

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
<p>10:00 - Mass on TV Ch.9 - WU: Reminisce: The Good Michael - Music N'Motion Exercise - Sing Along 2:00 - Lisa Roll & Stroll - Refreshments - Ball Toss - Music Hour: 20's 6:00 - Aqua Painting</p> <p style="text-align: right;">1</p>	<p>- Cardio Exercise - Christmas Tree Set Up - Caroling - Holiday Decorating - Afternoon Walks 2:00 - Chaplet of Divine Mercy - Scenic Relaxation - Volleyball - Music Hour: Neil Diamond 6:00 - Game Night: High/Low</p> <p style="text-align: right;">2</p>	<p>- Strengthening Exercise - Baking Club - Discussion: Baking for the Holidays - Walking Club - Sorting/Sequencing - WU: Book Club: Little Women - Relaxation & Meditation 6:00 - Artistic Expression</p> <p style="text-align: right;">3</p>	<p>- Morning Exercise - Coffee Social in Cafe - Daily Chronicle - Aroma Therapy - WU: Creative Expression: Winter Wreath w/Emily 2:30- S'mores & Holiday Fun - Discussion: Neighbors - Word Game: Categories - Aqua Painting 6:00 - Scenic Relaxation</p> <p style="text-align: right;">4</p>	<p>- Conductorcise - Table Top Bowling - Group project: Holiday Cards - Volleyball - WU: Biograpghies: Larry Bird - Folding - WU: Food for the Senses: Fresh Bread - Music Hour: Beethoven 6:00 - Sorting/Sequencing</p> <p style="text-align: right;">5</p>	<p>- Flexibility Exercise - Target Toss - Walking Club 1:30 - Catholic Mass w/Father Wayne in Activity Room - Parachute Fun! - Mid-Day Cardio 2:30 - Karma the Dog Visits - Eye Spy - Relaxation & Meditation 6:00 - Kickball</p> <p style="text-align: right;">6</p>	<p>- Morning Exercise - Pitch & Putt Golf 1:30 - Saturday Matinee: <i>Best. Christmas. Ever!</i> - Hot Cocoa Bar w/Emily - Afternoon Stretch - Volleyball - Music Hour: Aretha Franklin 6:00 - Penny Pitch</p> <p style="text-align: right;">7</p>		
<p>10:00 - Mass on TV Ch.9 - Manicures w/NAYAs - Music N'Motion Exercise - Sing Along - Sequencing/ Sorting - Refreshments - Ball Toss - Music Hour: 20's 6:00 - Aqua Painting</p> <p style="text-align: right;">8</p>	<p>- Cardio Exercise 10:30 - Carolers - Jigsaw Puzzles - Afternoon Walks 2:00 - Chaplet of Divine Mercy - Scenic Relaxation - Volleyball - Music Hour: Chuck Berry 6:00 - Game Night: High/Low</p> <p style="text-align: right;">9</p>	<p>- Strengthening Exercise - Baking Club - Brain Teasers - Walking Club - Happy Hour - Homemade Gift Wrap - WU: Book Club: Little Women - Relaxation & Meditation 6:00 - Artistic Expression</p> <p style="text-align: right;">10</p>	<p>- Morning Exercise - Coffee Social in Cafe - WU: Creative Expressions: Puff Pastry Tree w/Emily 1:15 - Giovanni's Bakery Trip - WU: Reminisce: The Old Barn - Discussion: Barns/Farms - Word Game: Words that begin with "Y" - Aqua Painting 6:00 - Scenic Relaxation</p> <p style="text-align: right;">11</p>	<p>9:45 - Conductorcise 10:30 - Table Top Bowling 1:30 - Group project: Gift Wrapping 1:30 - Volleyball 2:00 - WU: Biograpghies: Barbara Billingsley 2:30 - Folding 3:00 - Dance Party 4:00 - Music Hour: Diana Ross 6:00 - Holiday Party w/ Jimmy Mazz in Main Dining Room</p> <p style="text-align: