

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|---|--|--|--|
| <ul style="list-style-type: none"> Praise Movement & Christian Hymns (MAA) Sole to Soul Walking Club Televised Worship Service (MAA) Verse of the Day & This Day in History (MAA) Brain Aerobics (MAA) Energy Burst Irresistible Bites (MAA) Meditation Yoga (MAA) Nighttime Cinema Delight Skill Up! Work-N-Play (MAA) | <ul style="list-style-type: none"> Nayas & CM Inspirational Engagement Body and Rhythm with Johnny (MAA) Joyful Movement Oldies Sing-A-Long (MAA) 10:00 Scenic Drive & Lunch (SD) Baking Club (MAA) Energy Burst Music Therapy with Madelyn (AR(F)) WU: Culinary Creations Cinema Night (MAA) | <ul style="list-style-type: none"> Brain Games Coffee and Daily Chronicles (MAA) Tai Chi Balance WU: An Eye for Art Crafty Corner (MAA) Energy Burst Flower Arranging (MAA) 2:30 Mix-N-Mingle w/ Sherry Hamilton (L(F)) Evening Coloring & Music (MAA) Happy Hour (MCAA) | <ul style="list-style-type: none"> Nayas & CM Inspirational Engagement Armchair Traveling (MAA) Beautifying Moments (MAA) Guided Meditation Strength & Balance Women's Luncheon Group 1 (PDR) Brain Boosters (MAA) Cooking Corner (MAA) Energy Burst Walking Club (MAA) | <ul style="list-style-type: none"> Brain Games Church Service (MCAA) Facials (MCAA) Slow Flow Yoga Candy Bingo (MCAA) Energy Burst Reminiscing Pictures (ME) Snack Time (MAA) 2:30 Mix-N-Mingle w/ Marty Ruiz (L(F)) Virtual Adventure | <ul style="list-style-type: none"> Nayas & CM Inspirational Engagement BINGO (MCFLR) Joyful Movement WU: Person of Interest 10:00 Grapevine Christmas Outing Energy Burst Go Fish (MAA) Lemonade & Current Events (MAA) Setting the Table (MCDFR) 1:30 Music Therapy with Maria (MAA) Happy Hour (MCAA) | <ul style="list-style-type: none"> Donut Social (MCAA) Quote/Word/History of the Day (MCAA) Stretch & Strength Coloring with a purpose (MCAA) Energy Burst Patio & Music Silver Sneakers (MCAA) Trivia (MCAA) Nighttime Cinema Delight |
| <ul style="list-style-type: none"> Praise Movement (MAA) Sole to Soul Walking Club Televised Worship Service (MAA) Verse of the Day & This Day in History (MAA) Brain Aerobics (MAA) Energy Burst Meditation Yoga (MAA) Skill Up! Work-N-Play (MAA) Nighttime Cinema Delight | <ul style="list-style-type: none"> Nayas & CM Inspirational Engagement Joyful Movement Kickball & Music Circle (MAA) Oldies Sing-A-Long (MAA) 10:30 Hana Hibachi & Sushi Grill Baking Club (MAA) Energy Burst Music Therapy WU: Culinary Creations Cinema Night (MAA) | <ul style="list-style-type: none"> Brain Games Crafty Corner (MAA) Tai Chi Balance Energy Burst Flower Arranging (MAA) WU: An Eye for Art WU: Artistry Unleashed Evening Coloring & Music (MAA) Happy Hour (MCAA) | <ul style="list-style-type: none"> Nayas & CM Inspirational Engagement Armchair Traveling (MAA) Gratitude and Reflections Strength & Balance Brain Boosters (MAA) Cooking Corner (MAA) Women's Luncheon Group 2 2:30 Mix-N-Mingle w/ Texas Winds (L(F)) Energy Burst | <ul style="list-style-type: none"> Breath Exercises Church Service (MCAA) Facials (MCAA) Slow Flow Yoga Candy Bingo (MCAA) Elegant Dining Napkin Folding Class Energy Burst Virtual Trip Down Memory Lane 2:30 Mix-N-Mingle w/ Richard Palomino (L(F)) Bowling with Friends (MCAA) | <ul style="list-style-type: none"> Nayas & CM Inspirational Engagement BINGO (MCFLR) Guess Who Game (MAA) Joyful Movement 10:00 Movies and Lunch Crossword Puzzles (MAA) Energy Burst Lemonade & Current Events (MAA) 2:00 DIMA Jazz Lecture (AA(F)) Happy Hour (MCAA) | <ul style="list-style-type: none"> BINGO Donut Social (MCAA) Stretch & Strength Crafty Corner (MAA) Energy Burst Silver Sneakers (MCAA) Trivia Mania (MCAA) Nighttime Cinema Delight |
