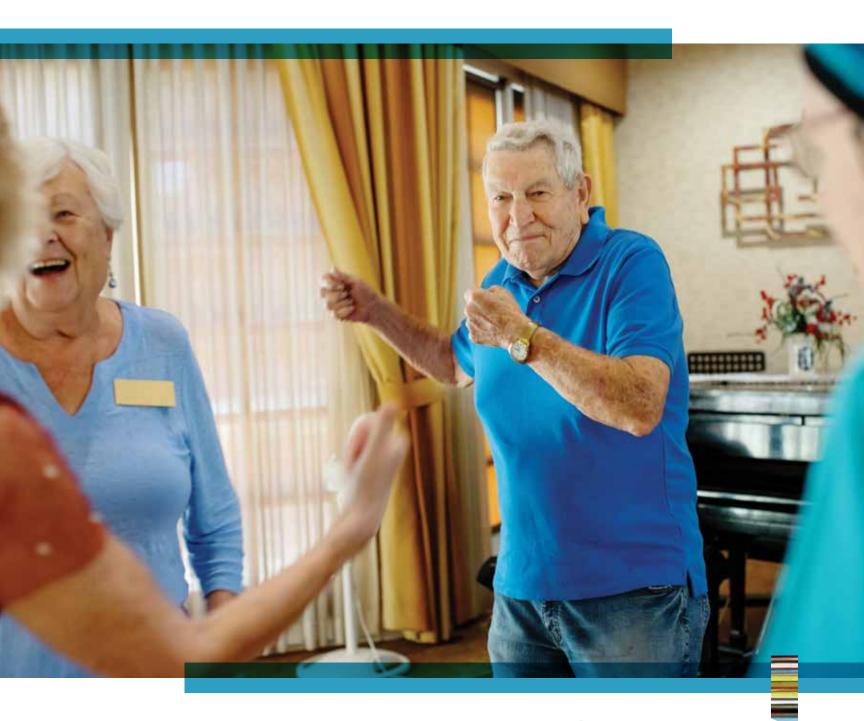


Independent Living • Assisted Living • Memory Care



extraordinary

Be surprised. Be delighted. Be yourself.





Unexpected Opportunities, Unlimited Choices

Imagine living in a place where people know your name. It's where peers understand you, new friends embrace you, and compassionate, trained associates support all your interests and needs.

Today's seniors want greater choices and a more active lifestyle than ever before. That's why we designed every day at The Lodge at North Ogden with engaging events, new opportunities, delicious cuisine, and personalized wellness.

Trade in cooking, cleaning, and yard work for happy hours and musical performances. Will you start off the day with coffee on the patio, or get caught up in a brain teaser? Will you take in a wellness class before heading to movie night, or will you go on new adventures with fascinating friends? It's all part of our culture of choice.



"Immediately you feel welcome by the residents and the associates. The atmosphere is so inviting, and it's more like a cruise."



Dining and the Good Life

A good meal with good friends is one of life's greatest pleasures. Here, residents regularly connect around the table to catch up, swap stories, and share laughs.

Our ever-changing menu features everything from gourmet selections to comfort foods. Each meal is crafted with intention by our culinary team to be both healthy and delicious. And with Gourmet Bites Cuisine, you have the option to transform menu items into hand-held creations to enjoy without assistance, utensils, or distractions.



"The food is amazing and the way they let you order for every meal instead of just bringing out whatever is great."







How Will You Spend the Day?

There's always something happening with cultural programs, engaging events, and exciting outings. Stay as busy — or as free — as you choose and make friends along the way. With a social calendar brimming with a wide range of happenings from relaxed coffee hours to boisterous game nights, there's something for everyone to enjoy.

"Always smiling faces. Great food selection.

A lot of fun activities to keep your loved one enjoying their days and nights."



Sample Classes:

Morning Chair Workout

Tuesday Trivia

"How It's Made ..."

Bible Study

Artful Journeys

Word Search Social

Choir

Hot Chocolate Social

Friday Night Flick

kick back

You Choose How Each Day Unfolds

Start off with a stroll and chat, or simply enjoy the fresh air in the courtyard. After taking a morning class, stop by the salon to freshen up your look. Then it's off to a local coffee shop for an afternoon out. This is **Independent Living**.

By trading in everyday chores like cooking, cleaning, and maintenance, you free up your time to pursue what inspires you. More than that, you also get a whole new community of peers who quickly become friends. And with a bustling calendar of events and access to gracious amenities, this could be the boost to your social life that you've been looking for.



"The Lodge has a very cozy and high-class feel to it. All of the residents have nothing but compliments for their home at the Lodge. They love the associates and comment that the food menu is very, very good."



take it easy

Keeping Up With You Today, Tomorrow, and Always

As life takes its twists and turns, we'll be beside you every step of the way. With **Assisted Living**, daily check-ins and wellness options are only the beginning. Our goal is to support your lifestyle with top-notch care that revolves around your schedule — never ours.

We have physical and occupational therapy right on-site, so you can get stronger faster. For outings and errands, let us do the driving with scheduled outings. We offer personal transportation to and from shops and appointments, as well as excursions to local attractions and cultural events.



"There are too many to name, but I appreciate all of the associates for their hard work and the amazing care that they provide ... The feeling of family here is so strong!"



Inspiring Confidence and Connections

When a loved one is experiencing moderate cognitive impairment, we're ready to welcome them to our **Memory Care** neighborhood. Here, residents live in an uplifting, secure, and understanding environment that inspires a sense of connection and well-being.

