

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>Medical Transportation Appointment Request must be turned in one day prior by 1pm. Tuesday and Thursday are only for doctors appointment within a 10 mile radius. Please note: only one appointment per day per resident on a first come first serve basis</b></p>		<p><b>November Birthdays</b>  <b>Ron Adamo 11/10</b>  <b>Kathy Blackburn 11/21</b>  <b>Brenda Budarf 11/10</b>  <b>Lucy Cox 11/09</b>  <b>Doug Goode 11/14</b>  <b>Anette Hollis 11/27</b></p>	<p><b>November Birthdays Continued;</b>  <b>Ruby Matthew 11/25</b>  <b>Donna McHaney 11/28</b>  <b>George Potter 11/02</b>  <b>Judy Potter 11/18</b>  <b>Dorothy Spenser 11/03</b>  <b>Jack Straus 11/11</b>  <b>Somi Weragoda 11/07</b></p>		<p>9:00 Head to Toe Swedish Exercise (AS)  10:00 Catholic Rosary (MP)  10:30 Catholic Communion (MP)  11:00 National Sports Shirt Day: Favorite Sports Team Showcase (BL)  1:00 Crazy Rummy (L)  1:00/2:00/3:00 WU Live your Best Life (G)  4:00 Signature Cocktail Hour (BL)  6:30 Chicken Foot (G)  7:00 Mexican Train (MP)</p>	<p>10:00 Charity Stitch &amp; Chat (across from 5212)  10:00 WU Talk about the Lungs (BL)  10:30 Suad Sells (BL)  11:00 Dallas TV Show: Who Shot JR? (BL)  <b>12:30 Day of the Dead Canalside Celebration Outing in Los Colinas</b>  1:30 Bingo (MP)  2:00/7:00 Movie: Something Gotta Give (TH)  3:00 Diamond Dots (BL)  6:30 Chicken Foot (G)</p>
<p>10:15 Church Shuttle to Stonebriar Community Church and St Francis of Assisi Catholic Church Outing  11:00-2:00 Sunday Brunch  11:00 Bold Grace Fellowship (TH)  2:00 Billiards Club (near 5110)  2:30 Parkview Church Service (TH)  6:30 Sunday Movie: Steel Magnolias (TH)</p>	<p>9:00 Head to Toe Swedish Exercise (AS)  <b>10:00 Grocery Shopping</b>  10:00 WU Kidney Disease Talk (BL)  11:00 WU Brain Teasers (G)  1:00 Chair Zumba (AS)  <b>1:00 Munchy Monday: Nothing Bundt Cake Outing</b>  1:30 Bingo (MP)  2:00 Intercessory Community Prayer (across from 5212)  3:00 New Resident Orientation (TH)  6:30 Pokeno (G)</p>	<p><b>Election Day</b>  9:00 Head to Toe Swedish Exercise (AS)  9:00 Synergy Vitals Checks (BL)  <b>9:30 Election Voting at The Grove Shuttle</b>  10:30 Parkview Book Club: The Three Mothers (L)  1:00 Crazy Rummy (G)  2:30 National Donut Day: Donuts and Drinks (BL)  6:30 Evening Movie: Sleepless in Seattle (TH)</p>	<p>10:00 Upper Limbs Exercise (AS)  <b>10:00 Grocery Shopping</b>  11:00 History of the World with Rabbi Wolk (TH)  1:00 Pokeno (Next to 5212)  <b>1:30 ROMEO: DogHaus Outing</b>  2:00 Community Life Meeting (BL)  3:00 National Animal Shelter Week: DIY Adopt Me Bandannas (AB)  4:00 Wine Down Wednesday (BL)  6:30 Poker (G)</p>	<p>9:00 Head to Toe Swedish Exercise (AS)  10:30 WU Bible Study (MP)  11:00 WU Culture and Traditions of Native