right;">12</p>	<p>- Flexibility Exercise - Target Shooting - Walking Club - "All About Me" - Mid-Day Cardio 2:30 - Karma the Dog Visits - Objecys BINGO - Relaxation & Meditation 6:00 - Kickball</p> <p style="text-align: right;">13</p>	<p>- Morning Exercise - Target Toss 1:30 - Saturday Matinee: <i>Christmas on Mistletoe Farm</i> - Refreshments - Afternoon Stretch - Hoop Toss - Music Hour: Adelle 6:00 - Household Routines: Dishes/ Folding</p> <p style="text-align: right;">14</p>		
<p>10:00 - Mass on TV Ch.9 - WU: Reminisce: Keeping Warm in Winter - Music N'Motion Exercise 1:00 - Piano Entertainment 2:00 - Grace Church Service - Sequencing/ Sorting - Refreshments - Ball Toss - Music Hour: 20's 6:00 - Aqua Painting</p> <p style="text-align: right;">15</p>	<p>- Cardio Exercise - Watercolor Painting - Jigsaw Puzzles 1:00 - Communion - Afternoon Walks 2:00 - Chaplet of Divine Mercy - Scenic Relaxation - Volleyball - Music Hour: Beatles 6:00 - Game Night: High/Low</p> <p style="text-align: right;">16</p>	<p>- Strengthening Exercise - Baking Club - Discussion: What Makes me Happy? - Walking Club 2:00 - Chopped Challenge - WU: Book Club: Little Women - Relaxation & Meditation 6:00 - Artistic Expression</p> <p style="text-align: right;">17</p>	<p>- Morning Exercise - Coffee Social in Cafe - "All About Me" - Aroma Therapy - WU: Creative Expressions: Holiday Button Tree w/Emily - Discussion: Winter Clothes - Ice Cream fun w/Emily - Word Game: Rhymes With... - Aqua Painting 6:00 - Scenic Relaxation</p> <p style="text-align: right;">18</p>	<p>- Conductorcise - Table Top Bowling - Group Project: Centerpieces - WU: Biograpghies: Dick Van Dyke - Folding - WU: Food for the Senses: Fresh Bread - Music Hour: Bach 5:30 - Bright Nights Outing 6:00 - Sorting/Sequencing</p> <p style="text-align: right;">19</p>	<p>- Flexibility Exercise - Parachute Fun! - Walking Club 1:30 - Disco Dance Party - Mid-Day Cardio 2:30 - Karma the Dog Visits - Charades - Relaxation & Meditation 6:00 - Scouts, Pack 272, Variety Show</p> <p style="text-align: right;">20</p>	<p>First Day of Winter - Morning Exercise - Karaoke 1:30 - Saturday Matinee: <i>The Christmas Chronicles</i> - Hot Cocoa Bar w/Emily - Afternoon Stretch - Hoop Toss - Music Hour: Katie Perry 6:00 - WU: Reminisce: Remembering Big Red</p> <p style="text-align: right;">21</p>		
<p>10:00 - Mass on TV Ch.9 - Manicures w/NAYAs - Music N'Motion Exercise - Sing Along - Sequencing/ Sorting - Refreshments - Kickball - Music Hour: 20's 6:00 - Aqua Painting</p> <p style="text-align: right;">22</p>	<p>- Cardio Exercise - Watercolor Painting - Jigsaw Puzzles - Afternoon Walks 2:00 - Chaplet of Divine Mercy - Scenic Relaxation - Volleyball - Music Hour: Chopin 6:00 - Game Night: High/Low</p> <p style="text-align: right;">23</p>	<p style="text-align: center;">Christmas Eve</p> <p>- Strengthening Exercise - Baking Club - Extraordinary Facts - Walking Club 1:30 - Holiday Party/ Sing Along - WU: Poetry Corner: A Visit From St. Nicholas - Relaxation & Meditation 6:00 - Artistic Expression</p> <p style="text-align: right;">24</p>	<p>Christmas Day/Hanukkah