

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>9:30 Church Trip 10:00 Catholic Mass - 591 10:30 WU Meditation & Movement w/ Elizabeth - A 1:30 Mahjong - NL 2:00 Film: Being Julia - 591, A 3:30 Team Game: Family Feud - Inn</p> <p style="text-align: right;">1</p>	<p>10:45 WU Rehab Workout - A 11:30 WU Current Affairs - AL 1:00 Bridge - NL 1:00 Shopping Trip: Tops 1:30 WU Knit/Crochet - UL 2:00 WU Writers' Exchange w/ Lorraine - L 3:00 Grandpa Joe's Concert - A 7:00 Film: Mrs. Harris Goes to Paris - AL, 591</p> <p style="text-align: right;">2</p>	<p>10:45 WU Lucy's Limber Up - A 11:30 Inventions Series - AL 1:00 Kings in the Corner - NL 1:00 Canasta - UL 1:00 WU Beginner's Art - AR 3:00 WU Active Listening Group w/ Maayana - AL 4:00 Deb's Update Meeting - A French Theme Dinner - Main DR</p> <p style="text-align: right;">3</p>	<p>10:00 Men's Coffee Social - CS 10:00 Equine Therapy - INN 10:45 WU Alexander Tech. - A 11:00 WU Woodshop - WS 1:00 Bridge - NL 1:00 Visions of France: Provence - 591, A 2:00 WU All About Active Aging AL 3:00 Choir Practice - A 3:15 Tree Decorating - Lobby 4:30 Dinner Trip - Bull's Bridge</p> <p style="text-align: right;">4</p>	<p>10:45 WU Lucy's Limber Up - A 11:30 American His. AL, 591 1:00 Canasta - UL 1:00 WU Art w/ Ellen - AR 1:30 WU Walking Club - NL 2:00 WU Art History: Ken Burns' Leonardo da Vinci part 1 - A 4:00 WU Film Discussion - AR 3:30 WU Bible Study Series- L 4:00 Catholic Communion - AL 6:30 Game Night w/ Amber - UL</p> <p style="text-align: right;">5</p>	<p>10:00 Hand, Knee, Foot - NL 10:45 WU Stretch & Breath- A 1:00 Series: The Great Ideas of Philosophy - AL, 591 2:00 Trivial Pursuit - AL 2:00 Projects w/ Dave - Inn 3:00 Happy Hour - UL 4:00 Shabbat Shalom - PDR 7:30 Christmas Parade followed by Hot Cocoa & Cookies in Lobby</p> <p style="text-align: right;">6</p>	<p>10:30 WU Chair Zumba - A 11:00 Scrabble - NL 1:00 Wii Bowling w/ Reed - AL 2:00 Film: Big - A, 591 2:15 Crafts w/ Jess: Christmas Earrings - AR 4:00 Piano Singalong - Inn</p> <p style="text-align: right;">7</p>
<p>9:30 Church Trip 10:00 Catholic Mass - 591 10:30 WU Meditation & Movement w/ Elizabeth - A 1:30 Mahjong - NL 2:00 Film: Kindness Matters - 591, A 3:00 WU Making Connections w/ Maayana - AL 3:30 Team Game: Hedbanz - Inn</p> <p style="text-align: right;">8</p>	<p>10:45 WU Rehab Workout - A 11:30 WU Current Affairs - AL 1:00 Bridge - NL 1:30 Group Knit/Crochet - UL 2:00 Doc: Cary Grant The Man He Dreamed of Being - AL, 591 3:00 Choir Rehearsal - A 7:00 Film: North by Northwest - AL, 591</p> <p style="text-align: right;">9</p>	<p>10:45 WU Lucy's Limber Up - A 11:30 Inventions Series - AL 1:00 Kings in the Corner - NL 1:00 Canasta - UL 1:00 WU Beginner's Art w/ Ellen - AR 1:00 Shopping Trip: Millbrook 2:00 Christmas Movie & Gingerbread Cookies: Elf - A, 591</p> <p style="text-align: right;">10</p>	<p>10:45 WU Alexander Tech. - A 11:00 WU Woodshop - WS 1:00 Bridge - NL 1:00 Doc. Series: Visions of France: The Riviera - 591, A 2:00 St. Nicholas: The Real Story Documentary & Discussion - AL 3:00 WU Music Appreciation: History of Christmas Carols - A</p> <p style="text-align: right;">11</p>	<p>10:45 WU Lucy's Limber Up - A 11:30 American His. AL, 591 1:00 Canasta - UL 1:00 WU Art w/ Ellen - AR 1:30 WU Walking Club - NL 