

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Birthdays</b> Parker Moreland 11/5 Dolores Vecchiarelli 11/5 Ray Fontaine 11/6 Bob Murphy 11/10 Michele Castagna 11/11 Carol Fontaine 11/13 Cathy Rencsko 11/13	<b>Birthdays Cont.</b> Jane Belsky 11/16 Brain Ashfield 11/16 Ruth Mazin 11/17 Carolyn Olofsson 11/17 Particia Erlich 11/23 Bev Savulak 11/25			<b>*RED REQUIRES YOU TO SIGN UP</b>  <b>*BOLD IS A WATERMARK UNIVERSITY PROGRAM</b>  <b>*PROGRAMS SUBJECT TO CHANGE</b>	10:00 Ukulele with Susan Peak (AS) 11:00 Aqua Aerobics (CL) 11:00 Hot Topics (A) 1:00 Stop N Shop (ML)* 1:00 Opera: Otello with George Conner (A) 2:00 Bereavement Group (ACR) 3:15 Team Trivia Happy Hour (A) 6:30 Evening Movie (Cinema)	9:00 Seated Yoga w/Sharon O'Brien (CL) 11:00 Open Billiards Practice (B) 1:00 Baseball Hour with Mike (MR) 1:00 Majong (AS) 3:00 Rummikub (CR) 4:30 Sacred Heart PM Mass (ML) 6:30 Evening Movie (Cinema)
8:30 Sacred Heart Mass (ML) 10:30 St. Thomas Mass (ML) 11:30 Plated Brunch (D) 3:00 Blue Yodels (A) 6:30 Sunday Classic Evening Movie (C)	9:30 Tai Chi (A) 10:30 Crossword Club (AS) 11:15 Bible Study (MR) 1:00 Stitch This! (MR) 1:00 Social Bridge (CR) 2:00 Poetry Reading (L) 2:15 Pictionary (A) 3:00 Lutheran Communion (A) 6:30 Evening Movie (Cinema)	9:00 Fitness & Cardio (CL) 10:00 Seated Strength & Motion (CL) 10:00 Trip to the Polls (ML) 10:30 Technology Troubleshooting (L) 11:00 Open Swim (CL) 11:00 Wii Bowling (MR) 1:00 Women's Billiard Practice (B) 1:00 Poker (CR) 2:00 25 Cent Bingo (A) 3:00 Fitness Fun w/Nicolette (CL) 6:30 Evening Movie (Cinema)	9:00 Chair Yoga with Alisa (CL) 10:00 Scattergories (MR) 11:00 Ted Talks (A) 1:00 Writer's Workshop (MR) 1:00 Shop Rite/Library (ML) 2:30 Game On! Cards with Theresa (CR) 3:00 Bean Bag (MR) 6:30 Evening Movie (Cinema)	9:00 Fitness & Cardio (CL) 10:00 Seated Strength & Motion (CL) 11:00 Wii Bowling (MR) 11:00 Current Events with Rabbi Polokoff (A) 1:00 Social Bridge (CR) 1:00 Billiard Lessons w/Irwin (B) 2:00 New Resident Meet & Greet (WL) 2:00 Left, Right, Center (MR) 6:30 Evening Movie (Cinema)	10:00 Ukulele with Susan Peak (AS) 11:00 Stop N Shop (ML) 11:00 Aqua Aerobics (CL) 11:00 Hot Topics (A) 1:00 Opera: The Bartered Bride with George Conner (A) 1:30 Pottery Painting (AS) 2:00 Bereavement Group (ACR) 3:15 Team Trivia Happy Hour (A) 6:30 Evening Movie (Cinema)	9:00 Seated Yoga (CL) *Cancelled 11:00 Open Billiards Practice (B) 1:00 Parker's YouTube Favorites Flash Mobs (MR) 1:00 Majong (AS) 3:00 Rummikub (CR) 4:30 Sacred Heart PM Mass (ML) 6:30 Evening Movie (Cinema)