Dedicated caregivers are trained in accordance with guidelines set out by the Alzheimer's Association. These treasured associates incorporate residents into the rhythms of daily living and engage in each moment as the days unfold, focusing on whatever evokes feelings of joy and purpose.



Prema Memory SupportSM offers customized care 24/7, putting each resident's unique life experiences, preferences, and needs first. Our positive approach focuses on what people can do, never what they cannot.

"The associates truly take their time with each resident, making sure they are comfortable, cared for, and happy ...

Everyone I have come across is so kind and helpful."



have it all

The Carefree Lifestyle You've Been Looking For

Today's seniors want to continue an active lifestyle of independence. That's why we offer a full suite of modern amenities that help make our lifestyle seamless.

Want to get in a bit of exercise in the morning? Pop into the Fitness Center. Movie night with the grandkids? Grab a bucket of popcorn and head to the Movie Theater. Have a big birthday coming up? Catering is ready to make it an event to remember.



Salon & Barber Services

Fitness Center

Library

Game & Activities Room

Movie Theater

Catering & Room Service

Scheduled Transportation Services

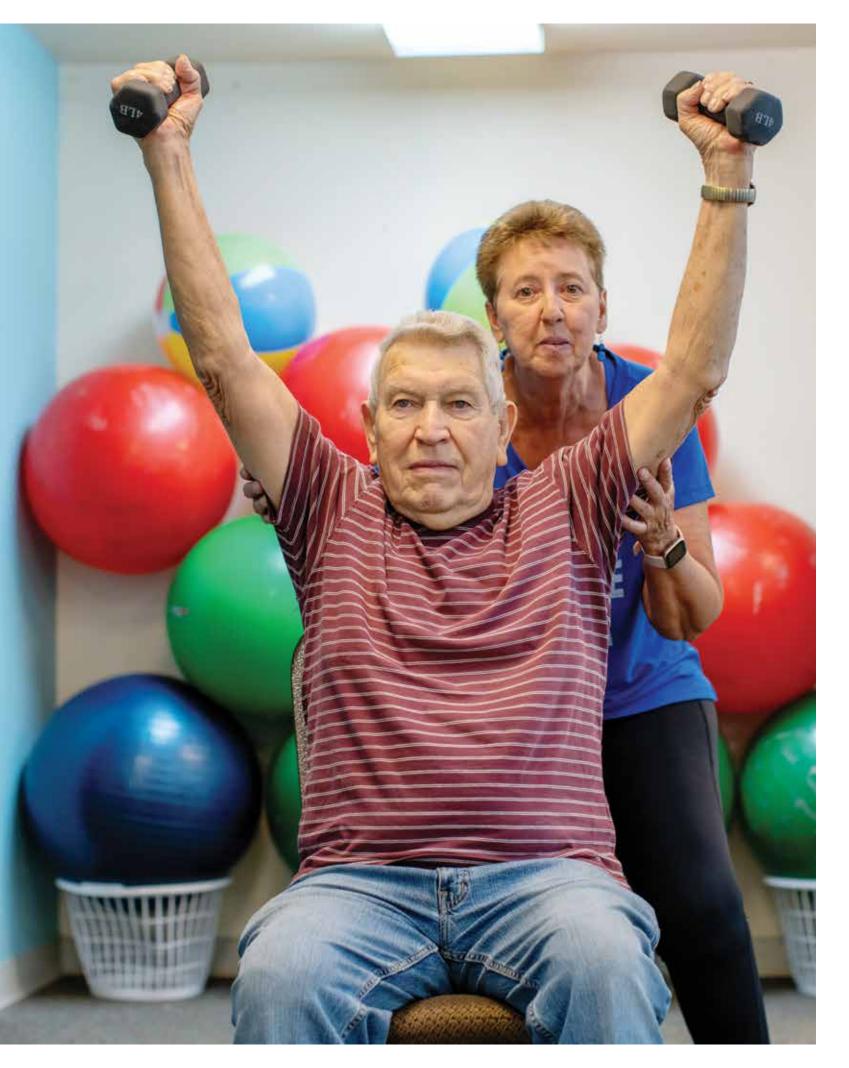
Wireless Call Response System

24/7 Associate Support

Linen & Housekeeping Services

Pet-friendly

"When I told our mom that it was time to transition, she said, I was all prepared to tell you that I'm not going, but after you told me about all the amazing amenities, I'm kind of excited."



possibility, purpose & joy

About Watermark Retirement Communities®

Watermark creates extraordinary and innovative communities where people thrive.

We believe aging is about renewal rather than retirement. Watermark communities are known for highly trained and caring associates, a lifestyle built on choice, fine amenities, integrative wellness, and innovative programs including the award-winning Watermark University featuring a wide variety of engaging classes for residents and area seniors.

Watermark has been named in the top 25 Best Workplaces for Aging Services[™] in a national program conducted by the Great Place to Work® Institute and published on Fortune.com. Based in Tucson, Arizona, Watermark is a privately held company that has been managing senior living communities across the United States for more than 30 years, building a reputation for integrity, innovation, financial stability, and high-quality service.

Visit watermarkcommunities.com to learn more.





It's What's Inside That Counts **unexpected opportunities**



LEAVE US A REVIEW



INDEPENDENT LIVING • ASSISTED LIVING • MEMORY CARE

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