2:00 Name That Tune - Inn 2:00 WU Art History Ken Burns' Leonardo da Vinci part 2 - A 3:45 WU Film Discussion - AR 4:30 WU Bible Study Series- L 4:00 Catholic Communion - AL 6:30 Game Night - UL</p> <p style="text-align: right;">12</p>	<p>10:00 Hand, Knee, Foot - NL 10:45 WU Stretch & Breath w/ Judith - A 1:00 Series: The Great Ideas of Philosophy - AL, 591 2:00 Trivial Pursuit w/ Dave AL 3:00 Resident & Staff Holiday Party w/ A Christmas Surprise Skit by The Fountains Radio Network - A 4:00 Shabbat Shalom - PDR</p> <p style="text-align: right;">13</p>	<p>9:45 Trip: Grace Church Holiday Bazaar 10:30 WU Chair Zumba - A 11:00 Scrabble - NL 11:00 Christmas Carols - Inn 1:00 Wii Bowling w/ Reed - AL 2:00 Classic Film: The High & the Mighty - A, 591 2:15 Pinecone Xmas Craft - AR 4:00 Piano Singalong - Inn</p> <p style="text-align: right;">14</p>
<p>No Church Trip 10:00 Catholic Mass - 591 10:30 WU Meditation & Movement w/ Elizabeth - A 1:30 Mahjong - NL 2:00 New Film: Napoleon - 591, A 3:30 Team Game: Smart Alec - Inn</p> <p style="text-align: right;">15</p>	<p>10:45 WU Stretch & Strengthen (Sarah away) - A 11:30 WU Current Affairs - AL 1:00 Bridge - NL 1:00 Shopping Trip: Adams 1:30 WU Knit/Crochet - UL 2:00 Choir Dress Rehearsal - A 3:00 Fountains Choir Performance - A 7:00 Film: The Holiday - AL, 591</p> <p style="text-align: right;">16</p>	<p>10:45 WU Lucy's Limber Up - A 11:30 Inventions Series - AL 1:00 Kings in the Corner - NL 1:00 Canasta - UL 1:00 WU Beginner's Art w/ Ellen - AR 2:30 Food Service Meeting - BIS 3:30 WU Laura's Book Club - L</p> <p style="text-align: right;">17</p>	<p>10:45 WU Alexander Tech. - A 11:00 WU Woodshop - WS 1:00 Bridge - NL 1:00 Doc: Christmas Carols with Lucy Worsley - 591, AL 2:00 Gloria's Line Dancers, Holiday Performance - A 3:15 Father Matt's Service - AL 4:30 Holiday Lights Trip</p> <p style="text-align: right;">18</p>	<p>10:00 Holiday Shopping Trip to Poughkeepsie Galleria/Target 10:45 WU Lucy's Limber Up - A 11:30 American His. AL, 591 1:00 Canasta - UL 1 - 4 Holiday Bazaar w/ Art, Crafts, Village Wine & Spirits & Merritt Bookstore - A 3:30 WU Bible Study Series- L 4:00 Catholic Communion - AL 5:00 Birthday Dinner - PDR</p> <p style="text-align: right;">19</p>	<p>10:00 Hand, Knee, Foot - NL 10:45 WU Stretch & Breath w/ Judith - A 1:00 Series: The Great Ideas of Philosophy - AL, 591 2:00 Projects w/ Dave - Inn 2:00 Trivial Pursuit - AL 3:30 Happy Hour - UL 4:00 Shabbat Shalom - PDR</p> <p style="text-align: right;">20</p>	<p>10:30 WU Chair Zumba - A 11:00 Scrabble - NL 1:00 Wii Bowling w/ Reed - AL 1:00 Virgin River S6E1 - A, 591 2:00 Film: Dr. Suess' How the Grinch Stole Christmas - A, 591 2:15 Crafts w/ Jess: This or That - AR 4:00 Piano Singalong - Inn</p> <p style="text-align: right;">21</p>
<p>9:30 Church Trip 10:00 Catholic Mass - 591 10:30 WU Meditation & Movement w/ Elizabeth - A 12:30 Theatre Trip: Nut Cracked at Kaatsban in Tivoli 1:30 Mahjong - NL 2:00 Film: The Man Who Invented Christmas - 591, AL</p> <p style="text-align: right;">22</p>	<p>10:45 WU Rehab Workout - A 11:30 WU Current Affairs - AL 1:00 Bridge - NL 1:00 Shopping Trip: Shoprite 1:30 Group Knit/Crochet - UL 2:00 Game w/ Raegan - Inn 3:00 Singing Bowls Sound Bath w/ Elizabeth - A 7:00 Film: The Nutcracker (1993) - AL, 591</p> <p style="text-align: right;">23</p>	<p>10:45 Stretch/Strengthen* - A 11:30 Inventions Series - AL 1:00 Kings in the Corner - NL 1:00 Canasta - UL 2:00 Christmas Eve Service w/ Pastor Kyle & Donna C. - A 3:00 WU Active Listening Group w/ Maayana - AL 3:30 Film: Miracle on 34th Street - AL, 591</p> <p style="text-align: right;">24</p>	<p>Merry Christmas! Happy Hannuakah!