American Heritage: Wichita Tribe (BL)  1:30 Bingo (MP)  2:00 Accent Care: Diabetes Talk (BL)  2:30 Hymn Singing (next to 4111)  3:00 International Stout Day: Beer and Food Pairing (BL)  3:30 Introduction to Virtual Reality Glasses (BL)  6:30 Pokeno (G)</p>	<p>9:00 Head to Toe Swedish Exercise (AS)  10:00 Catholic Rosary (MP)  10:00 Did you know? Young Presidents Day (BL)  10:30 Catholic Communion (MP)  <b>11:30 Mystery Lunch Outing</b>  1:00 Crazy Rummy (L)  1:00/2:00/3:00 WU Live your Best Life (G)  4:00 Signature Cocktail Hour (BL)  6:30 Chicken Foot (G)  7:00 Mexican Train (MP)</p>	<p>10:00 Charity Stitch &amp; Chat (across from 5212)  10:00 WU Talk about the Heart (BL)  <b>11:30 Frisco Farmers Market Outing</b>  1:30 Bingo (MP)  1:30 Valerie's Card Making Creations (AB)  2:00 French Berets: French Influence on Louisiana (BL)  2:00/7:00 Movie: A Star is Born (TH)  3:00 Diamond Dots (BL)  6:30 Chicken Foot (G)</p>
<p>10:15 Church Shuttle to Stonebriar Community Church and St Francis of Assisi Catholic Church Outing  11:00-2:00 Sunday Brunch  11:00 Bold Grace Fellowship (TH)  2:00 Billiards Club (near 5110)  2:30 Parkview Church Service (TH)  6:30 Sunday Movie: Saving Mr.Banks (TH)</p>	<p><b>Veterans Day</b>  9:00 Head to Toe Swedish Exercise (AS)  <b>10:00 Memorial High School Veterans Day Celebration and Brunch</b>  10:00 WU Brain Disease Talk (BL)  10:30 Veterans Day Celebration with Accent Care (TH)  11:00 WU Brain Teasers (G)  1:00 Chair Zumba (AS)  <b>1:00 Munchy Monday: Arwa Yemeni Coffee Shop Outing</b>  1:30 Bingo (MP)  2:00 Intercessory Community Prayer (across from 5212)  6:30 Pokeno (G)</p>	<p>9:00 Head to Toe Swedish Exercise (AS)  9:00 Synergy Vitals Checks (BL)  10:30 Parkview Book Club: The Three Mothers (L)  11:00 Reading Chicken Soup for the Soul (BL)  1:00 Crazy Rummy (G)  <b>2:15 Happy Hour with Krystal Rodriguez (DR)</b>  6:30 Evening Movie: The Sting (TH)</p>	<p>10:00 Stretching Exercise (AS)  <b>10:00 Shopping/Nail Salon Outing</b>  1:00 Pokeno (Next to 5212)  1:00 Legacy Implant and Oral Care: Good Oral Health and Impact of Medical Health Talk (BL)  1:30 WU Bob Razz Painting Class (AB)  2:00 WU Music and Memories (TH)  3:00 National Indian Pudding Day: America's Oldest Dessert (BL)  4:00 Wine Down Wednesday (BL)  6:30 Poker (G)</p>	<p>9:00 Head to Toe Swedish Exercise (AS)  10:30 WU Tech Class: Social Media(BL)  11:00 WU Culture and Traditions of Native American Heritage: Tawakoni Tribe (BL)  10:30 WU Bible Study (MP)  1:00 History Buffs: Origin and Purpose of Veterans Day (L)  1:30 Bingo (MP)  3:30 Background Immersion in Virtual Reality (BL)  6:30 Pokeno (G)</p>	<p>9:00 Head to Toe Swedish Exercise (AS)  10:00 Catholic Rosary (MP)  10:30 Catholic Communion (MP)  1:00 Crazy Rummy (L)  1:00/2:00/3:00 WU Live your