

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
** All activities are subject to change All outings are weather permitting **					10:00am Workout With Wendy L 10:30am Snack Chat L 11:00am Flower of the Month L 1:30pm Bus Trip To: Fall Foliage Ride 1:30pm Music With Andy L 2:30pm Finish The Phrase L 3:30p Fall Pencil Art GA 4:00pm Afternoon Stretch L 6:00pm Friday Movie Night L	10:00am Morning Stretch L 11:30am Music With Andy L 3:30pm Trivia L 4:00pm Afternoon Exercise L 6:00pm Creative Coloring L
DAYLIGHT SAVINGS TIME ENDS 10:00am Aerobics With Andy L 10:30am Snack Chat L 11:00am Open Crafting & Music L 1:30pm Creative Coloring L 2:30pm Courtyard Chats CY 4:00pm Conversation Cube L 6:00pm Movie Night L	10:00am Workout With Wendy L 10:30am Snack Chat L 11:00am Pamper and Polish with Wendy 1:30pm Blackjack L 2:30pm (WU) All About Iowa L 3:30pm Mocktail Monday L 4:00pm Pre Dinner Trivia L 6:00pm Creative Coloring L	Election Day 10:00am Workout With Wendy L 10:30am Snack Chat L 11:00am Patriotic Craft Class 1:30pm Left Right Center L 2:30pm Music Therapy W/ Katie L 3:30pm Afternoon Exercise L 6:00pm Gardens Walking Club L	10:00am Exercise With Theo L 11:00am Memory Madness L 1:30pm BINGO L 2:30p (WU) All About Wisconsin L 3:30pm Afternoon Exercise L 7:00pm Movie Night L	10:00 Workout With Wendy L 10:30 Snack Chat L 11:00 BINGO L 1:30pm Friendly Visits With Wendy 1:30pm UNO L 2:30pm Ice Cream Sundaes L 3:00pm Word Games L 4:00pm Afternoon Exercise L 6:00pm Creative Coloring L	10:00am Workout With Wendy L 10:30am Snack Chat L 11:00am Memory Madness L 1:30pm Bus Trip To: Powers Market 1:30pm Creative Coloring L 2:30pm WU: History of the Pickle & Taste Testing L 3:30pm Sing Along Songs L 6:00pm Movie Night L	10:00am Youtube Chair Fitness L 10:30am Snack Chat L 11:30am Word Games L 3:00pm Trivia With Theo L 3:30pm Afternoon Stretch L 6:00pm Creative Coloring L
10:00am Youtube Chair Exercise L 10:30am Snack Chat L 1:00pm Bills vs Titans L 2:30pm Creative Coloring L 4:00pm Courtyard Chats CY 6:00pm Movie Night L	Veterans Day 10:00am Workout With Wendy L 10:30am Snack Chat L 11:00am Patriotic Sing Along 1:30pm Pine Cone Turkey Craft L 2:30pm (WU) My Trip to Boston L 2:30pm Left Right Center L 3:30pm Happy Hour L 4:00pm Veterans Day History L 6:00pm Creative Coloring L	10:00am Workout With Wendy L 10:30am Snack Chat L 11:00am Thanksgiving Coloring L 1:30pm UNO L 2:30pm Music Therapy W/ Katie L 3:30pm Creative Coloring L 6:00pm Gardens Walking Club L	10:00am Bible Study With Ann and Tony L 11:00am Exercise With Theo L 1:30pm Musical Memory Lane With Bach to Roc Music L 2:00pm BINGO L 3:00pm Crafters Corner L 4:00pm Afternoon Exercise L 7:00pm Movie Night L	10:00 Workout With Wendy L 10:30 Snack Chat L 11:00 BINGO L 1:30pm Friendly Visits W/ Wendy 1:30pm Left Right Center L 2:30pm Pie Tasting L 3:00pm Blackjack L 4:00pm Creative Coloring L 6:00pm Dot Art L	10:00am Workout With Wendy L 10:30am Snack Chat L 11:00am Penny Toss Game L 11:30 Thankful Conversation L 12:00pm Pizza Luncheon DR 1:30pm Rapid Response Game L 2:30pm Music & Mingle W/ Andy L 3:30pm Did You Know L 4:00pm Dot Art L 6:00pm Friday Movie Night L	10:00am Morning Stretch L 11:30am Music With Andy L 3:30pm Trivia L 4:00pm Afternoon Exercise L 6:00pm Creative Coloring L