Begins - Morning Exercise - Holiday Baking: Cupcakes w/Emily - Sing Along: Christmas Carols - Aroma Therapy 1:30 - Holiday Matinee: <i>The Christmas Chronicles 2</i> - Cupcake Decorating w/Emily - Discussion: Traditions - Word Game: Holiday Words 6:00 - Scenic Relaxation</p> <p style="text-align: right;">25</p>	<p>- Conductorcise - Table Top Bowling - Volleyball - WU: Biograpghies: Woodrow Wilson 2:15 - Ice Cream Social - Artistic Expression - Music Hour: Rolling Stones 6:00 - Sorting/Sequencing</p> <p style="text-align: right;">26</p>	<p>- Flexibility Exercise - Horse Racing - Walking Club - "Would you Rather" - Mid-Day Cardio - Karma the Dog Visits in Lobby - Parachute Fun - Relaxation & Meditation 6:00 - Kickball</p> <p style="text-align: right;">27</p>	<p>- Morning Exercise - Pitch & Putt Golf 1:30 - Saturday Matinee: <i>The Princess Switch</i> - Refreshments - Afternoon Stretch - Volleyball - Music Hour: Opera 6:00 - Noodle Ball</p> <p style="text-align: right;">28</p>		
<p>10:00 - Mass on TV Ch.9 - Manicures w/NAYAs - Music N'Motion Exercise - Sing Along - Sequencing/ Sorting - Refreshments - Ball Toss - Music Hour: 20's 6:00 - Aqua Painting</p> <p style="text-align: right;">29</p>	<p>- Cardio Exercise - Watercolor Painting - Jigsaw Puzzles 1:00 - Communion - Afternoon Walks 2:00 - Chaplet of Divine Mercy - Horse Racing - Volleyball - Music Hour: Peter, Paul & Mary 6:00 - Game Night: High/Low</p> <p style="text-align: right;">30</p>	<p style="text-align: center;">New Year's Eve</p> <p>- Strengthening Exercise - Baking Club: - WU: Reminisce: Orange Crate Dressers - Walking Club 1:30 - Chet Kerr Performs - Volleyball - Relaxation & Meditation 6:00 - Artistic Expression</p> <p style="text-align: right;">31</p>	<p style="text-align: center;">Note: Activities in bold denote special programs such as : live music, religious services, & Watermark University courses.</p>			<p style="text-align: center;">Transportation/ Medical Appointments: Appointments can be made on Tuesdays and Thursdays, 9-3 only, through Judy Gagnon. For Memory Care residents, a family member or staff person must accompany them.</p>	<p style="text-align: center;">Engage VR - Virtual Reality If you are interested in travelling, exploring under the sea or adventuring into outer space without leaving the comfort of home, sign up with the Activity Staff to experience the Oculus Headset.</p>	<p style="text-align: center;">Dates to Remember 1st Lisa Roll & Stroll 6th Catholic Mass 9th Carolers 11th Giovanni's Outing 12th Holiday Party w/ Jimmy Mazz 19th Bright Nights 20th Disco Dance Party</p>

DECEMBER 2024
Pathways

EAST VILLAGE PLACE
A WATERMARK RETIREMENT COMMUNITYSM

ACTIVITY LOCATOR KEY

Happy Birthday!
2nd Tony Miller
13th Helen Graydon
15th Peggy Perry
17th Donald LaClair

Pet Therapy
Reduce anxiety, increase socialization, and improve your overall quality of life by spending time with our visiting dog Karma.



20th Variety Show
25th Hanukkah Begins
25th Christmas Day
26th Ice Cream Social
27th Piano Sing Along in Lobby
31st Chet Kurr Performs

* Schedule Subject to Change