Best Life (G)  1:30 National Baklava Day: Baklava Tasting (BL)  4:00 Signature Cocktail Hour (BL)  6:30 Chicken Foot (G)  7:00 Mexican Train (MP)</p>	<p>10:00 Charity Stitch &amp; Chat (across from 5212)  10:00 WU Talk about the Kidneys (BL)  10:30 Julie's Abstract Art (AB)  <b>11:00 Veterans Day Supercars Show at the PGA Frisco Outing</b>  1:30 Bingo (MP)  1:30 National Button Day: Button Arts and Crafts (AB)  2:00 Piazo Musical Performance: Independence High School (DR)  2:00/7:00 Movie: Save The Last Dance (TH)  3:00 Diamond Dots (BL)  6:30 Chicken Foot (G)</p>
<p>10:15 Church Shuttle to Stonebriar Community Church and St Francis of Assisi Catholic Church Outing  11:00-2:00 Sunday Brunch  11:00 Bold Grace Fellowship (TH)  2:00 Billiards Club (near 5110)  2:30 Parkview Church Service (TH)  6:30 Sunday Movie: A Small Circle of Friends (TH)</p>	<p>9:00 Head to Toe Swedish Exercise (AS)  <b>10:00 Grocery Shopping</b>  10:00 WU Heart Disease Talk (BL)  11:00 WU Brain Teasers (G)  1:00 Chair Zumba (AS)  <b>1:00 Munchy Monday: The Peach Cobbler Factory Outing</b>  1:30 Bingo (MP)  2:00 Intercessory Community Prayer (across from 5212)  6:30 Pokeno (G)</p>	<p>9:00 Head to Toe Swedish Exercise (AS)  9:30 Synergy Vitals Checks (BL)  10:30 Parkview Book Club: The Three Mothers (L)  1:00 Crazy Rummy (G)  1:00 International Men's Day: Prominent Men from History (BL)  2:30 Apple Cider Bar (BL)  6:30 Evening Movie: The Sand Pebbles (TH)</p>	<p>10:00 National Absurdity Day  <b>12:00 Popstroke Mini-Golf and Eatery Outing</b>  1:00 Pokeno (Next to 5212)  1:30 WU Taste of the Holy Lands (1208)  2:00 Opera Club (TH)  2:00 Encompass Health Talk: Living with Lung Disease (BL)  2:30 Jewelry Making (AB)  4:00 Wine Down Wednesday (BL)  6:30 Poker (G)</p>	<p>9:00 Head to Toe Swedish Exercise (AS)  10:30 WU Bible Study (MP)  11:00 WU Culture and Traditions of Native American Heritage: Kiikaapoi Tribe (BL)  1:30 Bingo (MP)  1:30 Leslie's Watercolor Art with Accent (AB)  1:30 National Stuffing Day: Create your own Stuffing (BL)  2:30 Hymn Singing (next to 4111)  3:00 Mad Hatters Book Club: The Chocolate Chip Cookie Murder by Joanne Fluke (L)  3:30 Virtual Golf (BL)  <b>5:00 Mystery Dinner Outing</b>  6:30 Pokeno (G)</p>	<p>9:00 Head to Toe Swedish Exercise (AS)  10:00 Catholic Rosary (MP)  10:30 Catholic Communion (MP)  <b>1:00 JULIETS; The Apron Kitchen and Bar Outing</b>  1:00 Crazy Rummy (L)  1:00/2:00/3:00 WU Live your Best Life (G)  4:00 Signature Cocktail Hour (BL)  6:30 Chicken Foot (G)  7:00 Mexican Train (MP)</p>	<p>10:00 Charity Stitch &amp; Chat (across from 5212)  10:00 WU Talk about the Pancreas (BL)  10:30 Julie's Abstract Art (AB)  1:30 Bingo (MP)  2:00/7:00 Movie: Top Gun Maverick (TH)  3:00 Diamond Dots (BL)  6:30 Chicken Foot (G)  <b>7:00 Happy Hour with Doc Gibbs (DR)</b></p>
