

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10:00 Communion with Lucy - B 1	10:15 Seated Aerobics - Bistro 2:30 Large Crossword Puzzle-Bistro 2	10:00 Chair Yoga-B 10:45 Dollar Tree 2:00 Decking the Halls and Holiday Music 6:00 Discovery with Donna - L 3	10:00 WU: Fall Prevention & Exercise w/ Wade -B 10:45- Weis Trip 1:30 Bingo - DR 2:45 December IQ 6:30 Gwynedd Mercy University Chorus Trip 4	10:15 Stretching & Balance - Bistro 2:00 WU: Horticulture -B 3:15 Remembering Pearl Harbor - B 5	10:15 Building Muscle with Weights-B 3:00 Happy Hour and Massages - B 6	Independent Word Games Available in the Bistro 7
10:00 Communion with Lucy - B 8	10:15 Seated Aerobics - B 2:30 Minnie Kalan-Singer - B 9	10:00 Chair Yoga-B 10:30 Byer's Choice 2:00 WU: Christmas During War - B 3:00 Calendar Building - B 10	10:15 Coordination & Agility Training - B 1:30 Bingo - DR 2:45 Name That Tune- Holiday Edition - Bistro 11	10:15 Stretching & Balance - Bistro 2:00 WU: Sinatra, The Man & The Music - B 6:00 Jingle & Mingle Holiday Party With Santa 12	10:15 Building Muscle with Weights-B 3:00 Happy Hour -B 13	10:30 Word Games with Theresa - B 2:00 Piano Performance from the Children 14
10:00 Communion with Lucy - B 2:00 WU: In The Kitchen with Kally-Cranberry Cream Cheese Dip - Bistro 15	10:15 Seated Aerobics - B 11:30 Blue Bell Inn Lunch Trip 3:15 Dominoes -B 16	10:00 Chair Yoga-B 10:30 Nail Salon Trip 1:30 Menu Planning-B 2:30 Bingo - DR 7:00 Ambler Station Singers - DR 17	10:15 Coordination & Agility Training - B 2:00 Resident Council - Bistro 2:30 BBP Store- B 3:15 Checkers - B 18	10:15 Stretching & Balance - Bistro 2:00 WU: Crafters Corner - Bistro 6:30 Holiday Lights Bus Tour 19	Ugly Sweater Day! 10:15 Building Muscle with Weights-B 1:00 X-mas Carols Sing Along with Cheryl- L 3:00 Happy Hour 20	First Day of Winter Independent Word Games Available in the Bistro 21
10:00 Communion with Lucy - B 22	10:15 Seated Aerobics - B 2:00 WU: Holidays Around the World - B 6:15 Turning Point Performance- L 23	Christmas Eve 10:15 Chair Yoga-B 1:30 Bingo - DR 2:45 "'Twas the Night Before Christmas" with Egnog - B 24	Merry Christmas Happy Hanukkah 11:30 Holiday Meal - D/R 1:30 Exercise - B 2:30 Blue Bell Place Carolers - Lobby 4:00 Light the Menorah 25	Happy Kwanzaa 10:15 Stretching & Balance - Bistro 2:00 WU: Traditions of Kwanzaa - Bistro 26	10:15 Building Muscle with Weights-B 3:00 Happy Hour & Birthday Party- B 27	10:30 Word Games with Theresa - B Independent Word Games Available in the Bistro 28
10:00 Communion with Lucy - B 29	10:15 Seated Aerobics - B 2:00 Cup O' Joe and Trivia - Bistro 30	10:15 Chair Yoga-B 1:30 Bingo - DR 2:45 New Year's Resolutions - B 6:30 New Year's Eve Party with DJ Betsy 31	Manicures every Wednesday by appointment. Sign up at the front desk	Every Thursday evening join your friends for some jigsaw puzzle therapy in the Bistro	Calendar is Subject to Change See Daily Calendar in Lobby for most accurate schedule!	

DECEMBER 2024

Traditional



ACTIVITY LOCATOR KEY

Activity Locator Key:
 L - Lobby
 DR - Dining Room
 B - 1st Floor Bistro
 P - Patio