| <ul style="list-style-type: none"> After Breakfast Morning March (MAA) Praise Movement (MAA) Sole to Soul Walking Club Televised Worship Service (MAA) Brain Aerobics (MAA) Energy Burst Meditation Yoga (MAA) Skill Up! Work-N-Play (MAA) Nighttime Cinema Delight | <ul style="list-style-type: none"> Nayas & CM Inspirational Engagement 12 days of Christmas Carols Oldies Sing-A-Long (MAA) Joyful Movement 11:00 Mr. and Mrs. Clause Performance (L(F)) Baking Club (MAA) Energy Burst Music Therapy with Madelyn (AR(F)) WU: Culinary Creations 4:00 Dinner and Christmas Tour Cinema Night (MAA) | <ul style="list-style-type: none"> Brain Games Coffee and Daily Chronicles (MAA) Tai Chi Balance Crafty Corner (MAA) Energy Burst Flower Arranging (MAA) Evening Coloring & Music (MAA) Happy Hour (MCAA) | <ul style="list-style-type: none"> Nayas & CM Inspirational Engagement Armchair Traveling (MAA) Beautifying Moments (MAA) Guided Meditation Strength & Balance Cooking Corner (MAA) Energy Burst Mens Luncheon Walking Club (MAA) Ugly Christmas Sweater Contest | <ul style="list-style-type: none"> Brain Games Church Service (MCAA) Facials (MCAA) Slow Flow Yoga Candy Bingo (MCAA) Energy Burst Virtual Roadtrippers 2:30 Mix-N-Mingle w/ Toni Macaroni (L(F)) Reminiscing Pictures (ME) | <ul style="list-style-type: none"> Nayas & CM Inspirational Engagement BINGO (MCFLR) Joyful Movement Stretching (MCAA) Energy Burst Go Fish Card Playing or Go Fishing (MAA) Lemonade & Current Events (MAA) 1:30 Music Therapy with Maria (MAA) Santa Claus Hats Happy Hour (MCAA) | <ul style="list-style-type: none"> BINGO Donut Social (MCAA) Quote/Word/History of the Day (MCAA) Stretch & Strength Coloring with a purpose (MCAA) Energy Burst Silver Sneakers (MCAA) Trivia (MCAA) Nighttime Cinema Delight |
| <ul style="list-style-type: none"> Praise Movement (MAA) Sole to Soul Walking Club Televised Worship Service (MAA) Brain Aerobics (MAA) Energy Burst Meditation Yoga (MAA) Skill Up! Work-N-Play (MAA) Nighttime Cinema Delight | <ul style="list-style-type: none"> Nayas & CM Inspirational Engagement Joyful Movement Kickball & Music Circle (MAA) Oldies Sing-A-Long (MAA) 10:30 Entertainment 11:30 Lunch and Movie (SD) Energy Burst Music Therapy WU: Culinary Creations Cinema Night (MAA) 6:00 Christmas Light Tour | <ul style="list-style-type: none"> Brain Games Tai Chi Balance Crafty Corner (MAA) Energy Burst Flower Arranging (MAA) WU: Artistry Unleashed Elve's Ears Happy Hour (MCAA) Evening Coloring & Music (MAA) | <ul style="list-style-type: none"> Nayas & CM Inspirational Engagement Armchair Traveling (MAA) Beautifying Moments (MAA) Gratitude and Reflections Strength & Balance Brain Boosters (MAA) Cooking Corner (MAA) Energy Burst Christmas Hymns Sing a Long | <ul style="list-style-type: none"> Brain Games Church Service (MCAA) Facials (MCAA) Slow Flow Yoga Candy Bingo (MCAA) Elegant Dining Napkin Folding Class Energy Burst Snack Time (MAA) | <ul style="list-style-type: none"> Nayas & CM Inspirational Engagement BINGO (MCFLR) Joyful Movement Stretching (MCAA) WU: Lives Well Lived Crossword Puzzles (MAA) Energy Burst Go Fish Card Playing or Go Fishing (MAA) 2:00 WU:DIMA Jazz Lecture (AA(F)) Happy Hour (MCAA) | <ul style="list-style-type: none"> BINGO Donut Social (MCAA) Stretch & Strength Crafty Corner (MAA) Energy Burst Silver Sneakers (MCAA) Trivia (MCAA) Trivia & Hot Chocolate (MCAA) 3:00 Saturday Music : "Jazz Express" (L(F)) Nighttime Cinema Delight |
| <ul style="list-style-type: none"> Praise Movement (MAA) Sole to Soul Walking Club Televised Worship Service (MAA) Verse of the Day & This Day in History (MAA) Brain Aerobics (MAA) Energy Burst Meditation Yoga (MAA) Skill Up! Work-N-Play (MAA) Nighttime Cinema Delight | <ul style="list-style-type: none"> Nayas & CM Inspirational Engagement Body and Rhythm with Johnny (MAA) Joyful Movement 10:30 Studio Movie Grill Baking Club (MAA) Energy Burst Music Therapy with Madelyn (AR(F)) WU: Culinary Creations Cinema Night (MAA) | <ul style="list-style-type: none"> Brain Games Coffee and Daily Chronicles (MAA) Tai Chi Balance Crafty Corner (MAA) Energy Burst Flower Arranging (MAA) Evening Coloring & Music (MAA) Happy Hour (MCAA) | | | | <ul style="list-style-type: none"> Body Community Entertainment Mind Outing Spirit |

Activity Locator Key:

CR = Community Room (1st Floor)
 TR = Tea Room (7th Floor)
 CB = Craddock's Bar /Lounge (1st Floor)
 PT = Poker Table (3rd Floor)
 L = Lobby (1st Floor)
 BR = Bridge (3rd Floor)

Leadership Team:

Executive Director: Chad Hubbard
 Resident Care Director: Rhonda Battee
 Memory Care Director: Delondria Epps
 Community Life Director: Lakeisha Brothers
 Dining Services Director: Kyle Blazer
 Maintenance Director: Brandon DeLeon
 Sales Director: Cynthia Seskes
 Human Resources Director: Patricia Gloria-Barraza
 Business Office Manager: Tomicca Wilson

The Gardens December 2024

