

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10:00am Aerobics With Andy L 10:30am Snack Chat L 11:00am Open Crafting & Music L 1:30pm Creative Coloring L 2:30pm Courtyard Chats CY 4:00pm Conversation Cube L 6:00pm Movie Night L 8:20pm Bills VS 49ers L	10:00am Workout With Wendy L 10:30am Snack Chat L 11:00am Flowers of the Month L 1:30pm Black Jack L 2:30pm (WU) All About Pennsylvania L 3:30pm Hot Cocoa Social L 6:00pm Sensory Room Strolls SR	10:00am Workout With Wendy L 10:30am Snack Chat L 11:00am BINGO L 11:30am Balloon Toss L 1:30pm UNO 2:30pm Music Therapy W/ Katie L 3:30pm Afternoon Exercise L 6:00pm Creative Coloring L	10:00am Exercise With Theo L 11:00am Whiteboard Games L 1:30pm BINGO L 2:30pm Trivia L 3:00pm Holiday Decorating L 3:30pm Creative Coloring L 6:00pm Sensory Room Strolls SR	10:00am Cardio With Carol L 10:45am Snack Chat L 11:00am Pictionary L 11:30am Christmas Trivia L 1:15pm Friendly Visits W/ Wendy 2:00pm Craft Corner L 3:00pm Sing A Long L 4:00pm Memory Maddness L 6:00pm Creative Coloring L	10:00am Workout With Wendy L 10:30am Snack Chat L 10:45am (WU) Ira Gershwin L 11:00am Winter Word Game L 1:30pm Bus Trip To: Country & Cocoa Ride 2:30pm Ornament Craft L 3:30p Sharpen Your Senses Cards 6:00p Friday Night Movie Night L	10:00am Morning Stretch L 11:30am Music With Andy L 1:45pm Visiting Choir Performance L 3:30pm Trivia L 4:00pm Afternoon Exercise L 6:00pm Creative Coloring
10:00am Aerobics With Andy L 10:30am Snack Chat L 11:00am Open Crafting & Music L 1:30pm Creative Coloring L 2:30pm Courtyard Chats CY 4:00pm Conversation Cube L 4:25pm Bills VS Rams L 6:00pm Movie Night L	10:00am Workout With Wendy L 10:30am Snack Chat L 11:00am (WU) Sammy Davis Jr. L 11:30am Christmas Collages L 1:30pm Blackjack L 2:15pm Grande Vie Winter Chorus Concert GA 2:30pm (WU) 13 Colonies Pt. 3 L 3:30pm Afternoon Exercise L 6:00pm Sensory Room Strolls SR	10:00am Workout With Wendy L 10:30am Snack Chat L 11:00am (WU) Emily Dickinson L 11:30am Penny Toss L 1:30pm Lets Make Sugar Cookies! 2:30pm Music Therapy W/ Katie L 3:30pm Afternoon Exercise L 6:00pm Creative Coloring L	10:00am Bible Study With Ann and Tony L 11:00am Exercise With Theo L 1:30pm Musical Memory Lane L 2:00pm BINGO L 2:30pm Christmas Singalong L 3:30pm Christmas Coloring L 6:00pm Sensory Room Strolls SR	10:00am Cardio With Carol L 10:45am Snack Chat L 11:00am Crafting: Christmas Decor 1:15pm Friendly Visits W/ Wendy 2:00pm Left Right Center L 3:00pm Afternoon Exercise L 4:00pm Candy Cane Tasting L 6:00pm Creative Coloring L	10:00am Workout With Wendy L 10:30am Snack Chat L 11:00am Creative Coloring L 1:30pm Crafting Holiday Cards L 2:30p Music & Mingling w/ Andy 3:30p Sharpen Your Senses Cards 6:00p Friday Night Movie Night L	10:00am Youtube Chair Fitness L 10:30am Snack Chat L 11:30am Word Games L 3:00pm Trivia With Theo L 3:30pm Afternoon Stretch L 6:00pm Creative Coloring L
10:00am Youtube Chair Exercise L 10:30am Snack Chat L 2:30pm Creative Coloring L 4:00pm Courtyard Chats CY 4:25pm Bills VS Lions L 6:00pm Movie Night L	10:00am Workout With Wendy L 10:30am Snack Chat L 11:00am Teddy Bear Project L 1:30pm Left Right Center L 2:30pm (WU) The 13 Colonies Pt. 4 3:30pm Christmas Sing Along L 6:00pm Sensory Room Strolls SR	10:00am Workout With Wendy L 10:30am Snack Chat L 11:00am Song Quiz L 1:30pm Lets Make Gingerbread Houses DR 2:30pm Music Therapy w/ Katie L 3:30pm Afternoon Exercise L 5:30pm Bus Trip to Look at Christmas Lights! 