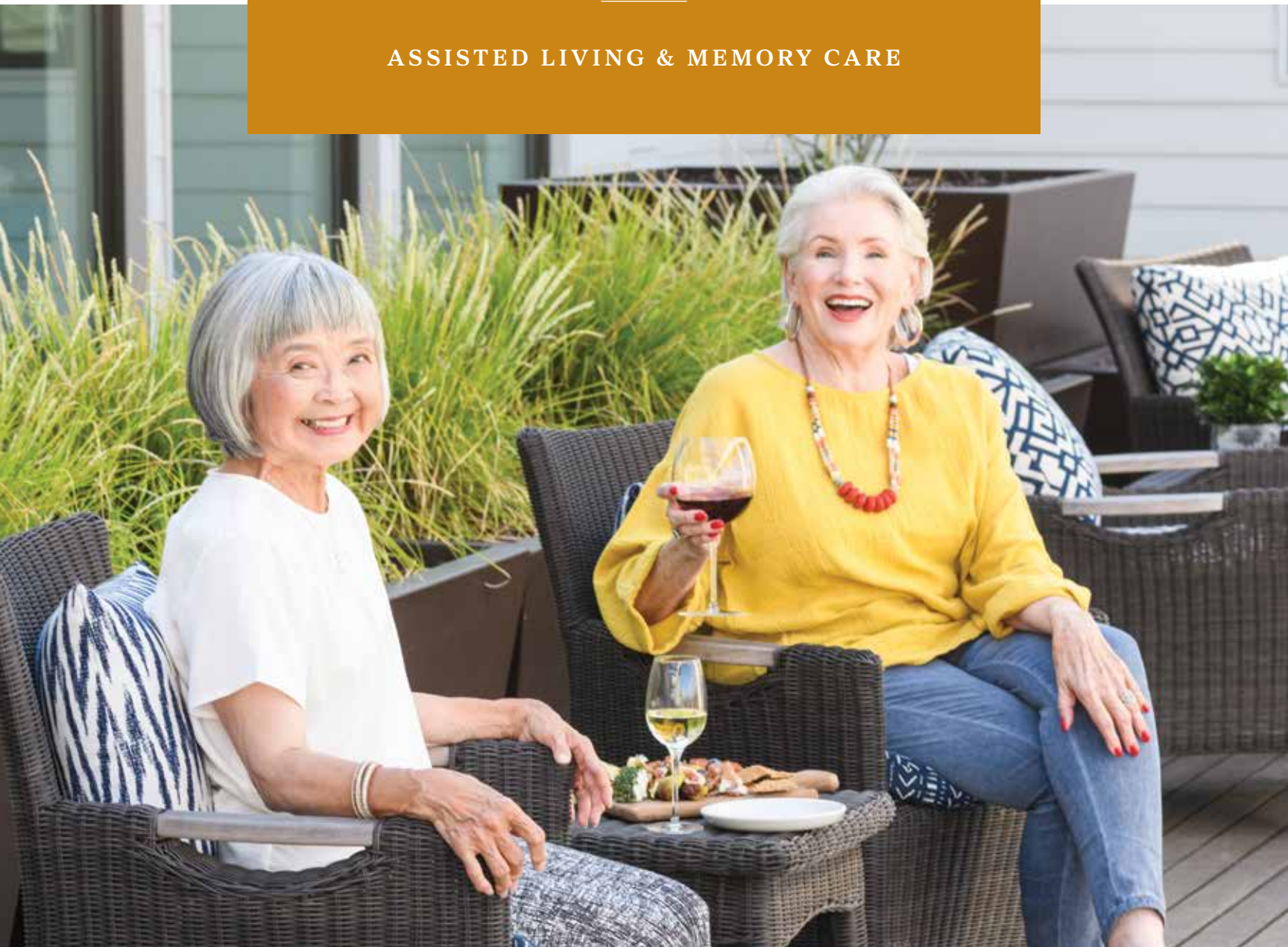




THE WATERMARK
AT SAN JOSE

experience extraordinary
SENIOR LIVING

ASSISTED LIVING & MEMORY CARE





senior living REDEFINED

Introducing a new era in elevated Senior Living, Assisted Living, and Memory Care for today's modern seniors.

