

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>9:30 Church Trip 10:00 Catholic Mass - LR, 591 10:30 Fitness w/ Raegan - LR 11:00 Coffee/ Pastry Social - LR 11:15 Good News Network - LR 2:00 Film: Being Julia - LR, A, 591 3:30 Team Game: Family Feud - LR</p> <p style="text-align: right;">1</p>	<p>10:25 Mission Meet Up - LR 10:30 Fab, Fit &amp; Fun* - LR 11:00 Brain Game - LR 1:30 Knit/Crochet w/ Jen* - UL 2:00 UNO w/ Raegan - LR 3:00 Grandpa Joe's Concert - A 7:00 Film: Mrs. Harris Goes to Paris - LR, 591</p> <p style="text-align: right;">2</p>	<p>10:25 Mission Meet Up - LR 10:30 Chair Yoga* - LR 11:00 Word Scramble - LR 11:30 Inventions Series - 591 12:15 French Themed Lunch - Dining Room 2:00 Tree Decorating &amp; Cocoa LR 2:30 Making the Rounds w/ Raegan - Apt. Visits 3:00 Art w/ Ellen* - LR 4:00 Deb's Update Meeting - A</p> <p style="text-align: right;">3</p>	<p>10:00 Equine Therapy - LR 11:00 Woodshop* - WS 11:15 Brain Game: Hedbanz - LR 1:00 Documentary Series: Visions of France: Provence - 591, A 2:00 Health Series w/ Sarah* All About Active Aging - AL 3:00 Choir Practice - A</p> <p style="text-align: right;">4</p>	<p>10:25 Mission Meet Up - LR 10:30 Fitness Flow* - LR 11:00 This Date in History* - LR 11:30 American History - 591 2:00 Tea &amp; Talk - LR 2:00 WU Art History w/ Ellen - A 4:00 WU Film Discussion - AR 3:30 Catholic Communion - LR 3:30 Bible Study w/ Kyle* - L 6:30 Game Night - UL</p> <p style="text-align: right;">5</p>	<p>10:25 Mission Meet Up - LR 10:30 Rehab Workout* - LR 11:15 Singalong w/ Donna* - LR 1:00 Philosophy Series: AL, 591 2:00 Team Trivia Pursuit - AL 2:00 Projects w/ Dave - LR 4:00 Shabbat Shalom - PDR 7:30 Christmas Parade w/ Hot Cocoa &amp; Cookies in Main Lobby</p> <p style="text-align: right;">6</p>	<p>10:30 Pool Noodle Fitness - LR 11:15 Brain Game: Word Magic - LR 2:00 Film: Big - 591, A, LR 2:15 Crafts w/ Jess: Christmas Earrings - AR 4:00 Piano Sing Along w/ Judith - LR</p> <p style="text-align: right;">7</p>
<p>9:30 Church Trip 10:00 Catholic Mass - LR, 591 10:30 Fitness w/ Raegan - LR 11:00 Coffee/ Pastry Social - LR 11:15 Good News Network - LR 2:00 Film: Kindness Matters - LR, A, 591 3:30 Team Game: Hedbanz - LR</p> <p style="text-align: right;">8</p>	<p>10:25 Mission Meet Up - LR 10:30 Fab, Fit &amp; Fun* - LR 11:00 A-Z Word Race - LR 1:30 Group Knit/Crochet - UL 2:00 Doc: Cary Grant The Man He Dreamed of Being - LR 591 3:00 Choir Rehearsal - A 7:00 North by Northwest - LR, 591</p> <p style="text-align: right;">9</p>	<p>10:25 Mission Meet Up - LR 10:30 Chair Yoga* - LR 11:00 Brain Game: Hangman - LR 11:30 Inventions Series - 591 2:00 Christmas Movie: Elf &amp; Gingerbread Cookies - A, 591 2:30 Making the Rounds w/ Raegan - Apt. Visits 3:00 Art w/ Ellen* - LR</p> <p style="text-align: right;">10</p>	<p>10:25 Mission Meet Up - LR 10:30 Fitness First!