6:00pm Creative Coloring L	10:00am Exercise With Theo L 11:00am Whiteboard Games L 1:30pm Musical Memory Lane L 2:00pm BINGO L 3:00pm Christmas Coloring L 3:30pm Christmas Ornament Craft 6:00pm Sensory Room Strolls SR	10:00am Cardio With Carol L 10:45am Snack Chat L 11:00am (WU) Christmas Traditions L 11:30am Christmas Singalong L 1:15pm Friendly Visits W/ Wendy 2:00pm Black Jack L 3:00pm Afternoon Exercise L 4:30pm Resident Holiday Party DR 7:00pm Roc. Rhapsody Choir Performance GA	10:00am Workout With Wendy L 10:30am Snack Chat-Popcorn L 11:00am Christmas Movie L 1:30pm Bus Trip To: Eastman Gingerbread Display 2:00pm Catholic Mass GVC 2:30pm Snowflake Craft L 3:30pm Your Favorite Christmas Songs & Their Stories L 6:00p Friday Night Movie Night L	10:00am Morning Stretch L 11:30am Music With Andy L 3:30pm Trivia L 4:00pm Afternoon Exercise L 6:00pm Creative Coloring
10:00am Aerobics With Andy L 10:30am Snack Chat L 11:00am Open Crafting & Music L 1:00pm Bills VS Patriots L 1:30pm Creative Coloring L 2:30pm Courtyard Chats CY 4:00pm Conversation Cube L 6:00pm Movie Night L	10:00am Workout With Wendy L 10:30am Snack Chat L 11:00a Christmas Theme BINGO L 1:30pm Left Right Center 2:30pm (WU) All About Maine L 3:30pm Mocktail Monday L 6:00pm Sensory Room Strolls SR	10:00am Workout With Wendy L 10:30am Snack Chat L 11:00am Holiday Whiteboard Game L 1:30pm UNO L 2:30pm Music Therapy W/ Katie L 2:30pm Music By Mike Kornrich GA 3:30pm Afternoon Exercise L 6:00pm Creative Coloring L	Merry Christmas! 10:00am Exercise With Theo L 11:00am Christmas Movie and Cocoa L 1:30pm Trivia L 2:30pm Christmas Sing Along L 3:30pm Sensory Room Strolls SR 4:30pm Christmas Dinner L 6:00pm Christmas Movie L	10:00am Cardio With Carol L 10:45am Snack Chat L 11:00am New Years Craft L 1:15pm Friendly Visits W/ Wendy 2:00pm UNO L 3:00pm Craft Corner L 4:00pm Afternoon Stretch L 6:00pm Creative Coloring L	10:00am Workout With Wendy L 10:30am Snack Chat L 11:00am Pamper and Polish L 11:30am Winter Coloring L 1:30p Sharpen Your Senses Cards 2:30pm Hows Your Soul? Prayer Group With Andy L 3:30pm 6:00p Friday Night Movie Night L	10:00am Youtube Chair Fitness L 10:30am Snack Chat L 11:30am Word Games L 3:00pm Trivia With Theo L 3:30pm Afternoon Stretch L 6:00pm Creative Coloring L
10:00am Youtube Chair Exercise L 10:30am Snack Chat L 1:00pm Bills vs Jets L 2:30pm Creative Coloring L 4:00pm Courtyard Chats CY 6:00pm Movie Night L	10:00am Workout With Wendy L 10:30am Snack Chat L 11:00am Sing Along L 1:30pm December Fun Facts/Trivia 2:30pm (WU) Canada Lynx L 3:30pm Holiday Mocktails L 6:00pm Sensory Room Strolls SR	10:00am Workout With Wendy L 10:30am Snack Chat L 10:45am (WU) John Denver L 11:15am Holiday Craft L 1:30pm Decades Trivia L 2:30pm Music Therapy W/ Katie L 3:30pm Afternoon Exercise 6:00pm Creative Coloring L		** All activities are subject to change All outings are weather permitting *		Resident Friends and Family Holiday Party Thursday, December 19th

DECEMBER 2024
The Gardens

LEGACY
 AT GRANDE VIE
 A WATERMARK RETIREMENT COMMUNITYSM

ACTIVITY LOCATOR KEY

GA- Grande Vie Activities
 WU- Watermark University
 CY- Courtyard
 SR- Sensory Room
 DR- Dining Room
 L- Lounge
 GVC- Grande Vie Chapel

Happy December Birthdays To:
 13th Sharon J.

With any questions please reach out to:

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 Community Life Director
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