</p> <p>10:00 Coffee & Cinnamon Rolls - Lobby 12:00 Holiday Meal - Dining Room (reserve w/ Hostess Desk) 2:00 Film: A Christmas Carol (1951) - 591 only 4:00 Menorrah Lighting - UL</p> <p style="text-align: right;">25</p>	<p>10:45 Stretch/ Strengthen* - A 11:30 American His. AL, 591 1:00 Canasta - UL 1:30 WU Walking Club - NL 2:00 A Norman Rockwell Christmas Story - AL, 591 3:00 Nancy Paroli Holiday Concert - A 3:30 No Bible Study, Kyle away 4:00 Catholic Communion - AL 4:00 Menorrah Lighting - UL</p> <p style="text-align: right;">26</p>	<p>10:00 Hand, Knee, Foot - NL 10:45 WU Stretch & Breath- A 1:00 Series: The Great Ideas of Philosophy - AL, 591 2:00 Trivial Pursuit - AL 2:00 Projects w/ Dave - Inn 3:30 Happy Hour - UL 4:00 Shabbat Shalom, Menorrah Lighting, Hanukkah Dinner by reservation - PDR</p> <p style="text-align: right;">27</p>	<p>10:30 No Zumba, Demtra away 11:00 Scrabble - NL 1:00 Wii Bowling w/ Reed - AL 1:00 Virgin River S6E2 - A, 591 2:00 Film: Hanukkah on Rye - A, 591 2:15 Crafts w/ Jess: Paint & Sip: A Beach Snowman - AR 4:00 Piano Singalong - Inn 4:00 Menorrah Lighting - UL</p> <p style="text-align: right;">28</p>
<p>9:30 Church Trip 10:00 Catholic Mass - 591 10:30 WU Meditation & Movement w/ Elizabeth - A 1:30 Mahjong - NL 2:00 Film: You Gotta Believe - 591, A 3:00 WU Spiritual Study w/ Beth & Maayana - AL 3:30 Holiday Mad Libs - Inn 4:00 Menorrah Lighting - UL</p> <p style="text-align: right;">29</p>	<p>10:45 WU Rehab Workout - A 11:30 WU Current Affairs - AL 1:00 Bridge - NL 1:00 Shopping Trip: Tops 1:30 WU Knit/Crochet - UL 3:00 Harp Sound Bath w/ Donna - AL 4:00 Menorrah Lighting - UL 7:00 Film: Sherlock Holmes - AL, 591</p> <p style="text-align: right;">30</p>	<p>10:45 WU Lucy's Limber Up - A 11:30 Inventions Series - AL 1:00 Kings in the Corner - NL 1:00 Canasta - UL 1:00 WU Beginner's Art - AR 3:00 New Year's Eve Dance Party w/ Frankie Keene - A 4:00 Menorrah Lighting - UL 4:15 WU Edwin's Prayer Group - AL</p> <p style="text-align: right;">31</p>	<p>Please check channel 591 daily for updates!</p> <p>Shopping trips: sign up @ podium - Lobby</p> <p>Community Life trips: 905-8014</p>	<p>WU Health Seminar Series: All About Active Aging continues on 12/4 w/ OT, Sarah Domschine</p>	<p>A - Auditorium AG - Art Gallery AL - Allen Lounge AR - Art Room BIS - Bistro CS - Country Store DR - Dining Room L - Library LOB - Main Lobby LR - Living Room at the Inn NL - North Lounge PDR - Private Dining Room UL - Upper Lobby WS - Woodshop (1A)</p>	<p>Happy Hanukkah 12/25 - 1/2</p> <p>Red - Live Exercise Purple - Music Dark Orange - Arts & Crafts Teal - Vocational Black - Educational/Social Pink - Health Green - Trips Blue - Spiritual, Therapeutic</p>

DECEMBER 2024

Independent Living



ACTIVITY LOCATOR KEY

Your Community Life Team:
Lisa Rieckermann, Director
Jennifer Bourque, Associate
Raegan Haege, Associate
Jessica Kaufman, Associate
845-905-8014