<p>10:15 Church Shuttle to Stonebriar Community Church and St Francis of Assisi Catholic Church Outing  11:00-2:00 Sunday Brunch  11:00 Bold Grace Fellowship (TH)  2:00 Billiards Club (near 5110)  2:30 Parkview Church Service (TH)  6:30 Sunday Movie: Shall We Dance (TH)</p>	<p>9:00 Head to Toe Swedish Exercise (AS)  <b>10:00 Grocery Shopping</b>  10:00 WU Lung Disease Talk (BL)  11:00 WU Brain Teasers (G)  1:00 Chair Zumba (AS)  <b>1:00 Munchy Monday: Braums Outing</b>  1:00 Harris Jewelry Repair (BL)  1:30 Bingo (MP)  2:00 Intercessory Community Prayer (across from 5212)  6:30 Pokeno (G)</p>	<p>9:00 Head to Toe Swedish Exercise (AS)  9:30 Synergy Vitals Checks (BL)  10:00 Resident Ambassador Meeting (G)  10:30 Parkview Book Club: The Three Mothers (L)  1:00 Crazy Rummy (G)  1:00 The Price Is Right Gameshow (BL)  2:30 National Cake Day: Create your own Fake Cake (AB)  6:30 Evening Movie: Superman Returns (TH)</p>	<p>10:00 Arthritis Exercise (AS)  <b>10:00 Shopping/Nail Salon Outing</b>  1:00 Pokeno (Next to 5212)  1:00 National Pumpkin Pie Day: Personal Pumpkin Pie Cups (BL)  2:00 Pinochle (G)  2:30 National Tie One On Day: Thanksgiving Aprons (AB)  4:00 Wine Down Wednesday (BL)  6:30 Poker (G)</p>	<p><b>Thanksgiving</b>  9:00 Head to Toe Swedish Exercise (AS)  10:30 WU Bible Study (MP)  10:30 Thanksgiving Treats: Pie and Hot Chocolate (BL)  1:30 Crazy Rummy (G)  1:30 Bingo (MP)  3:00 Getting to Know you Social (BL)  3:30 Virtual Basketball (BL)  6:30 Pokeno (G)</p>	<p><b>8:00 Choctaw Casino Outing</b>  9:00 Head to Toe Swedish Exercise (AS)  10:00 Catholic Rosary (MP)  10:30 Catholic Communion (MP)  1:00 Crazy Rummy (L)  1:00/2:00/3:00 WU Live your Best Life (G)  4:00 Signature Cocktail Hour (BL)  6:30 Chicken Foot (G)  7:00 Mexican Train (MP)</p>	<p>10:00 Charity Stitch &amp; Chat (across from 5212)  10:00 WU Talk about the Pancreas (BL)  10:00 Notable Quote Day: Mark Twain Quotes (BL)  11:45 Rolling Through the 40's and 50's with Dean Peters (DR)  <b>1:00 In N Out Outing</b>  1:30 Bingo (MP)  1:30 Crazy Hat Day: Showoff your Crazy Hat (BL)  2:00/7:00 Movie: Sleeping with the Enemy (TH)  3:00 Diamond Dots (BL)  <b>5:00 Christmas on the Square Outing</b>  6:30 Chicken Foot (G)</p>

**NOVEMBER 2024**

**Independent Living**

**PARKVIEW**  
IN FRISCO  
A WATERMARK RETIREMENT COMMUNITY<sup>SM</sup>

**ACTIVITY LOCATOR KEY**

**AB- Art Breezeway**  
**AS- Aerobic Studio**  
**B1/4 Breezway Between Bld 1/4**  
**BL- Bistro Lounge**  
**DO- Doctor's Office(#1102)**

**DR- Dining Room**  
**FP- Fire Place**  
**G- Game Room**  
**L- Library**  
**MP- Multipurpose Room LB- Lobby**  
**P-Pool**  
**PD- Private Dining Room PT- Pool Table**  
**TH- Theater**

**WATERMARK**  
RETIREMENT COMMUNITIES<sup>®</sup>