

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10:00am Televised Catholic Mass (Channel 20) 10:30am Shuffleboard w/Sara 3:00pm Afternoon Movie Matinee	10:00am Morning Greet w/Theresa 10:30am POKENO! w/Theresa 1:30pm Winter Bingo w/Sara 2:30pm Tree Decorating w/ Sara	10:00am Seated Stretch w/Sara 10:30am Whiteboard Activity w/Sara 11:00am Snowflake Craft w/ Sara 1:30pm Balloon Volleyball Exercise w/Audrey 2:00pm Winter Match Game w/Audrey 2:30pm 1:1 Check-Ins w/Audrey	10:30am Youtube Exercise w/ Nicolette <b>11:00am Piano Performance w/Gary Stabile</b> 1:30pm Prize Bingo with Nicolette 2:30pm: Guess the Artist! w/Nicolette	10:30am Daily Chronicles & Morning Mingle w/Audrey <b>11:00am Seated Tai Chi w/Ann Sullo (Dining Room)</b> 11:30am Joggin' Your Noggin' Cognitive Stimulation w/Audrey (Dining Room) 1:30pm Lets Get a Strike w/ Sara 2:30pm Do You Remember? w/ Sara	<b>10:00am Watermark Ukulele Group Holiday Performance</b> 10:30am Finish the Common Sayings w/Audrey 11:00am Creative Corner: Winter Door Signs w/Audrey 1:30pm Up and Down the River Card Game w/Audrey 2:00pm Songs by Request w/Audrey 2:30pm Room to Room Check In's w/Audrey	10:30am Morning Mingle w/ Theresa 11:00am Dice Game Fun w/Theresa! <b>1:30pm Live Music w/ Nancy Wildman</b> 3:00pm Afternoon Movie Matinee
10:00am Televised Catholic Mass (Channel 20) 10:30am Tabletop Bowling w/Sara 3:00pm Afternoon Movie Matinee	10:00am Morning Greet w/Theresa 10:30am Holiday Ornament Craft w/Theresa 1:30pm Balloon Volleyball Exercise w/Audrey 2:00pm Name Five w/Audrey 2:30pm 1:1 Check-Ins w/Audrey	10:00am Seated Stretch w/Sara 10:30am Nothin But Net w/Sara 11:00am Whiteboard Activity w/ Sara 1:30pm Balloon Volleyball Exercise w/Audrey 2:00pm Flip a Card Match Game w/Audrey 2:30pm 1:1 Check-Ins w/Audrey	10:30am Youtube Exercise w/ Nicolette <b>11:00am Piano Performance w/Gary Stabile</b> 1:30pm Prize Bingo with Nicolette 2:30pm: Scattergories w/Nicolette	10:30am Daily Chronicles & Morning Mingle w/Audrey 10:45am Seated Stretch w/Audrey <b>11:00am Resident Council Meeting (Dining Room)</b> 11:30am Finish the Song Lyric w/Audrey 1:30pm Lets Get a Strike w/ Sara 2:30pm Let's Jog Your Memory w/ Sara	10:00am Morning Mingle w/ Megan L 10:30am Sit and Be Fit w/ Megan L 11:00am Balloon Toss w/ Megan L 11:30am Songs by Request w/ Megan L 1:30pm Pack a Present Stocking Game w/Megan L	10:30am Seated Exercise w/ Nicolette 11:00am Volleyball w/Nicolette 11:30am Trivia w/Nicolette 1:30pm Afternoon Movie Matinee
10:00am Televised Catholic Mass (Channel 20) 10:30am Shuffleboard w/Sara 3:00pm Afternoon Movie Matinee	10:00am Morning Greet w/Theresa 10:30am Snowflake Game w/Theresa 1:30pm Whiteboard Game w/Sara 2:30pm Bean Bag Toss w/ Sara	10:00am Seated Stretch w/Sara 10:30am Snowball Toss w/Sara 11:00am Tabletop Bowling w/ Sara <b>1:30pm-3:00pm Springs Holiday Party w/ Musical Entertainment by Matinee! An Afternoon of Fun!