

 **THE WATERMARK**  
AT ORO VALLEY

Assisted Living • Memory Care



**extraordinary**

Be surprised. Be delighted. Be yourself.





## Unexpected Opportunities, Unlimited Choices

Imagine living in a place where people know your name. It's where peers understand you, new friends embrace you, and compassionate, trained associates support all your interests and needs.

Today's seniors want greater choices and a more active lifestyle than ever before. That's why we designed every day at The Watermark at Oro Valley with engaging events, new opportunities, delicious cuisine, and personalized wellness. It's all part of our culture of choice.



*The community is absolutely beautiful and inviting. The associates are friendly and attentive. They have fun events, and something for everyone to enjoy.*







## Dining and the Good Life

A good meal with good friends is one of life's greatest pleasures. Here, residents regularly connect around the table to catch up, swap stories, and share laughs.

Our ever-changing menu features everything from gourmet selections to comfort foods. Each meal is crafted with intention by our culinary team to be both healthy and delicious. And with Gourmet Bites Cuisine you have the option to transform menu items into hand-held creations to enjoy without assistance, utensils, or distractions.



*The chef is great and the food is very good. We enjoy when he comes out and socializes with us. The servers are wonderful as well.*







## How Will You Spend the Day?

There's always something happening with cultural programs, engaging events, and exciting outings. Stay as busy – or as free – as you choose and make friends along the way.

Whole person wellness is an essential part of living a full life. That's why residents have unlimited access to a suite of amenities right on-site. Award-winning Watermark University classes sharpen the mind, the fitness center keeps the body moving, Extraordinary Outings enrich the spirit, and communitywide events bring us all together.



*They have fun community events, and something for everyone to enjoy. They took great care of us on our trip to the gem show yesterday.*



## Keeping Up With You Today, Tomorrow, and Always

As life takes its twists and turns, we'll be beside you every step of the way. From extra help with chores to driving while you run errands, we're ready to lend a helping hand to keep you independent and thriving.

Daily check-ins and wellness options are only the beginning. Our goal is to support your lifestyle with top-notch care that revolves around your schedule – never ours. So whether you're off to painting class or visiting a friend, we've got you covered.



*My mother is thriving! The associates are incredible. The energy is positive. And I can't say enough about the support and professionalism.*







## Empathy and Expert Care

Whether you or a loved one is experiencing mild cognitive impairment, Alzheimer's disease, or another form of dementia, we're here to help every step of the way. Our Memory Care neighborhood welcomes residents into an uplifting, secure, and understanding environment that inspires a sense of connection and well-being.

Prema Memory Support<sup>SM</sup> offers customized care and one-on-one support 24/7, putting each resident's unique life experiences, preferences, and needs first. Our positive approach focuses on what people can do, never what they cannot.

Signature *Naya* caregivers are trained in accordance with guidelines set out by the National Alzheimer's Association. These treasured associates incorporate residents into the rhythms of daily living and engage in each moment as the days unfold, focusing on whatever evokes feelings of joy and purpose.



*Sure, it's a beautiful facility, but it's the team that makes it more impressive. From the executive director to community life director to the Nayas in Memory Care, it's clear how much they care.*



## The Carefree Lifestyle You've Been Looking For

Start off your day with a stroll or chat, or simply enjoy the shade of the courtyard. Need to pop out for a bit? We'll drive you to and from appointments and outings. Here, you can craft every day the way you want, and we'll help make it happen.

Today's seniors want to continue an active lifestyle of independence. That's why we offer a suite of health and wellness programs to keep you active and thriving. Here, you set the goals and we help you reach them.



*I'm so impressed with the variety of activities. So many exercise classes: chair yoga, zumba, etc. Other activities include: crafts, painting, flower arranging, carpentry, book club, sing-along, concerts. There are movies every day to choose from, and new activities are offered all the time. I give the activities department a 10/10.*