* - LR 11:00 Woodshop* - WS 11:15 Christmas Trivia - LR 1:00 Visions of France Riviera 2:00 Parachute Fun! - LR 2:00 St. Nicholas Day Program AL 3:00 Music Appreciation: History of Christmas Carols - A 4:30 Holiday Lights Trip</p> <p style="text-align: right;">11</p>	<p>10:25 Mission Meet Up - LR 10:30 Fitness Flow* - LR 11:00 This Date in History* - LR 11:30 American History - 591 2:00 Saxophone Name That Tune - LR 2:00 WU Art History w/ Ellen - A 3:30 Catholic Communion - LR 3:45 Art History Discussion - AR 3:30 Bible Study w/ Kyle* - L</p> <p style="text-align: right;">12</p>	<p>10:25 Mission Meet Up - LR 10:30 Workout w/ Jessica* - LR 11:15 Singalong w/ Donna* - LR 1:00 Philosophy Series: AL, 591 2:00 Team Trivia Pursuit w/ Dave - AL 3:00 Resident &amp; Staff Holiday Party - A 4:00 Shabbat Shalom - PDR</p> <p style="text-align: right;">13</p>	<p>10:30 Pool Noodle Fitness - LR 11:00 Christmas Carols w/ Corin &amp; Friends - LR 2:00 Film: The High &amp; the Mighty - 591, A, LR 2:15 Crafts w/ Jess: Pinecone Christmas Trees - AR 4:00 Piano Sing Along w/ Judith - LR</p> <p style="text-align: right;">14</p>
<p>No Church Trip 10:00 Catholic Mass - LR, 591 10:30 Fitness w/ Raegan - LR 11:00 Coffee/ Pastry Social - LR 11:15 Good News Network - LR 2:00 Film: Napoleon - LR, A, 591 3:30 Team Game: Smart Alec - LR</p> <p style="text-align: right;">15</p>	<p>10:25 Mission Meet Up - LR 10:30 Fab, Fit &amp; Fun* - LR 11:00 Brain Game - Thinkers - LR 1:30 Knit/Crochet w/ Jen* - UL 2:00 Choir Dress Rehearsal - A 3:00 Fountains Choir Performance - A 7:00 Film: The Holiday - LR, 591</p> <p style="text-align: right;">16</p>	<p>10:25 Mission Meet Up - LR 10:30 Chair Yoga* - LR 11:00 Brain Game: Scattergories - LR 11:30 Inventions Series - 591 2:00 Wii Bowling - LR 2:30 Making the Rounds w/ Raegan - Apt. Visits 3:00 Art w/ Ellen* - LR</p> <p style="text-align: right;">17</p>	<p>10:25 Mission Meet Up - LR 10:30 Fitness First!* - LR 11:00 Woodshop* - WS 11:00 Resident Council - LR 1:00 Christmas Carols w/ Lucy Worsely - 591, AL 2:00 Gloria's Line Dancers, Holiday Performance - A 3:15 Father Matt's Service - AL</p> <p style="text-align: right;">18</p>	<p>10:25 Mission Meet Up - LR 10:30 Fitness Flow* - LR 11:00 This Date in History* - LR 11:30 American History - 591 1-4 Holiday Bazaar - A 3:30 Catholic Communion - LR 3:30 Bible Study w/ Kyle* - L 5:00 Birthday Dinner - PDR</p> <p style="text-align: right;">19</p>	<p>10:25 Mission Meet Up - LR 10:30 Rehab Workout* - LR 11:15 Singalong w/ Donna* - LR 1:00 Philosophy Series: AL, 591 2:00 Team Trivia Pursuit - AL 2:00 Projects w/ Dave - LR 3:30 Holiday Bingo w/ Navaeh - LR 4:00 Shabbat Shalom - PDR</p> <p style="text-align: right;">20</p>	<p>10:30 Pool Noodle Fitness - LR 11:15 Brain Game: Word Magic - LR 1:00 Virgin River S6 - A, 591 2:00 Film: Dr. Sues's How the Grinch Stole Christmas - 591, A, LR 2:15 Crafts w/ Jess: This or That - AR 4:00 Piano Sing Along w/ Judith - LR</p> <p style="text-align: right;">21</p>
<p>9:30 Church Trip 10:00 Catholic Mass - LR, 591 10:30 Fitness w/ Raegan - LR 11:00 Coffee/ Pastry Social - LR 11:15 Good News Network - LR 12:30 Theater Trip: Nut Cracked @ Kaatsban, Tivoli 2:00 Film: The Man Who Invented Christmas - LR, 591</p> <p style="text-align: right;">22</p>	<p>10:25 Mission Meet Up - LR 10:30 Fab, Fit &amp; Fun* - LR 11:00 Brain Game- I Should Have Known That - LR 1:30 Group Knit/Crochet - UL 2:00 Apples to Apples - LR 3:00 Elizabeth's Sound Bath - A 7:00 Film: The Nutcracker LR, 591</p> <p style="text-align: right;">23</p>	<p>10:25 Mission Meet Up - LR 10:30 Chair Yoga* - LR 11:00 Brain Game: Riddle Me This - LR 11:30 Inventions Series - 591 2:00 Christmas Eve Service w/ Pastor Kyle - A 3:30 Film: Miracle on 34th Street - LR, 591</p> <p style="text-align: right;">24</p>	<p>Merry Christmas! Happy Hannukah!