

Assisted Living • Memory Care



extraordinary

Be surprised. Be delighted. Be yourself.





Unexpected Opportunities, Unlimited Choices

Imagine living in a place where people know your name. It's where peers understand you, new friends embrace you, and compassionate, trained associates support all your interests and needs.

Today's seniors want greater choices and a more active lifestyle than ever before. That's why we designed every day at The Watermark at Cherry Hills with engaging events, new opportunities, delicious cuisine, and personalized wellness.

Trade in cooking, cleaning, and yard work for games of Rummikub and musical performances. Will you start off the day with a *Silver Sneakers* workout, or get caught up in a captivating documentary? Will you join in a class from a visiting professor, or will you go on new adventures with fascinating friends? It's all part of our culture of choice.

We're not what you'd expect, and that's a promise.

"The Watermark at Cherry Hills is a great community with plenty of programs and events. Every time I visit I am so blessed to see the happy faces of the residents."





Dining and the Good Life

A good meal with good friends is one of life's greatest pleasures. Here, residents regularly connect around the table to catch up, swap stories, and share laughs.

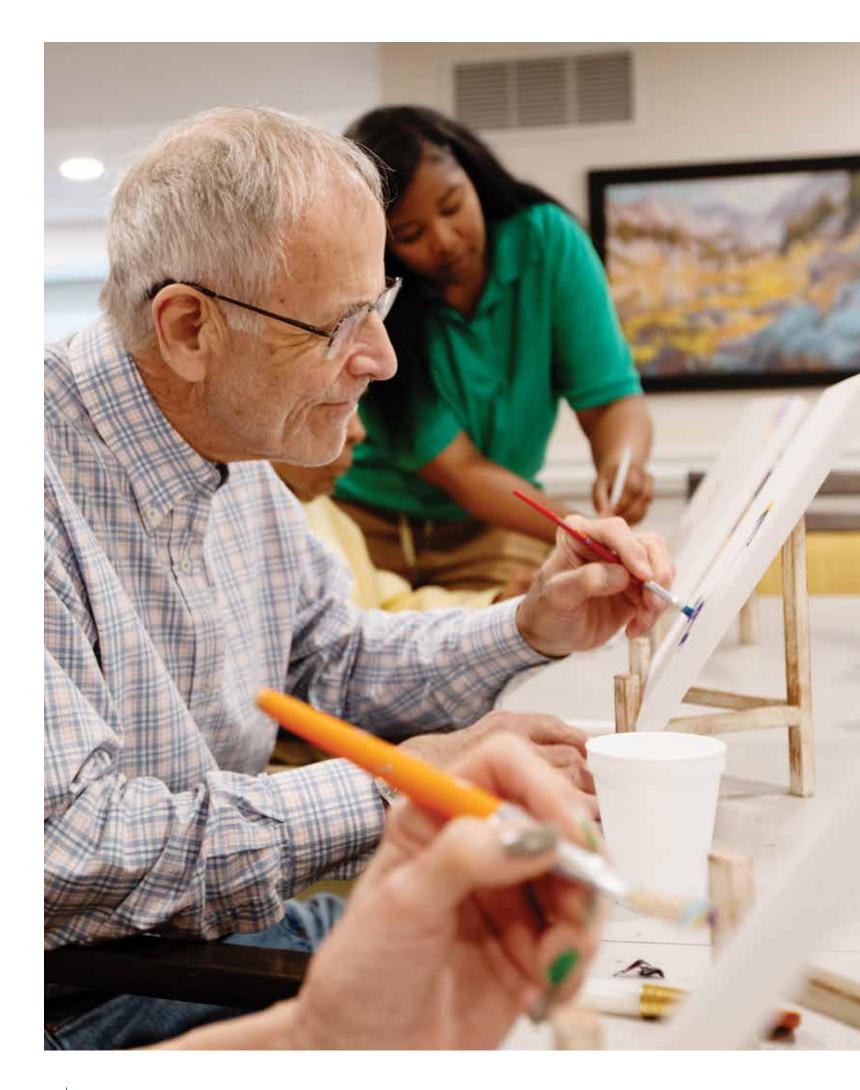
Our ever-changing menu features everything from gourmet selections to comfort foods. Each meal is crafted with intention by our culinary team to be both healthy and delicious. And with Gourmet Bites Cuisine, you have the option to transform menu items into hand-held creations to enjoy without assistance, utensils, or distractions.

Meals with friends are more delicious.



"We just finished the Thanksgiving lunch. The food was so good and the staff was so friendly ...
I felt so welcome!"







How Will You Spend the Day?

There's always something happening with cultural programs, engaging events, and exciting outings. Stay as busy — or as free — as you choose and make friends along the way.