8:30 Sacred Heart Mass (ML) 10:30 St. Thomas Mass (ML) 11:30 Plated Brunch (D) 3:00 Chris Coogan (A) 6:30 Sunday Classic Evening Movie (C)	9:30 Tai Chi (A) 10:30 Crossword Club (AS) 11:15 Bible Study (MR) 1:00 Stitch This! (MR) 1:00 Social Bridge (CR) 1:30 Glam Light Craft w/Theresa (AS) 2:00 Veteran's Day Service (A) 3:30 Catholic Liturgy & Holy Communion (A) 6:30 Ice Cream with Boy Scouts (D) 6:30 Evening Movie (Cinema)	9:00 Fitness & Cardio (CL) 10:00 Seated Strength & Motion (CL) 10:30 Technology Troubleshooting (L) 11:00 Open Swim (CL) 11:00 Wii Bowling (MR) 1:00 Women's Billiard Practice (B) 1:00 Poker (CR) 2:00 Lecture: Mark Albertson: (A) 3:00 Fitness Fun w/Nicolette (CL) 6:30 Evening Movie (Cinema)	9:00 Chair Yoga with Alisa (CL) 10:00 Scattergories (MR) 11:00 Town Hall (A) 1:00 Lia Levitt (A) 1:00 Writer's Workshop (MR) 1:00 Shop Rite/Library (ML) 2:30 Game On! Cards with Theresa (CR) 3:00 Bean Bag (MR) 6:30 Evening Movie (Cinema)	9:00 Fitness & Cardio (CL) 10:00 Seated Strength & Motion (CL) 11:00 Wii Bowling (MR) 11:00 Play Reading (A) 1:00 Billiard Lessons w/Irwin (B) 1:00 Social Bridge (CR) 1:00 Women's Billiard Practice (B) 2:00 Rick & Dawn: Songs of the Seasons (MR) 6:30 Evening Movie (Cinema)	10:00 Ukulele with Susan Peak (AS) 11:00 Stop N Shop (ML) 11:00 Aqua Aerobics (CL) 11:00 Hot Topics with Parker (A) 1:00 Opera: La Clemenzo di Tito with George Conner (A) 2:00 Bereavement Group (ACR) 3:15 Team Trivia Happy Hour (A) 6:30 Evening Movie (Cinema)	9:00 Seated Yoga w/Sharon O'Brien (CL) 11:00 Open Billiards Practice (B) 1:00 Parker's YouTube Favorites Flash Mobs (MR) 1:00 Majong (AS) 3:00 Rummikub (CR) 4:30 Sacred Heart PM Mass (ML) 6:30 Evening Movie (Cinema)
8:30 Sacred Heart Mass (ML) 10:30 St. Thomas Mass (ML) 11:30 Plated Brunch (D) 3:00 Pierce Campbell (A) 6:30 Sunday Classic Evening Movie (C)	9:30 Tai Chi (A) 10:30 Crossword Club (AS) 11:15 Bible Study (MR) 1:00 Stitch This! (MR) 1:00 Social Bridge (CR) 1:30 Beaded Bracelet w/Theresa (AS) 2:00 Poetry Reading (L) 2:15 Pictionary (A) 6:30 Evening Movie (Cinema)	9:00 Fitness & Cardio (CL) 10:00 Seated Strength & Motion (CL) 10:30 Technology Troubleshooting (L) 11:00 Open Swim (CL) 11:00 Wii Bowling (MR) 11:00 Mattatuck Museum (ML) 1:00 Women's Billiard Practice (B) 1:00 Poker (CR) 2:00 Craft w/Jordyn (AS) 3:00 Fitness Fun w/Nicolette (CL) 6:30 Evening Movie (Cinema)	9:00 Chair Yoga with Alisa (CL) 10:00 Scattergories (MR) 11:00 Ted Talks (A) 1:00 Writer's Workshop (MR) 1:00 Shop Rite/Library (ML) 2:30 Game On! Cards with Meg (CR) 3:00 Bean Bag (MR) 4:45 Supper Club (ML) 6:30 Evening Movie (Cinema)	9:00 Fitness & Cardio (CL) 10:00 Seated Strength & Motion (CL) 11:00 Wii Bowling (MR) 11:00 Play Reading (A) 1:00 Billiard Lessons w/Irwin (B) 1:00 Social Bridge (CR) 