



THE PRESTON  
OF THE PARK CITIES

Call 469-904-1394  
to schedule your tour  
and see the difference  
The Bridge provides.



**The Preston of the Park Cities**

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469-904-1394 | prestonparkcities.com

 A WATERMARK RETIREMENT COMMUNITY<sup>SM</sup>

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**The Bridge  
Program**

# Welcome to the *best* of both worlds.



When Assisted Living isn't quite enough and Memory Care is too much, there's The Bridge.

With the ideal balance of personalized support and independence, this unique program offers individuals with mild cognitive impairment a compassionate setting to thrive.

## Amenities and Features:

Caring, trained associates available 24 hours a day

Modern, spacious studio residence in a secure setting

Flexible dining options at signature venues

Diverse wellness offerings

Innovative programming tailored to The Bridge residents

Dynamic calendar of Watermark University classes and excursions through Extraordinary Outings

Scheduled transportation services

Resident call response system

## Personalized Support

An enhanced Assisted Living program tailored to each individual, The Bridge provides expert support for residents who wish to maintain their own residence and the independence of an Assisted Living lifestyle.

Associates providing care for residents of The Bridge have undergone specialized training in collaboration with the National Council of Certified Dementia Practitioners. They meet regularly with the family as part of a dedicated interdisciplinary team.



## Intentional Design

Every facet of The Bridge has been thoughtfully developed to inspire engagement and promote independence. Our intimate community features elegant, safe living spaces to foster interpersonal relationships.

From specialized programming tailored to their unique lifestyle to curated cuisine that promotes healthy aging, residents have peace of mind and freedom to pursue all their interests.



## Engaging the Mind, Body, and Spirit

Grounded in state-of-the-art brain-health science, The Bridge programming offers specialized exercise, cognitive training, music therapy, and spiritual support to stimulate the mind, strengthen the body, and elevate the spirit.