</b>	10:30am Youtube Exercise w/ Nicolette <b>11:00am Piano Performance w/Gary Stabile</b> 1:30pm Prize Bingo with Nicolette 2:30pm: Let's Get Crafty w/Nicolette	10:30am Daily Chronicles & Morning Mingle w/Audrey <b>11:00am Seated Tai Chi w/Ann Sullo (Dining Room)</b> 11:30am Joggin' Your Noggin' Cognitive Stimulation w/Audrey (Dining Room) 1:30pm <b>2:00pm Catholic Communion Service w/ Sacred Heart Church Volunteers Helen and Karen (Dining Room)</b> 2:30pm Winter Bingo w/ Sara 4:45pm Pet Therapy Visits w.Grom	10:00am Moving to Music w/Audrey 10:30am Finish the Common Saying w/Audrey 11:00am Creative Corner: Button Art Winter Mittens w/Audrey <b>1:30pm Heritage Village Singers Join Us to Sing Holiday Songs!</b> 2:00pm Tabletop Bowling w/Audrey 2:30pm Room to Room Check In's w/Audrey	<b>Winter Begins</b> 10:30am Seated Exercise w/ Nicolette 11:00am Volleyball w/Nicolette 11:30am Trivia w/Nicolette 1:30pm Afternoon Movie Matinee
10:00am Televised Catholic Mass (Channel 20) 10:30am Tabletop Bowling w/Sara 3:00pm Afternoon Movie Matinee	10:00am Morning Greet w/Theresa 10:30am Holiday Bingo w/Theresa 1:30pm Scattergories w/Sara 2:30pm Balloon Volleyball w/ Sara	<b>Christmas Eve</b> 10:00am Seated Stretch w/Sara 10:30am Snowball Toss w/Sara 11:00am Christmas Blngo w/ Sara 1:30pm Pick a Card Social w/Audrey 2:00pm Raise the Stakes Dice Game w/Audrey 2:30pm 1:1 Check-Ins w/Audrey	<b>Christmas Day Hanukkah Begins</b> 10:00 "A Christmas Story" (TBS) <b>11:00am Holiday Season Piano Sing-A-Long w/ Gary Stabile</b> 2:00 Polar Express (TBS)	10:00am Morning Mingle w/Megan L 10:30am Toying with December Trivia Challenge w/Megan L 11:00am Pick a Card Social w/ Megan L 1:30pm Lets Get a Strike w/ Sara 2:30pm Winter Bingo w/ Sara	10:00am Moving to Music w/Audrey 10:30am Finish the Holiday Song Lyrics w/Audrey 11:00am Creative Corner: Winter Canvas Painting w/Audrey 1:30pm Balloon Volleyball Exercise w/Audrey 2:00pm Hot Chocolate Social w/Audrey 2:30pm Room to Room Check In's w/Audrey	10:30am Seated Exercise w/ Nicolette 11:00am Volleyball w/Nicolette 11:30am Trivia w/Nicolette <b>1:30pm Live Music w/ Tom Stankus</b> 3:00pm Afternoon Movie Matinee
10:00am Televised Catholic Mass (Channel 20) 10:30am Balloon Volleyball w/Sara 3:00pm Afternoon Movie Matinee	10:00am Morning Greet w/Theresa 10:30am New Years Eve Craft w/Theresa 1:30pm Nothing But Net w/Sara 2:30pm Do You Remembver? w/ Sara	<b>New Year's Eve</b> 10:00am Seated Stretch w/Sara 10:30am Scattergories w/Sara 11:00am Bingo w/ Sara 1:30pm New Years Fact or Fiction? w/Audrey 2:00pm Famous Faces Match Game w/Audrey 2:30pm 1:1 Check-Ins w/Audrey	<b>Meet the Community Life Team!</b> <b>Meg Maier</b> Community Life Director  <b>Audrey Zanzal</b>  <b>Jordyn Smith</b>  <b>Nicolette Duncan</b>  <b>Theresa D'Ambrosio</b>  <b>Sara Veillette</b>	<b>SPRINGS HOLIDAY PARTY RESIDENTS FAMILY MEMBERS FRIENDS STAFF</b> Please join in on the holiday festivities!  <b>Tuesday December 17th</b> 1:30pm  Live entertainment with the hilariously talented 4 part acapella barbershop harmony octet  Food and refreshments  Holiday themed games & prizes		<b>*All programs and times are subject to change without notice*</b>

**DECEMBER 2024**  
**Springs**



**ACTIVITY LOCATOR KEY**

All activities take place in the Springs living room unless otherwise noted