

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<p>Quote of the Month "It looked like the world was covered in a cobbler crust of brown sugar and cinnamon." - Sarah Addison Allen</p>	
<p>7:30 Breakfast (DR) 9:30 Coffee and News (LR) 10:00 Sunday Stretches (LR) 10:30 BINGO (LR) 11:30 Lunch (DR) 12:00 Dallas Cowboys on TV (LR) 2:00 Cowboys Tailgate Party (LR) 3:30 Hymns & Church on TV (LR) 4:30 Dinner (DR) 6:00 Mocktail Hour (DR)</p>	<p>7:30 Breakfast (DR) 9:30 Coffee and News (LR) 9:45 Exercise Group: Cardio (LR) 10:15 Trivia Group: Finishing Lines Challenge 10:30 Gametime: Domino's or Mexican Train 11:30 Lunch (DR) 1:00 OUTING: Nothing Bundt Cakes 2:30 Joyful Memories - Holiday Celebrations 2:30 Communion Service (CLR) 3:00 Bible Study & Hymn Singing with Pastor 4:30 Dinner 6:00 Puzzles (LR)</p>	<p>7:30 Breakfast (DR) 9:30 Daily News (FP) 9:45 Exercise Group: Strength (LR) 10:15 Meditation with Neha (LR) 10:30 National Doughnut Day: Donuts and Coffee (DR) 11:00 OUTING: Steak N Shake 11:30 Lunch (DR) 1:00 -2:00 Election Day Voting at The Grove 2:00 BINGO - (LR) 3:00 Diamond Dots (LR) 4:30 Dinner (DR) 6:00 Evening Trivia (LR)</p>	<p>7:30 Breakfast (DR) 9:30 Coffee and News (LR) 9:45 Exercise Group: Balance (LR) 10:15 Chat Pack 10:30 WU Sheree's Art Enthusiasts: 11:30 Lunch (DR) 12:30 Bridge Group (CLR) 2:00 Music with Dave (MC) 2:00 Themed Movie, Popcorn & Drinks (LR) 2:00 Calendar Building Creations (LR) 3:15 Bulletin Board Photos (LR) 4:30 Dinner (DR) 6:00 Evening Movie (LR)</p>	<p>7:30 Breakfast (DR) 9:30 Coffee and News (LR) 9:45 Exercise: Flexibility (LR) 10:15 WU Culture and Traditions of Native American Heritage: Wichita Tribe (LR) 10:30 WU Card Making Club - 11:30 Lunch 2:00 WU Book Club w/ Sheree (LR) 3:15 Entertainment & Happy Hour with Johnny 4:30 Dinner (DR) 6:00 Mexican Train (LR)</p>	<p>7:30 Breakfast (DR) 9:30 Coffee and News (LR) 10:00 Bingo (LR) 10:30 Did you Know? Young Presidents 11:30 Lunch (DR) 2:30 WU Colorful Crowd with Julie (LR) 3:30 Brain Challenging Puzzles 4:30 Dinner (DR) 6:00 Late night Trivia with Tina</p>	<p>7:30 Breakfast (DR) 9:30 Coffee and News (LR) 10:00 Bingo (LR) 11:30 Lunch (DR) 1:30 Corn Hole Toss (LR) 2:30 Coloring Corner (LR) 3:00 Fall Trivia (LR) 4:30 Dinner (DR) 6:00 Movie Night (LR)</p>
<p>7:30 Breakfast (DR) 9:30 Coffee and News (LR) 10:00 Sunday Stretches (LR) 10:30 BINGO (LR) 11:30 Lunch (DR) 2:00 Thanksgiving Decorations with Kelly (LR) 2:00 Games with Senior Smiles (L) 3:25 Dallas Cowboys on TV (LR) 4:30 Dinner (DR) 6:00 Dallas Cowboys snacks (LR)</p>	<p>7:30 Breakfast (DR) 9:30 Veterans Day Celebration with Leah from Accent Care (LR) 10:30 Music Therapy with Luisa (L) 11:30 Lunch (DR) 2:00 Joyful Memories - Memorable Birthdays 3:00 Bible Study & Hymn Singing with Pastor Bill (DR) 6:00 Jazz Music (LR)</p>	<p>7:30 Breakfast (DR) 9:30 Coffee and News (LR) 9:45 Exercise Group: Strength (LR) 10:15 Meditation with Neha (LR) 10:30 WU Sheree's Blankets of Love 11:30 Lunch (DR) 1:30 New Resident Let Me Get to Know You 2:00 BINGO (LR) 3:30 Happy Hour & Entertainment 4:30 Dinner (DR) 6:00 Evening Trivia (LR)</p>	<p>7:30 Breakfast (DR) 9:30 Coffee and News (LR) 9:45 Exercise Group: Balance (LR) 10:15 WU Creative Crafts with Sandy (LR) 11:30 Lunch (DR) 12:30 Bridge