Sample Classes:

Chair Cardio

Visiting Professor

Documentary Screening

Drum Circle

Tai Chi

Happy Hour & Live Music **Great Courses**

Creative Arts

Baking &

Cooking Class

Uno Attack

Rock & Wood Art

Explore new interests and pursue what inspires you.

"My mom is very happy with her life here since she moved to Albuquerque to be closer to family. She enjoys each day full of a wonderful list of activities carefully crafted to meet various interests."



take it easy

ASSISTED LIVING:

Keeping Up With You Today, Tomorrow, and Always

As life takes its twists and turns, we'll be beside you every step of the way. Daily check-ins and wellness options are only the beginning. Our goal is to support your lifestyle with top-notch care that revolves around your schedule — never ours.

For errands, let us do the driving with scheduled outings. We offer transportation to and from shops and appointments, as well as excursions to local restaurants, attractions, and cultural events.

We sweat the small stuff so you don't have to.



"The associates are always warm, caring, and approachable. They're highly inclusive and accepting."







MEMORY CARE:

Inspiring Confidence and Connections

When a loved one is experiencing moderate cognitive impairment, we're ready to welcome new residents into an uplifting, secure, and understanding environment that inspires a sense of connection and well-being.

Dedicated caregivers are trained in accordance with guidelines set out by the Alzheimer's Association. These treasured associates incorporate residents into the rhythms of daily living and engage in each moment as the days unfold, focusing on whatever evokes feelings of joy and purpose.

Prema Memory SupportSM offers customized care 24/7, putting each resident's unique life experiences, preferences, and needs first. Our positive approach focuses on what people can do, never what they cannot.

We challenge traditional assumptions about what's possible.

"Deciding that my mother needed Memory Care was difficult, but The Watermark at Cherry Hills made it easier. The associates and caregivers are warm and generous. They're always helpful and caring."



have it all

The Worry-Free Lifestyle You've Been Looking For

Today's seniors want to continue an active lifestyle of independence. That's why we offer a full suite of modern amenities.

Whether it's places to be active or ways to relax, choices abound, making life easier and more enjoyable.

A lifestyle centered on you.

On-Site Spa

Fitness Studio

Media Room

Art & Creative Studio

Garden Courtyard

Scheduled Transportation Services

24/7 Associate Support

Linen and Housekeeping Services

Catering and Room Service

Pet-Friendly

Community Wi-Fi

Extraordinary Outings

Engage VR®

Move-In Coordination Service

Pantry Program

Resident Call Response System

Thriving Through Music Program

Watermark University



"I saw residents doing VR while I was here, which is really cool. Not just your typical senior community."



Spacious studios and one-bedroom apartments

Courtyard views

Three chef-prepared meals each day

Trained associates available 24/7

Customized wellness plans and programs

On-site physical, occupational, and speech therapy

Watermark University classes

Extraordinary Outings

EngageVR® virtual reality experiences

Artistic Expressions (Memory Care)

Pantry Program (Memory Care)

Sensory Garden (Memory Care)

Salon and barber services

Scheduled transportation

Housekeeping and linen services

Resident call response system

Move-in coordination service

Private dining room

Garden courtyard

Computer and technology center

Fitness center

Library

Billiards table

experience

What Makes a Watermark Community?

You can feel the difference as soon as you walk into a Watermark community. The smiles are friendly, the calendar is full, and the residents are always on the go. Excellent associates, genuine care, and signature programs go into making life great every day. That's what happens when you're supported by a company with more than 30 years of experience.

Watermark University

This award-winning program creates endless opportunities. Associates, residents, loved ones, and experts share their passions and knowledge with the community. Not only do these classes engage us in learning something new, they also bring our community together. Some favorites include *Flower Arrangement*, *Historical Documentaries*, and *Bake With Me*. Take a look at the calendar and see if there's a class coming up that interests you.

Visit watermarkcommunities.com to learn more.



"My loved one has been at The Watermark at Cherry Hills for over a year, and I am so grateful to the entire staff. From the wellness team to upper management, they have been nothing short of amazing!"



It's What's Inside That Counts **expect the unexpected**

About Watermark Retirement Communities®

Watermark creates extraordinary and innovative communities where people thrive. We believe aging is about renewal rather than retirement. Watermark communities are known for highly trained and caring associates, a lifestyle built on choice, fine amenities, integrative wellness, and innovative programs including the award-winning Watermark University featuring a wide variety of engaging classes for residents and area seniors.

Watermark has been named in the top 25 Best Workplaces for Aging Services™ in a national program conducted by the Great Place to Work® Institute and published on Fortune.com. Based in Tucson, Arizona, Watermark is a privately held company that has been managing senior living communities across the United States for more than 30 years, building a reputation for integrity, innovation, financial stability, and high-quality service.

Visit watermarkcommunities.com to learn more.



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6901 San Vicente Avenue NE • Albuquerque, NM 87109 • 505-445-9200 • WatermarkCherryHills.com