

Independent Living • Cottage Living • Assisted Living



experience

Extraordinary Senior Living



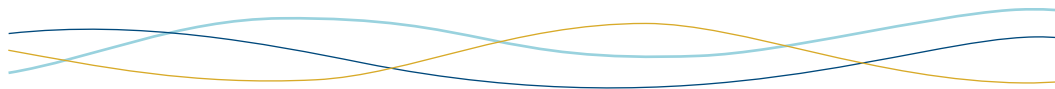


Senior Living Reimagined

Imagine living in a place where people know your name. Where peers understand you, new friends embrace you, and compassionate, trained associates support all your interests and needs.

At every stage of life, people look for meaning and personal choice. That's why every day at The Fountains at Millbrook offers engaging events like concerts and happy hours, exciting classes for body and mind, group excursions, and delicious meals that bring people together.

*We're not what you'd expect,
and that's a promise.*



unexpected joys

Savor the Good Life

Dining at The Fountains at Millbrook is a celebration of good taste, good health, and good company. Friends and neighbors connect to share meals, stories, and laughs. The ever-changing menu features everything from comfort food favorites and upscale delights to decadent desserts. Our culinary team uses the freshest, finest ingredients, and there's always something fabulous to tempt you.

Meals with friends are more delicious.



Sample Menu:

Chef's Minestrone Soup
Buttermilk Chicken Caesar Salad
Pan-Seared Blackened Atlantic Salmon with Whipped Potatoes
Garlic Lemon Shrimp with Wild Rice Pilaf

Steak of the Day with Onion Strings
White and Dark Chocolate Bread Pudding







Programs, Outings, and Classes

Pursue your passions and discover new ones. Our calendar of exciting opportunities gives you the chance to learn, grow, and make every day your favorite.

Enjoy full access to award-winning Watermark University classes and events. Stimulate your mind in *Art History*, unleash your talents in *The Artist Within*, strengthen body and mind in *Chair Yoga*, and dance the day away in ballroom dancing. Ready for an adventure? Choose Extraordinary Outings for excursions to fascinating places in our area.

What inspires you?



Popular Classes:

Gardening

Writers Exchange

Art History

Chair Zumba

Book Club

Oil Painting

Tai Chi

Whimsical Watercolors

Woodcarving Shop



take it easy

Independent Living at The Town Center

Trade the headaches of home maintenance and endless errands for the elevated and carefree lifestyle you deserve. Embrace the fun side of life in a lively community filled with attentive associates who know you personally and love to exceed expectations.

With a variety of bright and spacious one- and two-bedroom residences and cottages to choose from, you're sure to find the right space to call home. When you're ready to move, take advantage of our move-in coordination professionals who are ready to help you navigate the whole process.



- Kitchen with full-size appliances
- Cottages with garages
- Ample closet space
- Safety grab bars in bathroom
- Resident call response system
- Individually controlled air conditioning and heat
- Patios and fireplaces with select cottages
- Biweekly housekeeping and weekly linen services
- 24-hour maintenance service
- Move-in coordination services









Assisted Living With a Difference

We provide the personalized support to help each resident maintain independence and personal choice. Our community brims with social, educational, cultural, and recreational opportunities. Restaurant-style dining brings people together every day.

From simple daily routines to more comprehensive wellness plans, we customize assistance, services, and wellness offerings to meet your needs. Plus, our professional care revolves around your schedule — never ours.



Cheerful residences overlooking the countryside

Three chef-prepared meals daily

Watermark University classes

Move-in coordination services

Caring, trained associates available 24/7

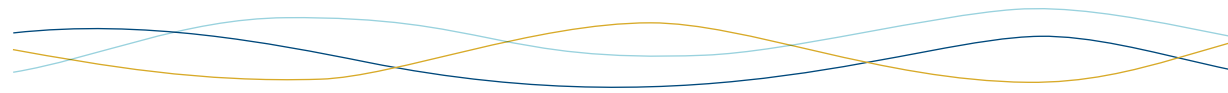
Housekeeping and personal laundry services

Transportation services

Resident call response system

All utilities except cable TV, phone, and internet

Our unique approach integrates mind-body wellness into daily life.



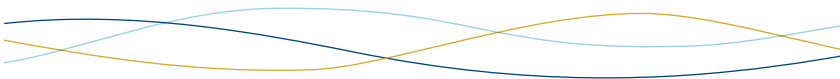


Amenities and Services That Make Life Great

Start off your day with a stroll and breakfast with friends. After taking a morning class, stop by the salon to freshen up your look. Then maybe join a group excursion to a favorite museum. The lifestyle at The Fountains at Millbrook allows you to relax, spend time with people you enjoy, and craft each day to your liking.

There are plenty of new things to try, too. You could learn to play bridge, join a club, and meet fascinating people at happy hour. For appointments, outings, and errands, let us do the driving. We offer scheduled transportation to and from shops and appointments, as well as excursions to local attractions and cultural events.

*We thought of you –
and then we thought of everything.*



Millbrook Market & Café

Beauty salon and barber shop

Creative Arts Studio

Fitness Center

Resident Services

Outdoor gardening area

Move-in coordination services

Scheduled local
transportation services

Library

Private dining room
for entertaining





possibility,
purpose & joy

About Watermark Retirement Communities

Watermark creates extraordinary and innovative communities where people thrive.

We believe aging is about renewal rather than retirement. Our communities are known for highly trained and caring associates, a lifestyle built on choice, fine amenities, integrative wellness and innovative programs including the award-winning Watermark University featuring a wide variety of engaging classes for residents and area seniors.

Watermark has been named in the top 25 Best Workplaces for Aging Services™ in a national program conducted by the Great Place to Work® Institute and published on Fortune.com. Based in Tucson AZ, Watermark is a privately held company with a reputation for more than 30 years for service, innovation, integrity and financial stability, and manages senior living communities across the United States.

Visit watermarkcommunities.com to learn more.







It's What's Inside That Counts
expect the unexpected



LEAVE US A REVIEW



THE FOUNTAINS
AT MILLBROOK
A WATERMARK RETIREMENT COMMUNITYSM

INDEPENDENT LIVING • COTTAGE LIVING • ASSISTED LIVING

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