Group (CLR) 2:00 Themed Movie, Popcorn & Drinks 2:00 Calendar Building Creations (LR) 3:15 Bulletin Board Photos (LR) 4:30 Dinner (DR) 6:00 Evening Movie (LR)</p>	<p>7:30 Breakfast (DR) 9:30 Coffee and News (LR) 9:45 Exercise: Flexibility (LR) 10:00 WU Culture and Traditions of Native American Heritage: Tawakoni Tribe (LR) 10:30 WU Culinary Club 11:30 Lunch 2:00 WU Book Club w/ Sheree (LR) 3:15 Happy Hour 4:30 Dinner 6:00 Ring Toss (LR)</p>	<p>7:30 Breakfast (DR) 9:00 Music with Daisy (LR) 9:30 Coffee and News (LR) 10:00 Bingo (LR) 11:30 Lunch (DR) 1:30 Mens Club: Lets Talk Baseball (LR) 2:30 Hearing & Total Care Visit (LR) 2:30 Travel Information Session: Italy (LR) 3:30 Brain Challenging Puzzles (LR) 4:30 Dinner (DR) 6:00 Late night Trivia with Tina</p>	<p>7:30 Breakfast (DR) 9:30 Coffee and News (LR) 10:00 Bingo (LR) 11:30 Lunch (DR) 1:30 Corn Hole Toss (LR) 2:30 Coloring Corner (LR) 3:00 Fall Trivia (LR) 4:30 Dinner (DR) 6:00 Movie Night (LR)</p>
<p>7:30 Breakfast (DR) 9:30 Coffee and News (LR) 10:00 Sunday Stretches (LR) 10:30 BINGO (LR) 11:30 Lunch (DR) 1:30 Hymn Singing and Church Service (LR) 3:30 Sheree Walking Club(DR) 4:30 Dinner (DR) 6:00 Mocktail Hour (DR)</p>	<p>7:30 Breakfast (DR) 9:30 Coffee and News (LR) 9:45 Exercise Group / Cardio (LR) 10:15 Trivia Group - Finishing Words Challenge 10:30 Gametime: UNO Cards 11:30 Lunch (DR) 1:00 Munchy Monday: The Peach Cobbler Factory Outing 1:30 Chair Zumba 2:00 Joyful Memories - S 3:00 Bible Study & Hymn Singing with Pastor Bill (DR) 4:30 Dinner (DR) 6:00 Puzzles (LR)</p>	<p>7:30 Breakfast (DR) 9:30 Coffee and News (LR) 9:45 Exercise Group: Strength (LR) 10:15 Meditation with Neha (LR) 10:30 WU Culinary Club 11:30 Lunch (DR) 1:30 International Mans Day: Prominent Men From History 2:00 BINGO - LR 3:15 WU Songs & Smiles w/ Karl (LR) 4:30 Dinner (DR) 6:00 Evening Trivia (LR)</p>	<p>7:30 Breakfast (DR) 9:30 Coffee and News (LR) 9:45 Exercise Group: Balance (LR) 10:15 10:30 WU Sheree's Art Enthusiasts: 11:30 Lunch (DR) 2:00 Music with Krystal (MC) 2:00 Themed Movie, Popcorn & Drinks (LR) 2:00 Calendar Building Creations (LR) 3:15 Bulletin Board Photos (LR) 4:30 Dinner (DR) 6:00 Evening Movie (LR)</p>	<p>7:30 Breakfast (DR) 9:30 Coffee and News (LR) 9:45 Exercise: Flexibility (LR) 10:15 National Stuffing Day: Creates your own Thanksgiving Stuffing (LR) 10:30 WU Scrapbooking - 11:30 Lunch 2:00 WU Book Club w/ Sheree (LR) 3:15 Entertainment & Happy Hour with Trixie (DR) 4:30 Dinner (DR) 6:00 Mexican Train (LR)</p>	<p>7:30 Breakfast (DR) 9:30 Coffee and News (LR) 10:00 Bingo (LR) 11:30 Lunch (DR) 2:00 Coloring Corner (LR) 3:30 Brain Challenging Puzzles 4:30 Dinner (DR) 6:00 Oldies but Goodies Music (LR)</p>	<p>7:30 Breakfast (DR) 9:30 Coffee and News (LR) 10:00 Bingo (LR) 11:30 Lunch (DR) 1:30 Corn Hole Toss (LR) 2:30 Coloring Corner (LR) 3:00 Fall Trivia (LR) 4:30 Dinner (DR) 6:00 Movie Night (LR)</p>
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NOVEMBER 2024

Assisted Living



PARKVIEW
IN FRISCO
A WATERMARK RETIREMENT COMMUNITYSM

ACTIVITY LOCATOR KEY

DR - Dining Room
LR - Living Room
FP - Fireplace
CLR- Community Life
MC - Memory Care

Friendly Reminder:
Schedule changes may occur; changes will be posted on the daily.



WATERMARK
RETIREMENT COMMUNITIES[®]