1:00 Women's Billiard Practice (B) 2:00 Left, Right, Center (MR) 3:00 Wine Tasting (WL) 6:30 Evening Movie (Cinema)	10:00 Ukulele with Susan Peak (AS) 11:00 Stop N Shop (ML) 11:00 Aqua Aerobics (CL) 11:00 Hot Topics (A) 1:00 Opera: Don Pasquale with George Conner (A) 2:00 Bereavement Group (ACR) 3:15 Team Trivia Happy Hour (A) 6:30 Evening Movie (Cinema)	9:00 Seated Yoga w/Sharon O'Brien (CL) 11:00 Open Billiards Practice (B) 11:00 Guardian Farms (ML) 1:00 Parker's YouTube Favorites Flash Mobs (MR) 1:00 Majong (AS) 3:00 Rummikub (CR) 4:30 Sacred Heart PM Mass (ML) 6:30 Evening Movie (Cinema)
8:30 Sacred Heart Mass (ML) 10:30 St. Thomas Mass (ML) 11:30 Plated Brunch (D) 3:00 Dino (A) 6:30 Sunday Classic Evening Movie (C)	9:30 Tai Chi (A) 10:30 Crossword Club (AS) 11:15 Bible Study (MR) 1:00 Stitch This! 1:00 Social Bridge (CR) 2:00 Jewish Study with Chaplain Ron (A) 2:15 Pictionary (MR)* 6:30 Evening Movie (Cinema)	9:00 Fitness & Cardio (CL) 10:00 Seated Strength & Motion (CL) 10:30 Technology Troubleshooting (L) 11:00 Open Swim (CL) 11:00 Shop Rite/Library (ML) 11:00 Wii Bowling (MR) 1:00 Women's Billiard Practice (B) 1:00 Poker (CR) 2:00 Bill's Feel Good Music (A) 3:00 Fitness Fun w/Nicolette (CL) 6:30 Evening Movie (Cinema)	9:00 Chair Yoga w/Sharon O'Brien (CL) 10:00 Scattergories (MR) 11:00 Ted Talks (A) 1:00 Writer's Workshop (MR) 2:30 Game On! Card Games (CR) 3:00 Spousal Caregiver Support Group (ACR) 3:00 Bean Bag (MR) 6:30 Evening Movie (Cinema)	<b>Happy Thanksgiving</b> 9:00 Fitness & Cardio (CL) 9:00 Macy's Thanksgiving Day Parade (C) 11:00 Wii Bowling (MR) 1:00 Social Bridge (CR) 1:00 Women's Billiard Practice (B) 2:00 Left, Right, Center (MR) 6:30 Evening Movie (Cinema)	10:00 Ukulele with Susan Peak (AS) 11:00 Stop N Shop (ML) 11:00 Aqua Aerobics (CL) 11:00 Hot Topics (A) 2:00 Bereavement Group (ACR) 3:15 Team Trivia Happy Hour (A) 6:30 Evening Movie (Cinema)	9:00 Seated Yoga w/Sharon O'Brien (CL) 11:00 Open Billiards Practice (B) 1:00 Parker's YouTube Favorites Flash Mobs (MR) 1:00 Majong (AS) 3:00 Rummikub (CR) 4:30 Sacred Heart PM Mass (ML) 6:30 Evening Movie (Cinema)

# NOVEMBER 2024

## Independent Living



### ACTIVITY LOCATOR KEY

- ACR - Admin. Conference Room
- AS - Art Studio
- A - Auditorium
- BR - Billiard Room
- CR - Card Room

- C - Cinema
- CL - Club (Pool/Gym)
- COM - Commons (2nd Floor)
- L - Library
- ML - Main Lobby
- MR - Meeting Room
- SC - Sports Center/Putting Green
- WL - Watermark Lounge

### Meet the Community Life Team

- Meg Maier - CL Director
- Audrey Zanzal
- Jordyn Smith
- Nicolette Duncan
- Theresa D'Ambrosio
- Tasha Jones - Driver
- Jeannette Burgos - Driver
- Peter Slifka - Driver