The Cold Light of Day (LR) 	 10:30 Smoothies 11:00 Aerobic Chair Exercise w/Fit Group USA (AC) 1:00 Color Therapy w/Delphy (AR) 2:00 Talk Time (ACT) 3:00 Board Games or Puzzles (AR) 5:30 Resident Happy Hour (LR) 7:00 Movie: Fatal Attraction (LR) 	 10:30 Smoothies 11:00 Strengthening w/Lynese (AR) 1:00 Visit from Bowie the Dog (2FAL) 2:00 Crafts or Floral Arranging and Cupcakes (AR) 3:00 Dancing with Bella (AR) 4:00 Group Crossword (LR) 5:30 Resident Happy Hour (LR) 7:00 Movie: Blink Twice (LR) 	 10:30 Beverage and Talk (B) 11:00 Strengthening w/Lynese (AR) 1:00 Calendar Planning (AR) 3:00 VR: Agentina (AC) 5:30 Resident Happy Hour (LR) 7:00 Movie: Manchester by the Sea (LR) 	 10:30 Smoothies 11:00 Strengthening w/Lynese (AR) 2:00 Bingo (AR) 3:00 WU: Photography Session w/Chef Ruben (B) 5:30 Resident Happy Hour (LR) 7:00 Movie: Safe House (LR) 	 10:30 Smoothies 11:00 Fit Group USA (AR) 1:00 Grocery Shopping (LO) 2:30 Group Crossword (LR) 3:30 Appetizers (DR) 4:00 Music: Tony Mcarthy (DR) 5:30 Resident Happy Hour (LR) 7:00 Movie: Starling (LR) 	 10:30 Beverage and Talk (B) 11:00 Strengthening w/Lynese (AR) 2:00 Outing: Snoqualmie Casino (LO) 5:30 Resident Happy Hour (LR) 7:00 Movie: Trouble (LR)
 10:30 Smoothies 11:00 Exercise w/Delphy (AC) 2:00 Outing: Scenic Drive (LO) 3:00 Board Games or Puzzles (AR) 5:30 Resident Happy Hour (LR) 7:00 Movie: See for me (LR) 	 10:30 Smoothies 11:00 Aerobic Chair Exercise w/Fit Group USA (AC) 1:00 Color Therapy w/Delphy (AR) 2:00 Veteran's Day (B) 5:30 Resident Happy Hour (LR) 7:00 Movie: American Sniper (LR) 	 10:30 Smoothies 11:00 Strengthening w/Lynese (AR) 2:00 Crafts or Floral Arranging and Cupcakes (AR) 4:00 Group Crossword (LR) 5:30 Resident Happy Hour (LR) 7:00 Movie: Pixels (LR) 	 10:30 Beverage and Talk (B) 11:00 Strengthening w/Lynese (AR) 1:00 Travel to Ukraine w/Lance (B) 3:00 VR: Autumn Festival (T) 5:30 Resident Happy Hour (LR) 7:00 Movie: How It Ends (LR) 	 10:30 Smoothies 11:00 Strengthening w/Lynese (AR) 2:00 Bingo (AR) 3:00 WU: TBD (T) 5:30 Resident Happy Hour (LR) 7:00 Movie: Gone Girl (LR) 	 10:30 Smoothies 11:00 Fit Group USA (AR) 1:00 Grocery Shopping (LO) 2:30 Group Crossword (LR) 3:30 Appetizers (DR) 4:00 Music: Steven and Kristi Nebel Band (DR) 5:30 Resident Happy Hour (LR) 7:00 Movie: Mystic River (LR) 	 10:30 Beverage and Talk (B) 11:00 Strengthening w/Lynese (AR) 2:00 Outing: 13 Coins (LO) 5:30 Resident Happy Hour (LR) 7:00 Movie: Snatch (LR)
 10:30 Smoothies 11:00 Exercise w/Delphy (AC) 2:00 Outing: Scenic Drive (LO) 3:00 Board Games or Puzzles (AR) 5:30 Resident Happy Hour (LR) 7:00 Movie: Sicario (LR) 	 10:30 Smoothies 11:00 Aerobic Chair Exercise w/Fit Group USA (AC) 1:00 Color Therapy w/Delphy (AR) 2:00 Talk Time (ACT) 3:00 WU: Poetry with Mark (2F) 5:30 Resident Happy Hour (LR) 7:00 Movie: Fly Me to The Moon (LR) 	 10:30 Smoothies 11:00 Strengthening w/Lynese (AR) 2:00 Crafts or Floral Arranging and Cupcakes (AR) 3:00 Dancing with Bella (AR) 4:00 Group Crossword (LR) 5:30 Resident Happy Hour (LR) 7:00 Movie: Fargo (LR) 	 10:30 Beverage and Talk (B) 11:00 Strengthening w/Lynese (AR) 1:00 All Resident Meeting (AR) 3:00 VR: Guess the Dog Breed (AR) 3:30 Celebrate Thanksgiving w/Lance (B) 5:30 Resident Happy Hour (LR) 7:00 Movie: Get Smart (LR) 	 11:00 Strengthening w/Lynese (AR) 1:00 Bingo (AR) 3:00 Murder Mystery Dinner (DR) 5:30 Resident Happy Hour (LR) 7:00 Movie: Clue (LR) 	 10:30 Smoothies 11:00 Fit Group USA (AR) 1:00 Grocery Shopping (LO) 2:30 Group Crossword (LR) 3:30 Appetizers (DR) 4:00 Music: Duo (DR) 5:30 Resident Happy Hour (LR) 7:00 Movie: True Lies (LR) 7:00 Movie: True Lies (LR) 	 10:30 Beverage and Talk (B) 11:00 Strengthening w/Lynese (AR) 2:00 Outing: Bellevue Art Museum (LO) 5:30 Resident Happy Hour (LR) 7:00 Movie: Rush Hour (LR)
 9:00 Church Service (LSU) 10:30 Smoothies 11:00 Exercise w/Delphy (AC) 2:00 Outing: Scenic Drive (LO) 3:00 Board Games or Puzzles (AR) 5:30 Resident Happy Hour (LR) 7:00 Movie: Martha (LR) 	 10:30 Smoothies (C) 11:00 Aerobic Chair Exercise w/Fit Group USA (AC) 1:30 Paint and Sip with Georgina (AR) 3:00 Sing Along with Cameron (AR) 5:30 Resident Happy Hour (LR) 7:00 Movie: Unhinged (LR) 	 10:30 Smoothies 11:00 Strengthening w/Lynese (AR) 2:00 Crafts or Floral Arranging and Cupcakes (AR) 4:00 Group Crossword (LR) 5:30 Resident Happy Hour (LR) 7:00 Movie: Lou (LR) 	 10:30 Beverage and Talk (B) 11:00 Strengthening w/Lynese (AR) 1:00 Food for Thought (DR) 3:00 VR: Wildlife World Wide (AR) 5:30 Resident Happy Hour (LR) 7:00 Movie: Spenser Confidential (LR) 	11:00 Strengthening	 10:30 Smoothies 11:00 Fit Group USA (AR) 1:00 Grocery Shopping (LO) 2:30 Group Crossword (LR) 3:30 Appetizers (DR) 4:00 Music: Michael Good (DR) 5:30 Resident Happy Hour (LR) 7:00 Movie: Don't Look Up (LR) 	 10:30 Beverage and Talk (B) 11:00 Strengthening w/Lynese (AR) 2:00 Bellevue Mall Christmas Shopping (LO) 5:30 Resident Happy Hour (LR) 7:00 Movie: The Little Things (LR)