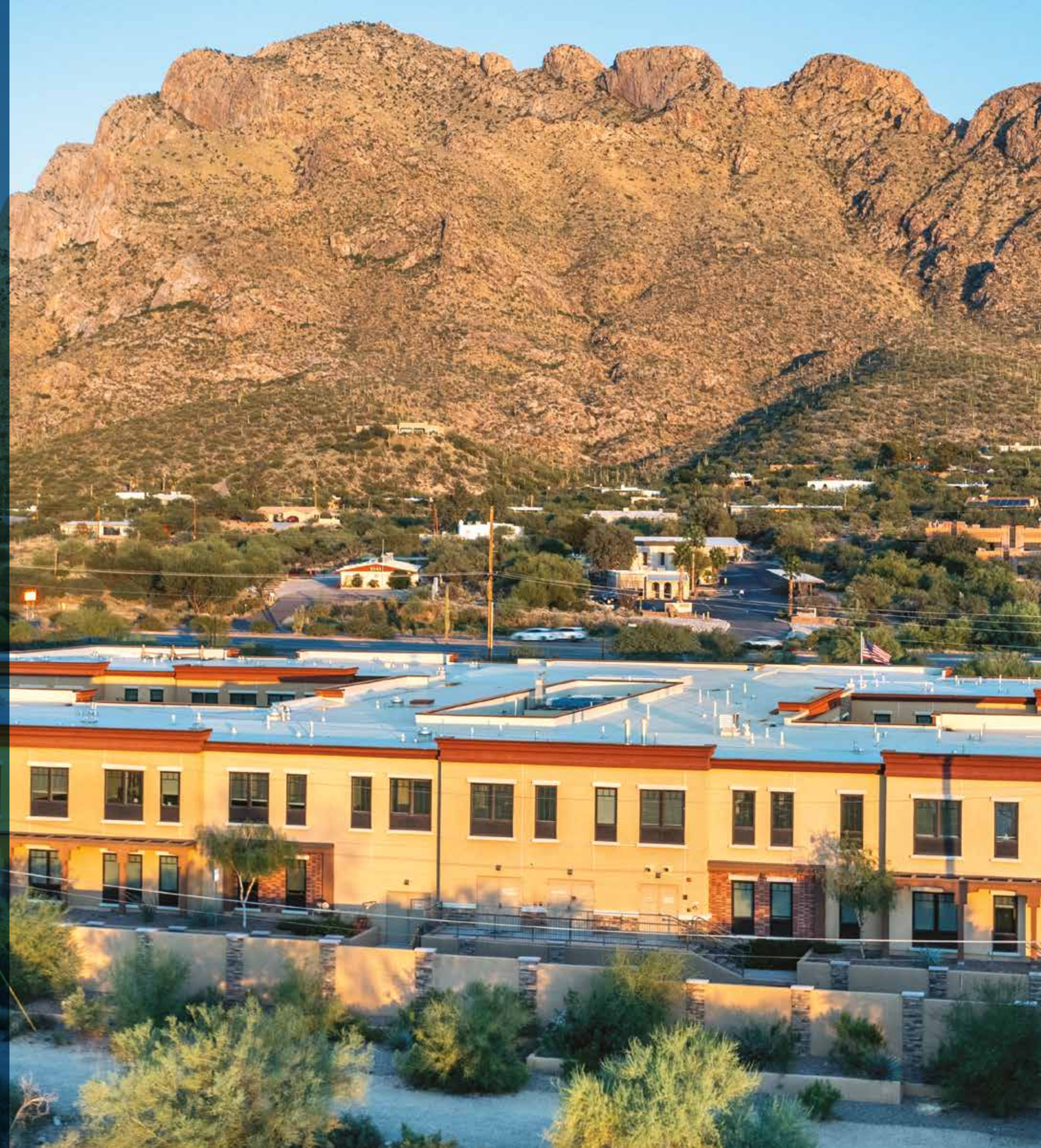
## About Watermark Retirement Communities®

Watermark creates extraordinary and innovative communities where people thrive.

We believe aging is about renewal rather than retirement. Watermark communities are known for highly trained and caring associates, a lifestyle built on choice, fine amenities, integrative wellness, and innovative programs including the award-winning Watermark University featuring a wide variety of engaging classes for residents and area seniors.

Watermark has been named in the top 25 Best Workplaces for Aging Services™ in a national program conducted by the Great Place to Work® Institute and published on Fortune.com. Based in Tucson, Arizona, Watermark is a privately held company with a reputation for more than 30 years for service, innovation, integrity, and financial stability, and manages more than 50 communities across the country.

*Visit [watermarkcommunities.com](http://watermarkcommunities.com) to learn more.*







It's What's Inside That Counts  
**expect the unexpected**



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