

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Veterans Day Service Monday November 11th 11:00am Dining Room Join us as we honor and remember those who have courageously defended our country		Happy Thanksgiving! Thursday November 28th Our talented Dining team will be serving a traditional Thanksgiving meal with all the fixings for lunch.	If you are interested in dining with a family member or loved one, reach out to Audrey from Community Life who will then let the dining team know. Reservations required Deadline is November 25th		10:00am Moving to Music w/Audrey 10:30am Finish the Common Sayings w/Audrey 11:00am Creative Corner: Autumn Tea Light Jars w/Audrey 1:30pm Up and Down the River Card Game w/Audrey 2:00pm Songs by Request w/Audrey 2:30pm Room to Room Check In's w/Audrey	10:30am All About November Fun Facts w/Sara 11:00am Volleyball w/Sara 11:30am Nature Appreciation w/Sara 1:30pm Live Music w/ Kayte Devlin
Daylight Savings Ends - Clocks Move Back One Hour 10:00am Televised Catholic Mass 10:30 Fall Bingo w/Sara 3:00pm Afternoon Movie Matinee	10:00 Morning Greet w/Theresa 10:30 POKENO! w/Theresa 1:30pm Nothing But Net w/Sara 2:30pm Patio Social w/Sara	10:00am Seated Stretch w/Sara 10:30 am Volleyball w/Sara 11:00 Thanksgiving Craft: Gobble Gobble w/ Sara 1:30pm Pick a Card Social w/Audrey 2:00pm Famous Faces Match Game w/Audrey 2:30pm 1:1 Check-Ins w/Audrey	10:30am Youtube Exercise w/ Nicolette 11:00am Piano Performance w/Gary Stabile 1:30pm Scattergories w/ Nicolette 2:30pm Bean Bag Toss w/Nicolette	10:30am Daily Chronicles & Morning Mingle w/Audrey 11:00am Seated Tai Chi w/Ann Sullo (Dining Room) 11:30am Joggin' Your Noggin' Cognitive Stimulation w/Audrey (Dining Room) 1:30pm Lets Get a Strike w/ Sara 2:30pm School Bingo w/ Sara	10:00am Moving to Music w/Audrey 10:30am Finish the Song Lyric w/Audrey 11:00am Resident Council Meeting (Dining Room) 11:30am Word Game Challenge w/Audrey (Dining Room) 1:30pm Cooking Demo: Pumpkin Pie Btes w/Audrey 2:30pm Room to Room Check In's w/Audrey	10:30am Seated Exercise w/ Nicolette 11:00am Volleyball w/Nicolette 11:30am Trivia w/Nicolette 1:30pm Afternoon Movie Matinee
10:00am Televised Catholic Mass (Channel 20) 10:30am Table Top Bowling w/Audrey 3:00pm Afternoon Movie Matinee	Veterans Day 10:00am Morning Greet w/Audrey 10:30am Famous Faces Match Game w/Audrey 11:00am Veterans Day Service (Dining Room) 11:30am Seated Stretch w/Audrey (Dining Room) 1:30pm Pet Therapy Vistis w/Gromit 2:30pm Patio Social w/ Sara	10:00am Seated Stretch w/Sara 10:30 am Nothin But Net w/Sara 11:00 Picture Match Game w/ Sara 1:30pm Balloon Volleyball Exercise w/Audrey 2:00pm Songs by Request w/Audrey 2:30pm 1:1 Check-Ins w/Audrey	10:30am Youtube Exercise w/ Nicolette 11:00am Piano Performance w/Gary Stabile 1:30pm Scattergories w/ Nicolette 2:30pm Bean Bag Toss w/Nicolette	10:30am Daily Chronicles & Morning Mingle w/Audrey 11:00am Seated Stretch w/Audrey 11:30am Joggin' Your Noggin' Cognitive Stimulation w/Audrey 1:30pm Lets Get a Strike w/ Sara 2:30pm Fall Bingo w/ Sara	10:00am Balloon Volleyball w/ Sara 10:30am Name That Tune w/ Sara 11:00am Finish the Line w/ Sara 1:30pm Famous Faces w/ Sara 2:00pm Patio Social w/ Sara	10:30am Seated Exercise w/ Nicolette 11:00am Volleyball w/Nicolette 11:30am Trivia w/Nicolette 1:30pm Live Music w/ Don Lowe