</p> <p>10:00 Coffee &amp; Cinnamon Rolls - LR 12:15 Holiday Lunch - DR 2:00 Film: A Christmas Carol - LR, 591 4:00 Menorrah Lighting - UL</p> <p style="text-align: right;">25</p>	<p>10:25 Mission Meet Up - LR 10:30 Fitness Flow* - LR 11:00 This Date in History* LR 11:30 American History - 591 2:00 Norman Rockwell Doc. AL 3:00 Nancy Paroli Holiday Concert - A 3:30 Catholic Communion - LR 3:30 No Bible Study, Kyle away 4:00 Menorrah Lighting - UL</p> <p style="text-align: right;">26</p>	<p>10:25 Mission Meet Up - LR 10:30 Rehab Workout* - LR 11:15 Singalong w/ Jess - LR 1:00 Philosophy Series: AL, 591 2:00 Team Trivia Pursuit - AL 2:00 Projects w/ Dave - LR 3:30 Wine &amp; Cheese Happy Hour - LR 4:00 Shabbat Shalom followed by Hanukkah Dinner by reservation only - PDR</p> <p style="text-align: right;">27</p>	<p>10:30 Pool Noodle Fitness - LR 11:15 Brain Game: Word Magic - LR 1:00 Virgin River S6 - A, 591 2:00 Film: Hanukkah on Rye - 591, A, LR 2:15 Sip &amp; Paint w/ Jess: A Beach Snowman - AR 4:00 Piano Sing Along w/ Judith - LR 4:00 Menorrah Lighting - UL</p> <p style="text-align: right;">28</p>
<p>9:30 Church Trip 10:00 Catholic Mass - LR, 591 10:30 Fitness w/ Raegan - LR 11:00 Coffee/ Pastry Social - LR 11:15 Good News Network - LR 2:00 Film: You Gotta Believe - LR, A, 591 3:30 Game: Holiday Mad Libs - LR 4:00 Menorrah Lighting - UL</p> <p style="text-align: right;">29</p>	<p>10:25 Mission Meet Up - LR 10:30 Fab, Fit &amp; Fun* - LR 11:00 Brain Game- Finish the Phrase - LR 1:30 Knit/Crochet w/ Jen* - UL 2:00 Cards: Crazy Eights - LR 3:00 Harp Sound Bath - AL 4:00 Menorrah Lighting - UL 7:00 Film: Sherlock Holmes 591 LR, 591</p> <p style="text-align: right;">30</p>	<p>10:25 Mission Meet Up - LR 10:30 Chair Yoga* - LR 11:00 Brain Game: Catch Phrase - LR 11:30 Inventions Series - 591 3:00 New Year's Eve Dance Party w/ Frankie Keene - A 4:00 Menorrah Lighting - UL 4:15 Edwin's Prayer Group - AL</p> <p style="text-align: right;">31</p>	<p>Please check channel 591 daily for updates from various departments, including daily program schedules.</p> <p>Watermark University classes, taught by a live instructor &amp; are indicated by an *</p>	<p>Location Key: A - Auditorium AG - Art Gallery AL - Allen Lounge AR - Art Room BIS - Bistro CS - Country Store DR - Dining Room L - Library LOB - Main Lobby LR - Living Room at the Inn NL - North Lounge PDR - Private Dining Room UL - Upper Lobby WS - Woodshop (1A)</p>		

# DECEMBER 2024

**Inn**

**THE FOUNTAINS**  
AT MILLBROOK  
A WATERMARK RETIREMENT COMMUNITY<sup>SM</sup>

**ACTIVITY LOCATOR KEY**

**Your Community Life Team:**  
Lisa Rieckermann, Director  
Jennifer Bourque, Associate  
Raegan Haege, Associate  
Jessica Kaufman, Associate  
845-905-8102

**EXERCISE - DARK RED**  
**MUSIC - PURPLE**  
**SPIRITUAL/THERAPEUTIC - BLUE**  
**ARTS & CRAFTS - DARK ORANGE**  
**EDUCATIONAL/SOCIAL - BLACK**  
**VOCATIONAL - TEAL**  
**TRIPS - GREEN**  
**HEALTH - PINK**