Imagine living in a place where people know more than just your name. Where an entire community celebrates you and your interests. A place where you have the freedom to flourish with transformational wellness offerings, thoughtful services, and unparalleled personalized support. The Watermark at San Jose sets a new standard in senior living to bring you an active, rewarding lifestyle filled with connection, confidence, joy, learning, and exploration.

Here, you'll discover more than an enviable, refined residence to call your own. Nestled in the foothills of the Santa Cruz Mountains and the region's famed vineyards, this is one of the world's most sought-after destinations. From around the globe, visitors flock to San Jose to experience its pioneering spirit, cultural diversity, exciting art scene, and indisputable thought leadership as the unofficial capital of Silicon Valley.

Award-winning Watermark Retirement Communities® has been reimagining the concept of senior living for more than 30 years, maintaining its passion and commitment to creating extraordinary and innovative communities where people thrive. The Watermark at San Jose is a true manifestation of that commitment.

amenities and AMBIENCE

Sophisticated yet relaxed,
refined yet inviting – our stylish
community offers gorgeous suites
and balanced, personalized care.

At The Watermark at San Jose, every detail is designed to enhance your sense of well-being and purpose. Our community offers chef-created and prepared cuisine, beautiful landscapes, and plush social spaces. Within minutes of your new home, enjoy lush natural surroundings, indulge in first-class shopping, and treat yourself with one-of-a-kind cultural experiences.

Discover activities that spark curiosity and fill you with the rich satisfaction of living well at The Watermark at San Jose, the heart of extraordinary living.



We make it easy to
pursue your passions.

The good life is exactly what you'll find at The Watermark at San Jose. Thoughtful support that's considerate of your individual needs is available every step of the way, so you may do all the things you love without worry. Whether it's housekeeping, in-residence dining, or transportation to appointments, leave all the details to us.

An exceptional community where residents can truly thrive, The Watermark at San Jose is the perfect blend of comfort and connection.



Special places and shared spaces.

Multiple dining venues
Billiards room
Indulge Salon and Spa
Vitality Fitness Center

The Screening Room –
a theater
Renew Wellness Center
Lush outdoor spaces to
relax and socialize



CULINARY *experiences to savor*

Tasteful pursuits that nourish the body while filling the heart.

Our array of tempting menu options presents a variety of choices and dining experiences – from fine dining to light bistro fare, our cuisine is as varied as the people who enjoy it. At **Seasons**, our full-service, all-day dining venue, you'll likely come to have a favorite table, or two, to gather and dine with friends. In this warm and comfortable venue, the versatile chef-curated menus feature soups, salads, entrées with a variety of accompaniments, and desserts – plus chef's weekly specials. With servers trained to know and anticipate residents' favorites, dining here is a celebration of good taste, good health, and good company.

Casual and contemporary, the **Gallery Café** is the place to gather and socialize with friends over fresh coffees, teas, pastries, fruit, and hot cereals for breakfast – along with soups, salads, sandwiches, and house-baked desserts at lunch.

For individuals living with cognitive, neuromuscular, or physical challenges, our signature **Gourmet Bites Cuisine** ensures accessibility, joy, and independence at the table. Using only fresh, high-quality and nutritiously rich ingredients, our specially trained chefs create delicious, bite-size meals intended to be eaten by hand.

In-residence dining and private community spaces are available for special occasions with friends and family. Dedicated Assisted Living and Memory Care restaurants ensure everyone delights in our chefs' delectable creations.

vibrance and
VITALITY

The path to wellness takes many forms – some unexpected.



Award-winning Watermark University adult education features classes, programs, and myriad immersive sensory experiences: art workshops, culinary courses, mindful meditation, theater, community outreach, and more. Residents and associates are welcome to become instructors themselves.

True wellness integrates mind, body, spirit, and community. At The Watermark at San Jose, we fine-tune each part of the wellness wheel with our **360Well**® approach, which integrates wellness in all its forms. A variety of vibrant enrichment programs are designed to promote mental and physical health, alike.



Our holistic approach includes a variety of offerings that enrich the mind, from our **Watermark University** classes and mentally stimulating educational symposiums to fun excursions through our **Extraordinary Outings** program. With outings to local landmarks, cultural attractions, restaurants, and shopping venues, there's always something new to discover. You can even take a trip to the stars with our thrilling **EngageVR**® virtual reality adventures. Picturesque areas and parks are nearby, along with outdoor activities that bring a connection with nature.