10:00am Aerobics With Andy L 10:30am Snack Chat L 11:00am Open Crafting & Music L 1:30pm Creative Coloring L 2:30pm Courtyard Chats CY 4:00pm Conversation Cube L 6:00pm Movie Night L	10:00am Workout With Wendy L 10:30am Snack Chat L 11:00am Teddy Bear Project 1:30pm Blackjack L 2:30pm (WU) The 13 Colonies Pt. 1 3:30pm Milkshake Monday! L 4:00pm Afternoon Stretch L 6:00pm Creative Coloring L	10:00am Workout With Wendy L 10:30am Snack Chat L 11:00am Thanksgiving Bingo 1:30pm Trivia Tuesday L 2:30pm Music Therapy W/ Katie L 3:30pm Creative Coloring L 6:00pm Gardens Walking Club L	10:00am Exercise With Theo L 11:00am Whiteboard Games L 1:30pm BINGO L 2:30pm (WU) Upstate NY Wildlife: Salmon L 3:30pm Left Right Center L 7:00pm Movie Night L	10:00 Workout With Wendy L 10:30 Snack Chat L 11:00 BINGO L 1:30pm Friendly Visits W/ Wendy 1:30pm Whiteboard Games L 2:30pm Cookie Tasting L 3:30pm Afternoon Exercise L 6:00pm Creative Coloring L	10:00am Workout With Wendy L 10:30am Snack Chat L 11:00am Popcorn and Lemonade L 12:00pm Sub Luncheon DR 1:30pm Music With Andy L 2:00pm Catholic Mass GVC 2:30p Fall Themed Word Games L 3:30pm Bean Bag Bocce Game L 6:00pm Friday Movie Night L	10:00am Workout With Wendy L 10:30am Snack Chat L 10:45am Hymn Sing L 11:15am Word Games L 3:00pm Trivia With Theo L 3:30pm Afternoon Stretch L 6:00pm Creative Coloring L
10:00am Youtube Chair Exercise L 10:30am Snack Chat L 1:00pm Bills vs Titans L 2:30pm Creative Coloring L 4:00pm Courtyard Chats CY 6:00pm Movie Night L	10:00am Workout With Wendy L 10:30am Snack Chat L 11:00am Thanksgiving Word Games L 1:30pm Whiteboard Games L 2:30pm (WU) The 13 Colonies Pt. 2 3:30pm Root Beer Floats L 4:00pm Did You Know? L 6:00pm Creative Coloring L	10:00am Workout With Wendy L 10:30am Snack Chat L 11:00am Thanksgiving Craft Time 1:30pm Blackjack L 2:30pm Music Therapy W/ Katie L 3:30pm Dot Art and Music L 6:00pm Gardens Walking Club L	10:00am Bible Study With Ann and Tony L 11:00am Exercise With Theo L 1:30pm Musical Memory Lane With Bach to Roc Music L 2:00pm Bingo L 3:00pm Candy Tasting L 3:30pm Whiteboard Games L 7:00pm Movie Night L	THANKSGIVING DAY 9:00am Macys Thanksgiving Day Parade L 10:00am Exercise With Theo L 11:00am (WU) Thanksgiving Traditions and History L 1:30pm November Trivia L 2:30pm Thanksgiving Coloring 3:30pm Afternoon Stretch L 6:00pm Thanksgiving Movie L	10:00am Workout With Wendy L 10:30am Snack Chat L 11:00am Thankful Conversation L 11:30 Balloon Toss L 1:30pm Bus Trip To: Eastman Gingerbread House Museum 1:30pm Dot Art L 2:30pm Finish the Phrase L 3:30pm Afternoon Stretch L	10:00am Morning Stretch L 11:30am Music With Andy L 3:30pm Trivia L 4:00pm Afternoon Exercise L 6:00pm Creative Coloring L

NOVEMBER 2024

The Gardens



LEGACY
AT GRANDE VIE
A WATERMARK RETIREMENT COMMUNITYSM

ACTIVITY LOCATOR KEY

GA- Grande Vie Activities Area
WU- Watermark University
CY- Courtyard
SR- Sensory Room
DR- Dining Room
L- Lounge
GVC- Grande Vie Chapel

With any questions please reach out to:

Emily Whitney
Community Life Director
(585) 381-0680
Ext. 1116
ewhitney@watermarkcommunities.com

Happy November Birthdays To:
16th Barbara K.