10:00am Televised Catholic Mass (Channel 20) 10:30am Shuffleboard w/Sara 3:00pm Afternoon Movie Matinee	10:00 Morning Greet w/Theresa 10:30 Retro TV Bingo w/Theresa 1:30pm Nothing But Net w/Sara 2:30pm Patio Social w/Sara	10:00am Seated Stretch w/Sara 10:30 am Balloon Volleyball w/Sara 11:00 am Craft w/ Sara 1:30pm Up and Down the River Card Game w/Audrey 2:00pm Trivia Challenge w/Audrey 2:30pm 1:1 Check-Ins w/Audrey	10:30am Youtube Exercise w/ Nicolette 11:00am Piano Performance w/Gary Stabile 1:30pm Scattergories w/ Nicolette 2:30pm Bean Bag Toss w/Nicolette	10:30am Daily Chronicles & Morning Mingle w/Audrey 11:00am Seated Tai Chi w/Ann Sullo (Dining Room) 11:30am Joggin' Your Noggin' Cognitive Stimulation w/Audrey (Dining Room) 1:30pm Lets Get a Strike w/ Sara 2:00pm Catholic Communion Service w/ Sacred Heart Church Volunteers Helen and Karen (Dining Room) 2:30pm Fall Bingo w/ Sara	10:00am Moving to Music w/Audrey 10:30am Name That Advertising Slogan w/Audrey 11:00am Creative Corner: Decorative Plates w/Audrey 1:30pm Balloon Volleyball Exercise w/Audrey 2:00pm Pick a Card Social w/Audrey 2:30pm Room to Room Check In's w/Audrey	10:30am Seated Exercise w/ Nicolette 11:00am Volleyball w/Nicolette 11:30am Trivia w/Nicolette 1:30pm Afternoon Movie Matinee
10:00am Televised Catholic Mass (Channel 20) 10:30am w/Sara 3:00pm Afternoon Movie Matinee	10:00am Meet and Greet w/ Sara 10:30 Sensory Game: Can You Guess What it is? 1:30pm Nothing But Net w/Sara 2:30pm Patio Social w/Sara	10:00am Seated Stretch w/Sara 10:30 am Nothin But Net w/Sara 11:00 am Whiteboard 1:30pm Balloon Volleyball w/Audrey 2:00pm Creative Corner: Thanksgiving Watercolors & Classical Music w/Audrey 2:45pm Tea With Z Social Hour!	10:30am Youtube Exercise w/ Nicolette 11:00am Piano Performance w/Gary Stabile 1:30pm Scattergories w/ Nicolette 2:30pm Bean Bag Toss w/Nicolette	Thanksgiving Day 10:00am Daily Chronicle and Morning Mingle w/Audrey 10:30am History of Thanksgiving w/Audrey 11:00am Gratitude Tree w/Audrey 11:30am 98th Annual Macy's Thanksgiving Day Parade Viewing 1:30pm Lets Get a Strike w/ Sara 2:30pm Gobble Gobble Bingo w/ Sara	10:00am Moving to Music w/Audrey 10:30am Finish the Common Sayings w/Audrey 11:00am Creative Corner: Painted Pine Cones 1:30pm Balloon Volleyball Exercise 2:00pm Table Top Games w/Audrey 2:30pm Room to Room Check In's w/Audrey	10:30am Seated Exercise w/ Nicolette 11:00am Volleyball w/Nicolette 11:30am Trivia w/Nicolette 1:30pm Afternoon Movie Matinee

NOVEMBER 2024
Springs


ACTIVITY LOCATOR KEY
 All activities take place in the Springs living room unless otherwise noted

Meet the Community Life Team!
 Meg Maier
 Community Life Director

 Audrey Zanzal
 Jordyn Smith
 Nicolette Duncan
 Theresa D'Ambrosio
 Sara Veillette

All programs and times are subject to change without notice