Self-care is vital, too. The time is always right for revitalizing right on-site at **Indulge Salon and Spa**. Our signature menu of massages, treatments, and facials are both relaxing and rejuvenating, while salon manicures, pedicures, haircuts, and color services help everyone feel and look their best.

nurturing care
INSPIRED LIVING

The perfect blend of independence, personalized support, and peace of mind for the entire family.



Assisted Living at The Watermark at San Jose offers spacious residences with modern touches, plentiful opportunities for connection, and thoughtful care at every step. It's a place for wellness, discovery, and enjoyment – with personalized care from people who know you and understand you.

And with just the right amount of support, you'll have the freedom to craft your days as you please and plenty to do, from exciting programs and adventurous outings to fitness classes and rejuvenating spa treatments. Discover new interests and reconnect with previous passions.



Our **Memory Care** neighborhood is an encouraging environment that focuses on infusing daily moments with fulfillment and joy. Life will feel comfortable, familiar, and like home – because it is. Expect daily life to include wonderful aromas from delicious meals, music, laughter, family members, fresh flowers, natural light, children, pets, and things to look forward to. Your days will be filled with favorite pastimes and creative offerings, as well as space and time for relaxed moments.



Watermark's groundbreaking **Prema Memory Support™ program** begins with exceptional caregivers known as *Nayas*, which means "guide" in ancient Sanskrit. They're specially trained in the latest methods for supporting people with Alzheimer's disease and other forms of dementia (their training is recognized by the Alzheimer's Association). Guided by the latest cognitive health science, this specialized, proficient training paired with an innate understanding of our unique approach allows for deeper connections and a more customized relationship within a nurturing environment. Spending their days side by side, *Nayas* guide residents in the rhythms of everyday life, from preparing meals together to singing along to music and enjoying the loving companionship of friends and family.

services and AMENITIES

Live the life you want.
We'll manage the details.

Our full suite of services and amenities makes it easy to create a fulfilling lifestyle whether you seek leisure, luxury, or both. And our concierge service makes everything at The Watermark at San Jose, as well as the surrounding region, incredibly easy to access.



Nurses and trained associates available 24 hours a day, seven days a week

Gourmet meals prepared daily by our in-house chefs

Concierge for assistance with reservations for restaurants, events, programs, and more

Billiards room

360Well® coordinator

Transportation services

Preventive health screenings and education programs

Spa, salon, and barber services

Housekeeping and laundry services

Complete apartment, building, and grounds maintenance services

Move-in coordination service

Resident call response system

Dynamic calendar of Watermark University adult education classes

Exciting trips organized through the Extraordinary Outings program

EngageVR® virtual reality experiences

Prema Memory SupportSM program featuring *Naya* caregivers

SHORT-TERM stays

When life happens,
we've got you covered.

Get long-term therapeutic gains with a short-term stay. Enjoy tranquility, peace, and comfort while you're here – whether to heal, navigate a transition, or get additional needed support. It's an ideal opportunity when family caregivers are traveling or you just want a little extra help while recovering from illness, injury, or surgery.



Watermark Retirement Communities

Watermark creates extraordinary and innovative communities where people thrive.

We believe aging is about renewal rather than retirement. Watermark communities are known for highly trained and caring associates, a lifestyle built on choice, fine amenities, integrative wellness, and innovative programs including the award-winning Watermark University featuring a wide variety of engaging classes for residents and area seniors.

Watermark has been named in the top 25 Best Workplaces for Aging Services™ in a national program conducted by the Great Place to Work® Institute and published on Fortune.com. Based in Tucson, Arizona, Watermark is a privately held company that has been managing senior living communities across the United States for more than 30 years, building a reputation for integrity, innovation, financial stability, and high-quality service.

Visit watermarkcommunities.com to learn more.



Watermark respects, honors, and celebrates diversity in all forms. As part of this commitment, we partner with SAGE, the nation's oldest and largest nonprofit organization that not only brings awareness to the issues surrounding LGBTQ+ aging, but also provides the resources necessary to improve the lives of LGBTQ+ seniors.

As the first national senior living company to conduct SAGE platinum certifications, Watermark conducts SAGE training and maintains certifications for its communities coast to coast. Armed with greater knowledge, empathy, and understanding, Watermark communities are able to serve our diverse communities, associates, families, friends, and guests.





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